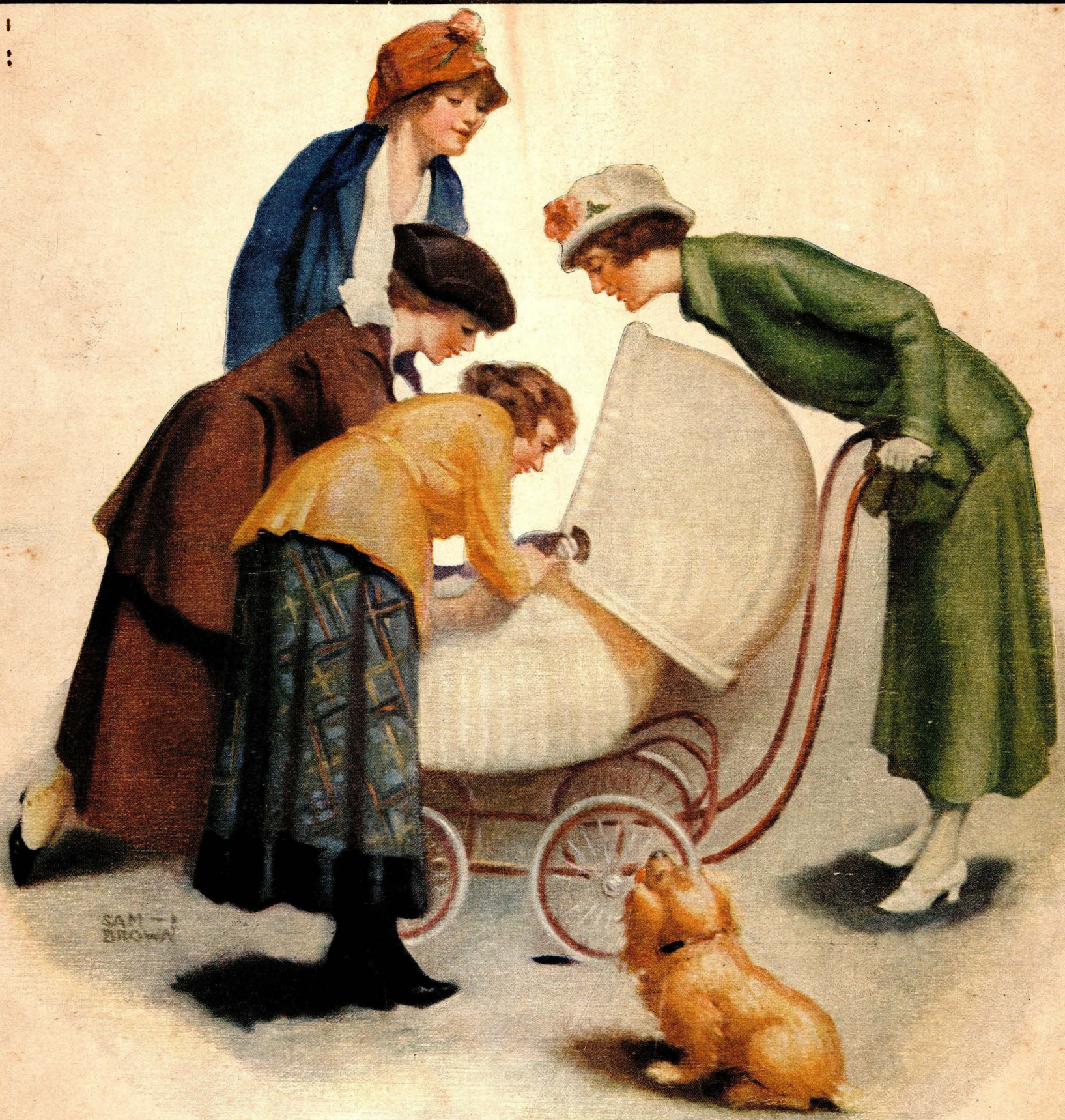
THE Modern Priscilla

Home Needlework and Everyday Housekeeping



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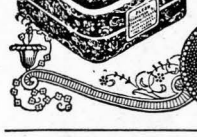

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THE MODERN PRISCILLA

With which is combined "Home Needlework Magazine" and "Everyday Housekeeping"

WILLIAM N. HARTSHORN, President. HENRY W. NEWHALL, General Manager.
ARTHUR J. CROCKETT, Adv. Director. CHARLES B. MARBLE, Asst. General Mgr.

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The rug on the floor is Congoleum Art-Rug No. 306.

CONGOLEUM RUGS

Rug Chart FREE!

We are able to show only a few of the designs here, but you can see them all, produced in colors like these, if you will send a postal card request for the Congoleum Rug Chart in colors. There is no charge for this.

Does This Mean *You?*

YOU have said to yourself, "Those Congoleum Rugs *look* good, I should like to *see* one. It might be just the thing for some of my rooms."

And you have promised yourself to look up Congoleum the next time you called at your dealer's, but you have never done it. You have drifted along, promising yourself to look into the matter "some day."

You probably have noticed their low cost and have said to yourself, "how reasonable," and in your mind's eye you have seen certain of your rooms furnished with attractive Congoleum Rugs at prices you could easily afford to pay, but you have never got round to it.

There, now—haven't we come pretty near the truth in your case? We know from ample experience that Congoleum Rugs sell at sight. You will find them better than the pictures.

Our only problem is to get you to actually see one in a store, where you can look at it, and feel of it, and walk on it.

In looking at our advertisements you have a private reservation in your mind that maybe these pictures have all been fixed up by artists to make the rugs look more attractive than they are. We want to get you past that point. These illustrations are from actual photographs.

Congoleum Rugs are a new invention; that is to say, they have been on the market for about five years. They have proved enormously popular.

They look like woven rugs, but have a waterproof, washable, beautiful surface which can be cleaned with a mop. They lie flat and never kick up at the edges. The colors do not fade. Ideal as porch rugs.

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3 feet x 4½ feet	$1.20	6 feet x 6 feet	$3.20
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		Two-piece Rug	
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Prices in the far West average 15% higher than those quoted; in Canada prices average 25% higher.

The Congoleum Company

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THE MODERN PRISCILLA

Vol. XXXI No. 3 Boston, Mass., May, 1917 15 Cents per Copy

Summer Bonnets for Little Sister

By Mrs. J. L. Meem

DAINTILY EMBROIDERED AND MADE OF CRISP WHITE LAWN

AND AN EMBROIDERED BONNET BOX IN WHICH TO KEEP THEM

To the left front and back of No. 17-5-1, and to the right front and back of No. 17-5-2.

ONCE having acquired either one of the lovely little bonnets that top little Sister's black curls, any little girl will need a very nice place to keep her treasure, and what could be prettier than this simple bonnet-box? Mother or Aunty can make it quite easily.

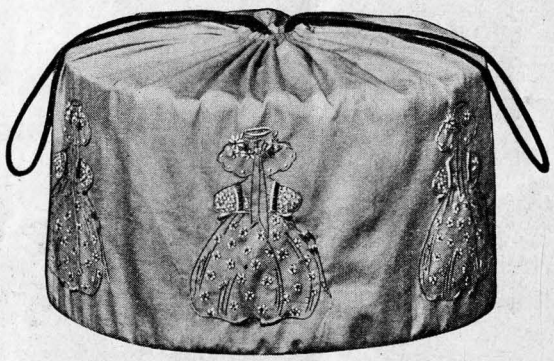
The foundation is a round or oval hat-box from the attic or the nearest millinery-shop. Over the box is drawn a bag with a shaped base to fit. The bag is a soft shade of tan soisette and the little figures are embroidered in pink, blue, yellow, and green, all in the simplest of stitches with only a few accents of solid work. Dress, hat, and parasol are outlined in pink, and the shoulder straps, cuffs, bands on parasol and shoes are in pink satin-stitch. The French knots on the waist and next the brim on the hat are blue, on the skirt they are blue with a yellow one in the centre of each flower.

The demure little streamers on the hat are outlined with blue, and all of the colors appear in the wreath of flowers around the crown, some of the French knots being green and some yellow. The smaller flowers, done in single stitch, are blue and the larger ones, in lazy-daisy stitch, are pink.

As for the bonnets of crisp white lawn, they certainly are the most becoming style that any little girl could have. Both are cut on the same lines and yet by a little manipulation, such as dropping the brim instead of turning it back, they appear to be quite unlike and can be made becoming to any child.

The crown is round and fourteen inches across with the design stamped in the centre. Two gathering threads will be better than one for holding the fulness. The brim sews on straight after it has been seamed together at the centre back and embroidered, and then a soft satin ribbon is tied around for a trimming and to cover the seam.

If one wished to make laundering very easy a casing could be made on the outer edge of the crown and a tiny tape run through it to draw up the fulness. In that case the brim would be bound neatly on the inner edge and the two need only be basted together for wearing.



Three Little Ladies in Dainty Array Decorate the Bonnet Box No. 17-5-3

FOR DESCRIPTION OF PATTERNS AND MATERIALS, SEE PAGE 38

Both designs are in satin-stitch and outline, and may be all white or a dainty and appropriate color.

The edge of the brim is, in both hats, finished with a buttonholed scallop, and in order to have it look as well as possible the stamped lines had best be run with fine sewing-stitches before any work is done, then put in a bit of padding between lines, either in chain-stitch or with long outline stitches. This padding should not be too heavy. It is only to give a little body to the edge.

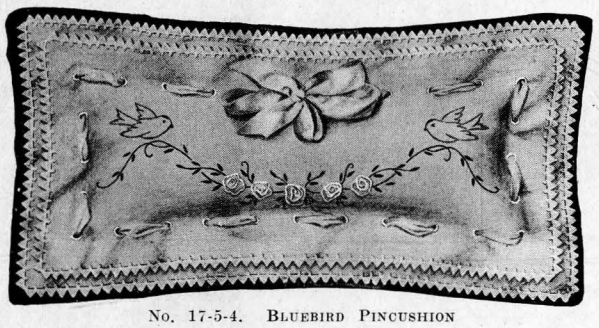
Keep the buttonhole-stitches perfectly straight and parallel all the time and the corners will take care of themselves.

Any Big Sister, Mother, or well-disposed Aunty could make both bonnet and box without encountering troublesome problems of any kind, so simple are they in stitchery and construction. And simplicity being the first law of good taste in all things for the comfort and adornment of small misses, one would feel sure of doing the right thing.

Dressing-Table Embroideries

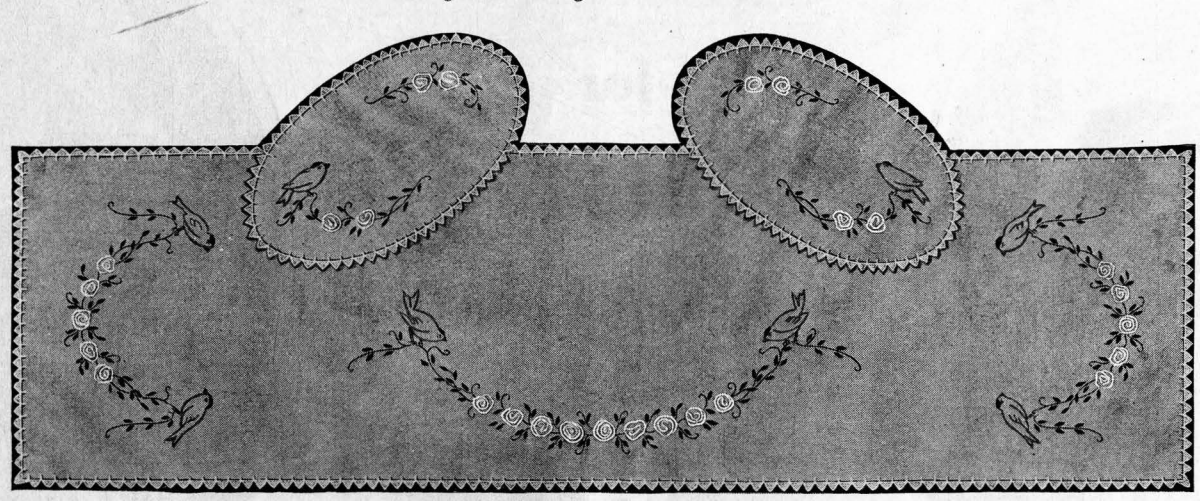
PINCUSHIONS, SCARFS AND SETS OF DOILIES

WHICH ANY GIRL WILL DELIGHT TO MAKE



No. 17-5-4. Bluebird Pincushion

By Ethelyn J. Morris



The narrow scarf at the right is supplemented with the two oval doilies and the long pincushion. These just cover the average bureau top.

White is most satisfactory for the dressing-table, but a touch of color in the embroidery adds pleasing interest and a cheerful note.

No. 17-5-5. Oval Doilies. No. 17-5-6. Narrow Scarf
Bluebirds and Roses in a Happy Combination of Colors on Ivory-White Linen

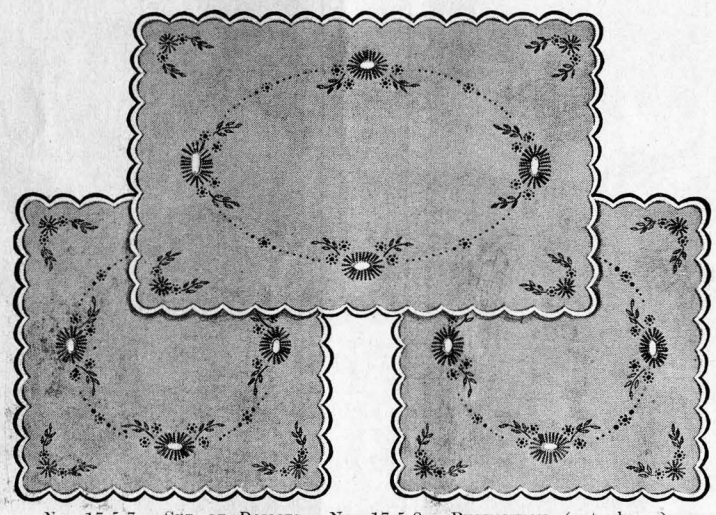
THE set of bird embroideries at the top of the page is intended for the regulation size dresser, the twelve-inch scarf coming at the front and the doilies and pincushion practically covering the rest of the surface. This gives a little variety from the usual scarf and also makes pieces of linen which may be used for other purposes.

The color scheme in this set is most pleasing and all the stitches are simple. The little roses are in light coral-pink in outline-stitch, or they can be worked in short buttonhole-stitches with the stitches taken towards the centre of the flower. The leaves are light green in slanting satin-stitch, no padding being necessary, and the birds are outlined in blue with a tiny spot of bright red on their heads.

The edges are finished with a single row of crocheting with a fairly coarse thread. First turn the edges very narrowly, fasten in the crochet cotton, * double crochet in edge of linen, chain 4, d in second stitch from hook, half treble in next, treble in next, miss space equal to length of treble, and repeat from *. This makes a very pretty finish, which is simple and durable besides being easy to do.

If one desires a narrow scarf for a small table this one will be eminently suitable if only the end designs are used. The scarf may be made any desired length and finished as illustrated or with a plain hem.

At one time birds in designs of any kind were considered by some to be omens of ill luck, but now the superstition has been changed and they are looked upon favorably, especially the bluebird, which is used as an emblem of happiness in all homes.



No. 17-5-7. Set of Doilies. No. 17-5-8. Pincushion (not shown)
This Set of Doilies, with Pincushion to Match, forms Another Interesting Set of Dresser Covers

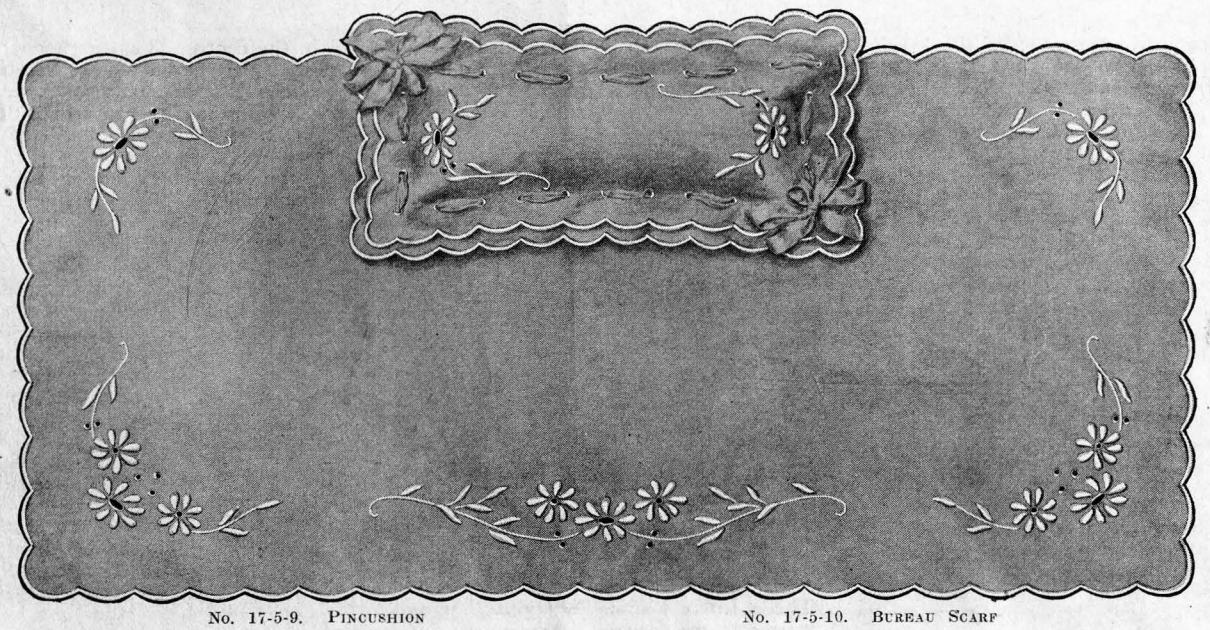
THE three doilies at the centre of the page are a part of a set. The pincushion to match is not illustrated. The two square ten-inch doilies are placed at the back corners of the bureau, the pincushion between them and the oblong doily at the centre front.

This makes a simple little set which is cheery in its combination of bright colors worked in simple stitchery. The edges are padded and buttonholed in white, the large flowers are blue in single stitch with yellow satin-stitch centres, the leaves green lazy-daisy stitches, and the small French knot flowers are pink, blue, and lavender, while there is just a touch of black used for the small dots and around the centres of some of the flowers. A diagram with the patterns explains the placing of the colors.

The pincushion and bureau-scarf all in white at the bottom of the page are in a design which is always popular and easy to embroider. Care must be taken to keep the scalloped edges smooth and regular, and this can be done only by having the padding even and then covering with close regular buttonhole-stitches.

In working the eyelets for the pincushion it is well to run the thread twice around the stamped line, keeping the stitches outside the stamping rather than inside so that the eyelets will come quite large and thus make them easier to run the ribbon through without rumpling.

The design on the scarf is one which can very easily be stamped on a forty-two-inch square and will thus make a pretty little tea-cloth or small luncheon-cloth. One could use a perforated pattern to stamp it.



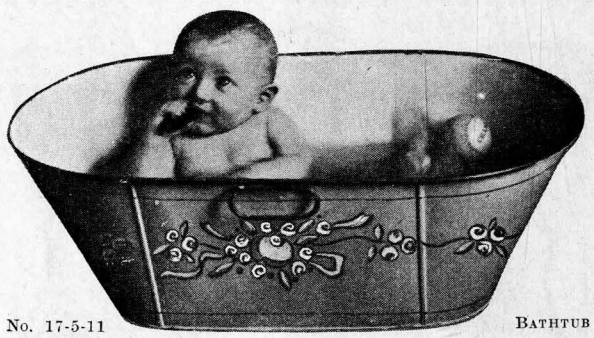
No. 17-5-9. Pincushion No. 17-5-10. Bureau Scarf
Made of Heavy White Linen and Embroidered in the Popular Daisy Design

For Description of Patterns and Materials, see page 17

Gifts for the New Baby

By

Josephine W. How

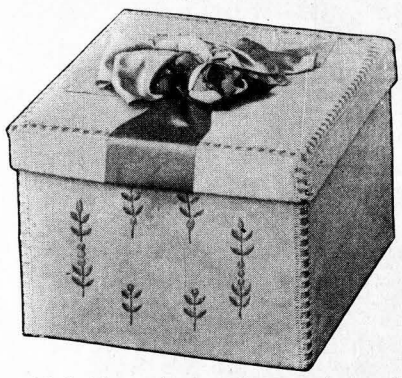


No. 17-5-11 BATHTUB

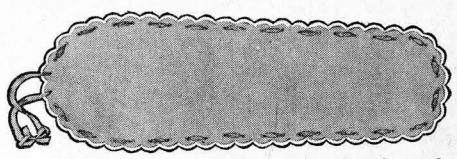
Painted Articles for Baby's Use

By

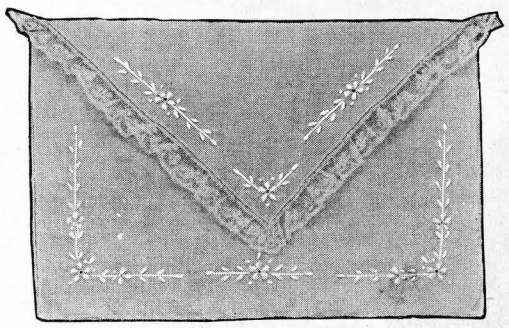
Elizabeth MacKenzie Roth



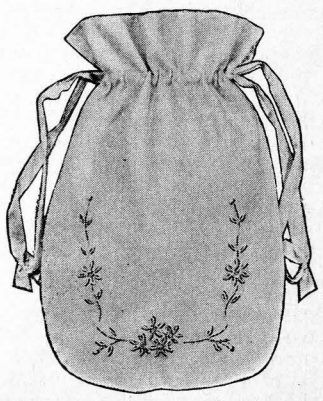
No. 17-5-12. A tiny bonnet-box eight inches square is covered on the outside with lawn embroidered in blue and lined with blue silk. Lace beading run with blue ribbon covers the seams. An initial may be added in the center of the design.



No. 17-5-13. Make the cover for the ironing-board about two inches larger all around than the board. Run the tape through the eyelets and tie it underneath.



No. 17-5-14. Baby's nightdress can be tucked away in this case made of two thicknesses of silk. The covering is made in the same fashion as the pillow above.



No. 17-5-15. Cover for hot-water bottle made of cream-white flannel. Blue flowers are lazy-daisy stitch, leaves are solid and stems outline.

CHOOSING unusual first gifts for baby is a most difficult problem that is easily solved if a person can handle a brush. By a little thought, time, and a small outlay of money, such people may make gifts at home that possess charm and individuality rarely found in articles for sale in the shops.

The toilet-set of ivory is of the usual kind, and, of course, other articles may be added. A tiny clothes-hanger has diminutive sachets suspending from it. The painted bathtub will appeal because of its novelty.

Trace the pattern, which is given full size on page 46, and then transfer the design to the article to be painted. To transfer, use carbon transfer paper.

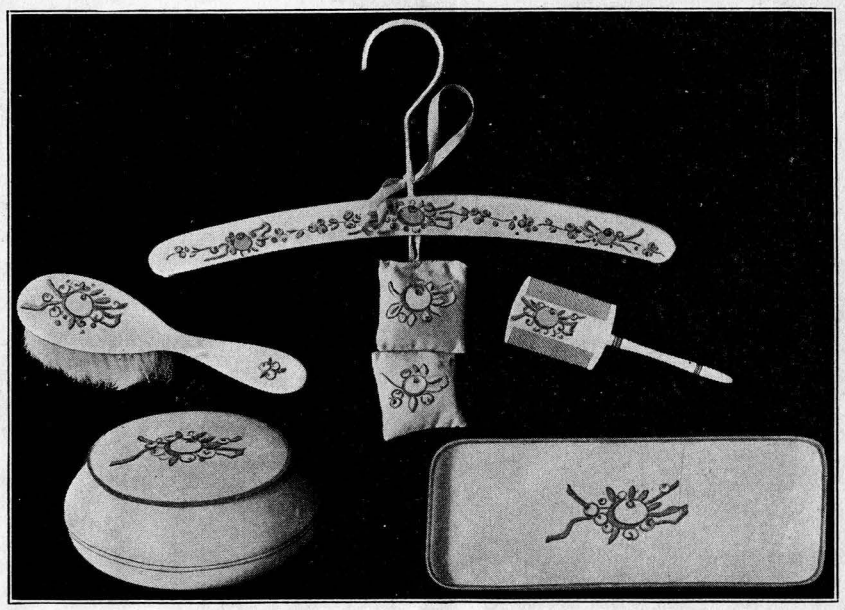
Use a combination of tube oil paints and house enamel, mixing as much of the enamel with every oil color, as is required to make the desired shade. The mixture dries so quickly after the oil color is mixed with the enamel that for the best work only one color should be mixed and used at one time. For the roses paint the outer petals in pale pink, and the centres in a rich rose-color. Light blue is used for the ribbon bows and a fresh light green is needed for the leaves. In painting keep the edges clean and well defined, nothing that is careless and unworkmanlike will ever go to the making of the gift uncommon. The painting of the design should be finished at one time and then allowed to dry. But if after the painting is done the work seems weak or unfinished, go over the design again.

The clothes-hanger is painted in the same way as the toilet-set, over the smooth background of white enamel. This hanger was bought with the white enamel surface already done. The tiny sachets are made of white ribbon and are painted before they are made up.

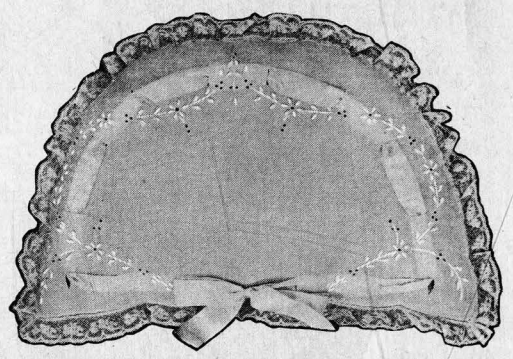
The same general design (enlarged to meet the requirements of the size) is used on the tub, which, when purchased, was already enameled in white.

Dana French Bickford
1917
A loving thought
In my gift got caught
For You, Our Brand New Baby.
Grow fat and play.
Then some fine day
I'll come to see you, maybe

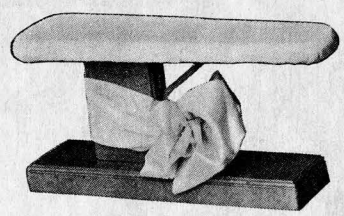
No. 17-5-18½. A card to send with the gift



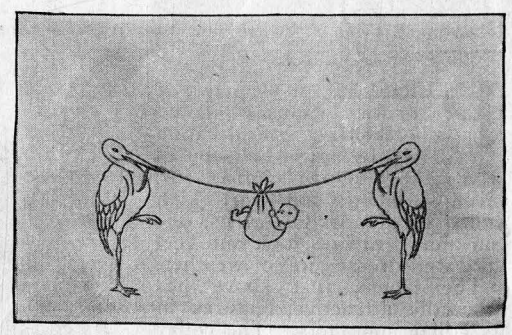
PATTERNS OF TOILET-SET ARE GIVEN ON PAGE 46. FOR DESCRIPTION OF PATTERNS AND FABRICS OF ALL NUMBERED DESIGNS ON THIS PAGE, SEE PAGE 38



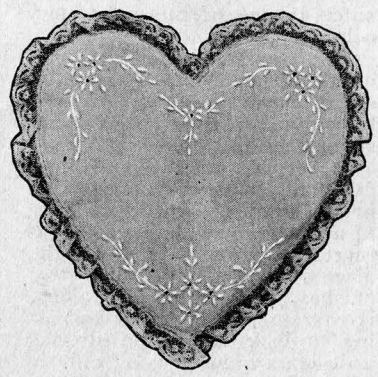
No. 17-5-16. A pillow rounded at one end to fit the shape of the carriage or crib is first covered with blue silk. An outer covering of fine lawn is embroidered with small flowers in satin-stitch and the edge finished with seam beading and narrow lace.



No. 17-5-13½. An ironing-board suited to baby's wee garments can be made by an older brother. Pad the top and paint the base with pink or blue enamel.



No. 17-5-17. Two storks and a baby are outlined in pink and blue on a towel of soft linen for baby's bath.

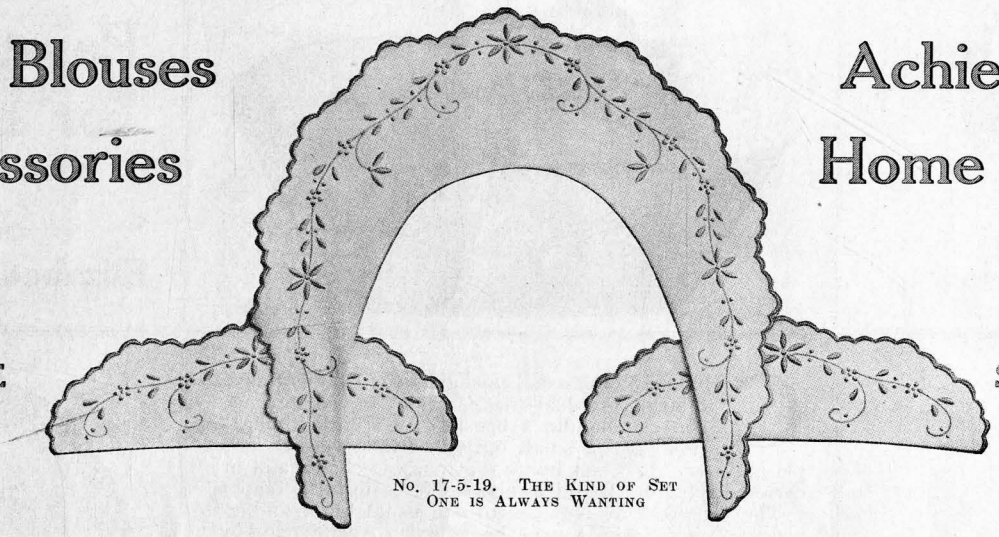


No. 17-5-18. A heart-shaped sachet to place among baby's belongings is made of silk and covered with lawn embroidered and lace trimmed.

Successful Blouses and Accessories Achieved by the Home Dressmaker

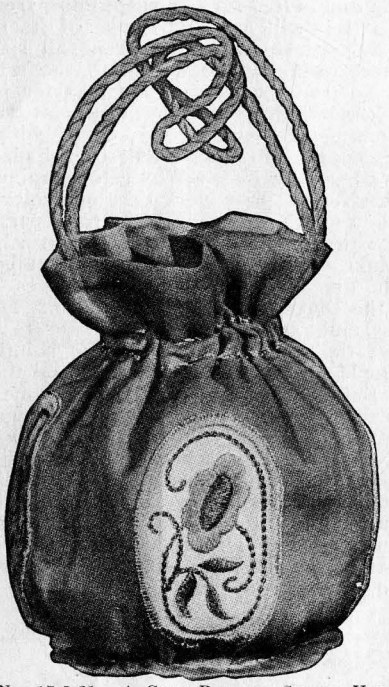
IN KEEPING WITH THE MODE OF TO-DAY

ALL SHOWING SIMPLE EMBROIDERY DESIGNS



No. 17-5-19. The Kind of Set One is Always Wanting

No. 17-5-20. A White Voile Blouse Embroidered in Color



No. 17-5-21. A Good Bag for Street Use

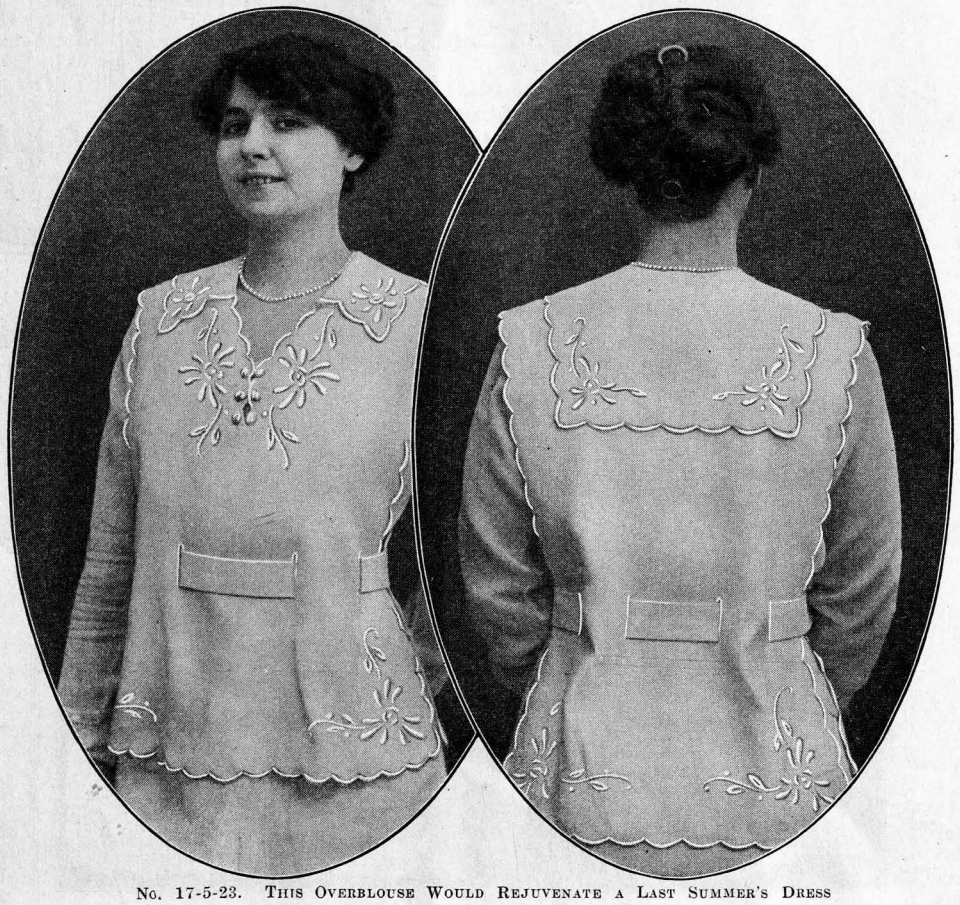
No. 17-5-22. Of Sheer White Voile with White Embroidery

PERHAPS a supply of summer blouses should be the first consideration of the girl or woman who makes her own clothes, for, given a suit, a good sport skirt, and a supply of tub waists, one can almost always look and feel very well dressed in hot weather.

The blouse just above has especially attractive features in its collar and cuffs. The collar is extended to form a becoming tie, and the circular cuffs are each cut from a square of material, having a round piece taken out of the exact middle. Both collar and cuffs are narrowly hemmed by hand, or the hems may be held by a spaced running-stitch in one of the embroidery colors.

This particular waist was embroidered with flowers in gold-color, having centres of soft brown and extending rays chain-stitched in dull green.

A second voile blouse finds favor in its sheer coolness and in the rather different shaping of a deep and becoming collar as represented above at the right. The wide shallow scallop that finishes all edges on this blouse is easy to buttonhole and pleasing to look upon. So striking a design would be good only in white and suggests its expression only in satin-stitch and outline. Fine lawn could be used in place of voile, if preferred.



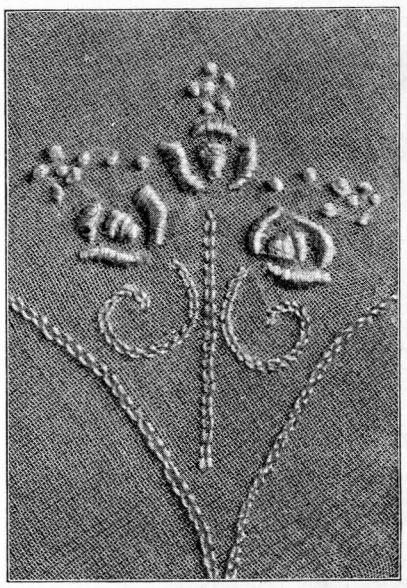
No. 17-5-23. This Overblouse Would Rejuvenate a Last Summer's Dress

FOLLOWING close upon the heels of the blouse comes the over-blouse, as popular as any piece of wearing apparel could well be. Its straight lines are particularly becoming to youthful figures. Nothing could be simpler to make than the model of loosely woven white linen shown on the figure at the left. It has seams only at the shoulders, and is embroidered in white. Large eyelets carry the linen belt.

One has the feeling that the collar and cuff set shown at the top of the page is of the regulation style, and ought to be easy to find. But, if one is really needed, making it is the surest way to get it, and it is a very useful set to own. This one is embroidered in one shade of blue on a thin loose-weave white linen. The work is satin-stitch.

For a bag that can be carried on the street, one of green linen with medallions of écru linen embroidered in colored silks is recommended. The flower has a bright red centre, dull blue petals, and leaves and stems are green, the latter chain-stitched. The medallions when finished are buttonholed in place with écru silk. Chain-stitching in écru forms a run for the écru cord made heavy enough by twisting and doubling. A little heading is made where the top joins the stiffened base.

For Description of Patterns shown on this page, see page 42

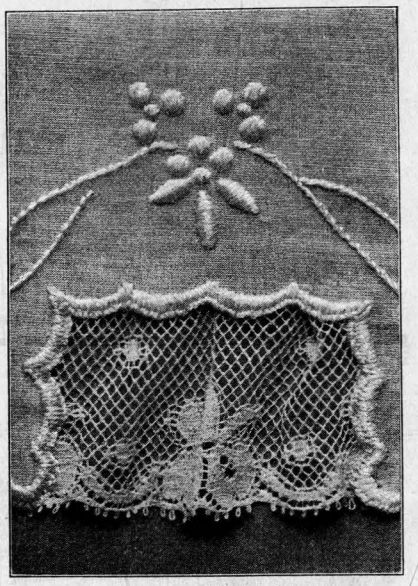


DETAIL OF No. 17-5-25

Smartly Embroidered Frocks For the Little Tots

By Evelyn A. Desguin

STYLES FOR SMALL FOLKS' DRESSES NEVER WERE MORE TRULY FASCINATING



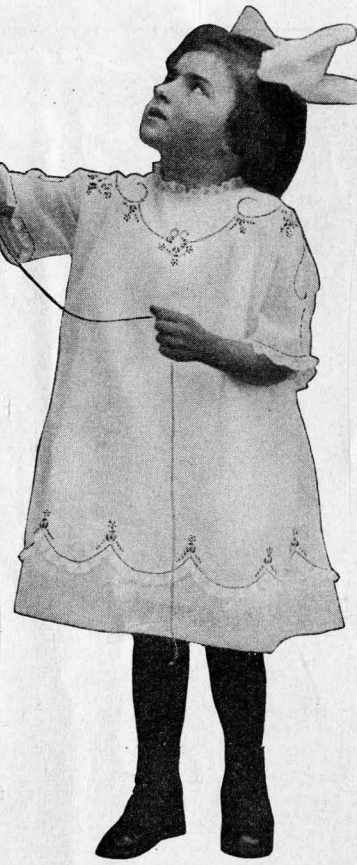
DETAIL OF No. 17-5-28

VOILE, batiste, piqué, lawn, in fact all of the fabrics desirable for little folks' white frocks are represented here. At the right is a dress of cotton poplin, which makes us realize in these days of expensive linens, that there are really some very desirable cotton fabrics. This dress is the simplest kimono fashion, and the effect of a collar is cleverly devised by embroidering the semblance of one, about the neck of the dress and running ribbons through eyelets for the tie. This avoids a collar with rolling edges and is much easier to iron.

Oval-shaped flowers have petals embroidered solid in blue, centres are white, and also the connecting lines of feather-stitching. The entire embroidery design may be done in any single color, or it may be an all-white pattern with flowers either solid or eyelet as Mother prefers. For very small children all-white is more practical and prettier.

In the right centre is a dress of voile embroidered with lines of chain-stitching in pink, and pink roses with pale blue centres placed at intervals, either singly or in groups. Lines or small flowers in blue French knots surround the roses, a detail of the work is shown in the upper left-hand corner. The narrow frill of lace that follows the chain-stitching may be omitted or the dress could be cut off at this point, making the lower edge of the dress scalloped and finished with a lace edge. This is an attractive finish, especially for the two-year-old size.

No. 17-5-24. MADE OF COTTON POPLIN

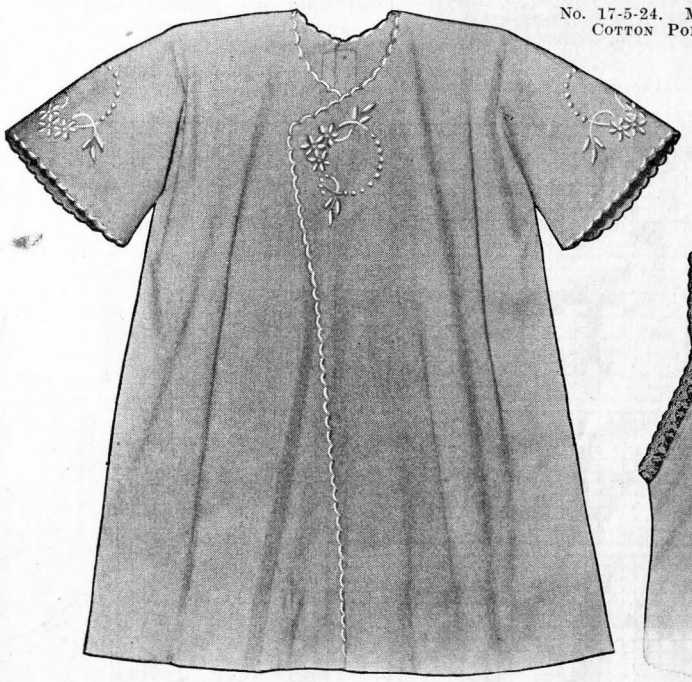


No. 17-5-25. VOILE DRESS, EMBROIDERED IN COLOR

IN the dress of piqué at the lower left corner, the front closing, like the collar of the one above, is only simulated by the embroidery, which is all in rather heavily padded satin-stitch. The scallops should be run on both edges and lightly padded before the buttonholing is done.

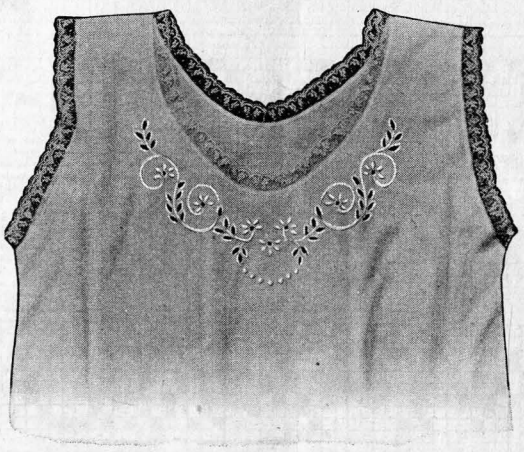
Bravely adorned with a smartly bowed sash of colored ribbon, the dress at the lower right will fulfill all party requirements for so young a miss. It can be made of fine lawn or batiste, and the tiny insets of lace should be basted on the under side before the edges are scalloped. A detail above shows the work actual size. In this detail the lines are done in outline-stitch. On the dress they are in brier-stitch. Either of these stitches or, in fact, any one of several outlining stitches could be used. Small flowers and leaves are worked solid and the long eyelets for running the ribbon can be closely whipped or buttonholed. The latter is probably more serviceable.

The little maid must have a princess slip to wear under these sheer dresses, and she will enjoy the one illustrated, that has no annoying buttons or other fastening. It is kimono cut like the dresses, and the neck is low enough to permit the head to pass through. This slip is made of nainsook or long-cloth, and is finished about the neck with Valenciennes lace. The embroidery is entirely in French and eyelet-work, as can be clearly seen in the illustration, and should be all white.



No. 17-5-26. OF PIQUÉ AND ALL WHITE

All of these garments are suitable for a child of two to four years, and they are a striking demonstration of transforming a simple kimono dress by cleverly placed embroidery to achieve variety in daughter's wardrobe.



No. 17-5-27. ONE-PIECE UNDERSLIP

No. 17-5-28. LITTLE GIRL'S PARTY DRESS

FOR DESCRIPTION OF PATTERNS USED, SEE PAGE 41

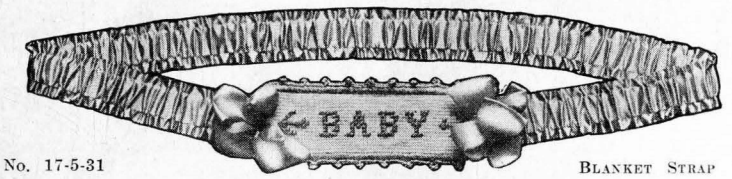
Nursery China and Tea Cloth

No. 17-5-29. Name-plate and mug to match. Clear pink used flat in lettering and bands is slightly deepened in the roses.

And Straps for the Carriage

The little rose ornamenting these pages can be traced for the china. Patterns for names specially made, see page 38.

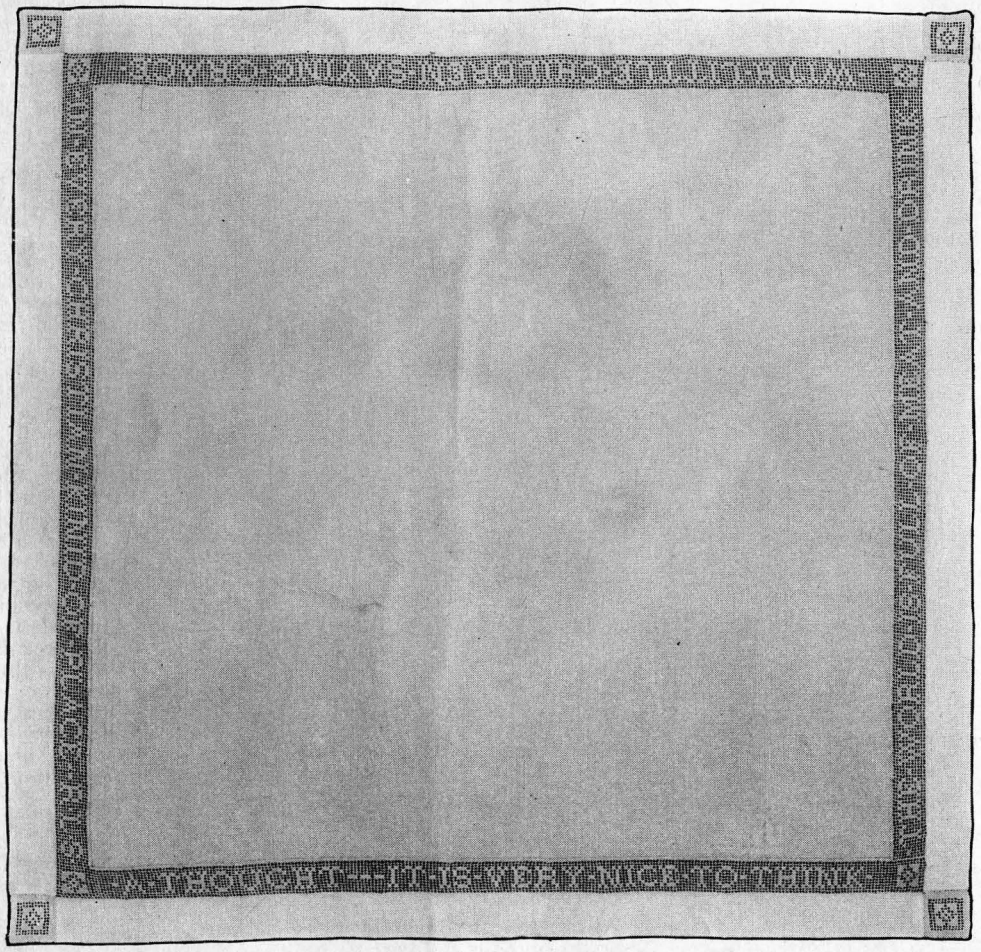
No. 17-5-30. Baby Strap, see Pattern on Page 46



No. 17-5-31 Blanket Strap

THE Robert Louis Stevenson Supper Cloth is about 36 inches square and made of white linen. If crochet thread No. 70 and hook No. 14 are used the meshes should run about 8 to the inch. The hem should conform to the size of the squares at corners.

The pattern at the bottom of the page is followed line by line, starting with 39 ch, which allows 9 ch for the first sp. Two lines form one strip, each strip overlapping the former. The corner squares are like square at beginning of pattern with the addition of two solid rows all around. General directions for filet crochet are given on page 26.



Carriage Straps

A strap for keeping the carriage blanket in place at the foot is comparatively new. It is made of elastic, covered with shirred ribbon and matches the strap that we are all accustomed to, for holding the blanket at the top.

The two straps illustrated are cross-stitched on Hardanger canvas, strips 2½ by 7 inches and 2½ by 9½ inches. The edges of these strips are finished with double crochet, having a picot after every 6th d. Cross-stitching and crochet are done with embroidery cotton No. 5 in pink or blue, and the ribbon matches.

For the round strap 1 yard of elastic ⅞ of an inch wide and 4¾ yards of No. 9 ribbon are required. One yard of the ribbon is used for the rosettes. Cut the remainder in two and gather over the elastic, as illustrated.

The shorter strap required 2½ yards of ribbon the same width and two pieces of buckram ⅞ of an inch wide and 5 inches long for a foundation over which to gather the ribbon. Allow ¾ of a yard of ribbon at each end for ties.

Do Not Kiss the Baby

(ILLUSTRATION ON OPPOSITE PAGE)

The inscription on a turnover piece for the top of a carriage blanket is timely. It has its amusing aspect, but the warning is good. A pattern for the filet crochet appears on page 46.

The materials needed are one ball of No. 60 crochet thread, a No. 14 hook, and silk to line the finished piece.

Start at one end with 60 ch, which allows 9 sts for the first space. Follow the pattern, adding spaces as necessary, by chaining 2 sts and making an l t in the same st with last t at the end of a row, or chaining 8 sts at the beginning of a row.

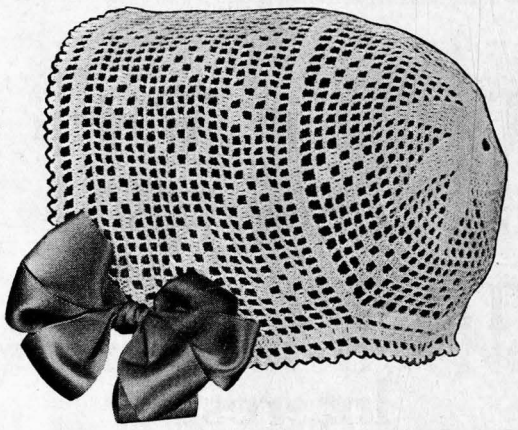
Edge.—Two d in 1 sp, 4 t in next across lower edge, then t around other three edges, putting enough sts in corners to turn well.

For an explanation of crochet stitches, see page 26.

For Description of Materials used in these Articles, see page 38

For Baby's Protection

"When children are playing alone on the green,
In comes the playmate that never was seen.
When children are happy and lonely and good,
The Friend of the Children comes out of the wood."



Crochet in Easy Stitches

"Nobody heard him and nobody saw,
His is a picture you never could draw,
But he's sure to be present, abroad or at home,
When children are happy and playing alone."

BABY BONNET.—With No. 60 crochet cotton and No. 11 hook, ch 10, join. *1st row*—ch 3, 32 t in ring. *2d row*—ch 3, 2 t in each t (64). *3d row*—ch 3, t in t. *4th row*—ch 5, 8 t, ch 2, 8 t; repeat around, join. *5th row*—ch 5, * t in 2d st of ch, ch 2, skip 1 t, 7 t on 7 t, ch 2; repeat from * around, join.

Repeat 5th row, adding 1 space (sp) and making 1 t less in each row, until star is complete with 64 sp. *12th row*—ch 5, 3 sp, 1 block (blk) (t in t, 2 t in sp, t in t,) * 7 sp, 1 blk; repeat from * around, join. *13th row*—ch 5, 2 sp, * 1 blk, 1 sp, 1 blk, 5 sp; repeat from * around, join. *14th row*—ch 5, 1 sp, * 3 blks with 1 sp between, 3 sp; repeat from * around, join. *15th row*—Like 13th row. *16th row*—Like 12th row. *17th row*—ch 6—64 sp with 3 ch between—join. *18th row*—ch 3, 3 t over 3 ch, t in t; repeat around, join. *19th row*—ch 5, 71 sp, turn. *20th row*—ch 5, 3 sp, * 1 blk, 7 sp; repeat from * across, turn. *21st row*—ch 5, 2 sp, * 1 blk, 1 sp, 1 blk, 5 sp; repeat from * across, turn. *22d row*—ch 5, 1 sp, * 3 blks with 1 sp between, 3 sp; repeat from * across, turn. *23d row*—Like 21st row. *24th row*—Like 20th row.

Repeat last 6 rows twice. *37th row*—All sp, continuing around entire cap. *38th row*—All blocks, continuing around entire cap. *39th row*—All sp, continuing around entire cap.

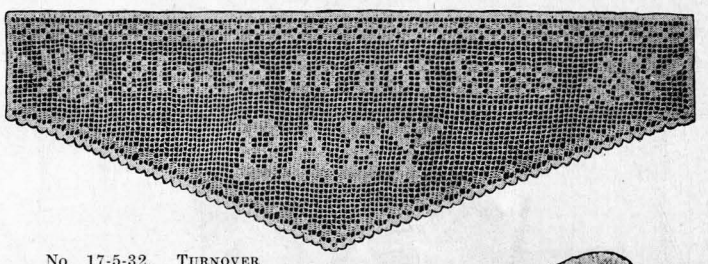
EDGE. — (Two d, 3 ch to form p, 2 d) in each space.

Bootees in Plain Crochet

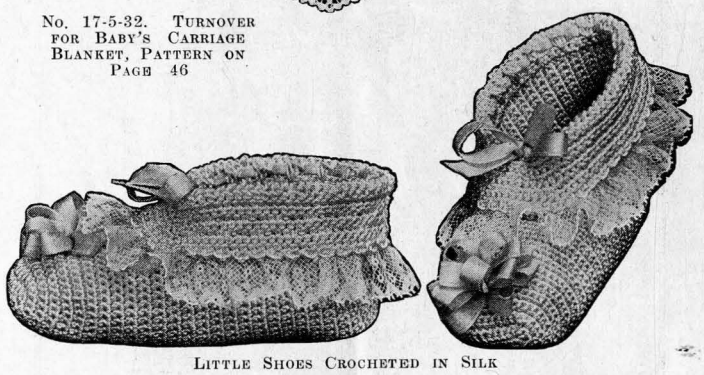
MATERIALS.—One spool white crochet silk, 2 skeins twist silk, pink or blue.

1st row—ch 13, 12 d on ch, 2 d in end st to widen, and 12 d on other side of ch, thus working all around the ch. *2d row*—ch 1, turn and go back over side just finished. Make 2 d in top st and go down other side. When you have reached this end, catch end st on other side in with one on hook, with a sl st. This will make a small seam, and also the side of toe portion. Repeat 2d row until there are 7 ridges or 14 rows. This will form one-half of toe portion. Make 9 more ridges of 18 rows without increasing. You should have 50 sts in the entire round. This will form toe portion. Fasten off thread.

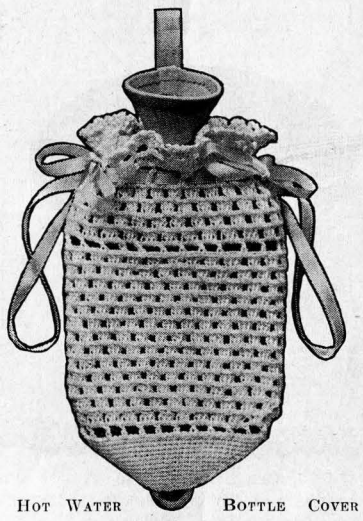
Find centre st between little seam and where you widened. From this centre st skip 2 sts, begin again and crochet around to within 2 sts of centre st on other side. Go back and forth over these 45 sts, which will form the sides of bootee. Make 15 ridges, or 30 rows, and sew two ends together on wrong side.



No. 17-5-32. TURNOVER FOR BABY'S CARRIAGE BLANKET, PATTERN ON PAGE 46



LITTLE SHOES CROCHETED IN SILK



HOT WATER BOTTLE COVER

TOP. *1st row*—Begin at back and make 1 row of d all around the top for a foundation. *2d row*—ch 5, make 2 t into every other st all around. *3d row*—d all around. *4th row*—ch 1, turn, 27 d, 2 d into next, 5 d, 2 d into next, 27 d and catch 27th st to one of previous row with a sl st. This 1st sl st has to be made in this way every row. *5th row*—ch 1, turn, 28 d, 2 d in next st, 6 d, 2 d in next, 28 d, fasten with sl st. *6th row*—ch 1, turn, 29 d, 2 d in next, 7 d, 2 d in next, 29 d, and fasten. *7th row*—ch 1, turn, fasten in color and make 3 d in color, carry white under, 3 d of white, carry color under; do this all around top. Do not forget always to widen at points. *8th row*—ch 1, turn, pick up color and repeat 7th row, alternating colors. *10th and 11th rows*—d all white.

EDGE.—Fasten off white silk. With color ch 5, pull hook out of loop and insert it from wrong side and pull chain loop through 2d st from where you started. Repeat all around.

Hot-Water Bottle Cover

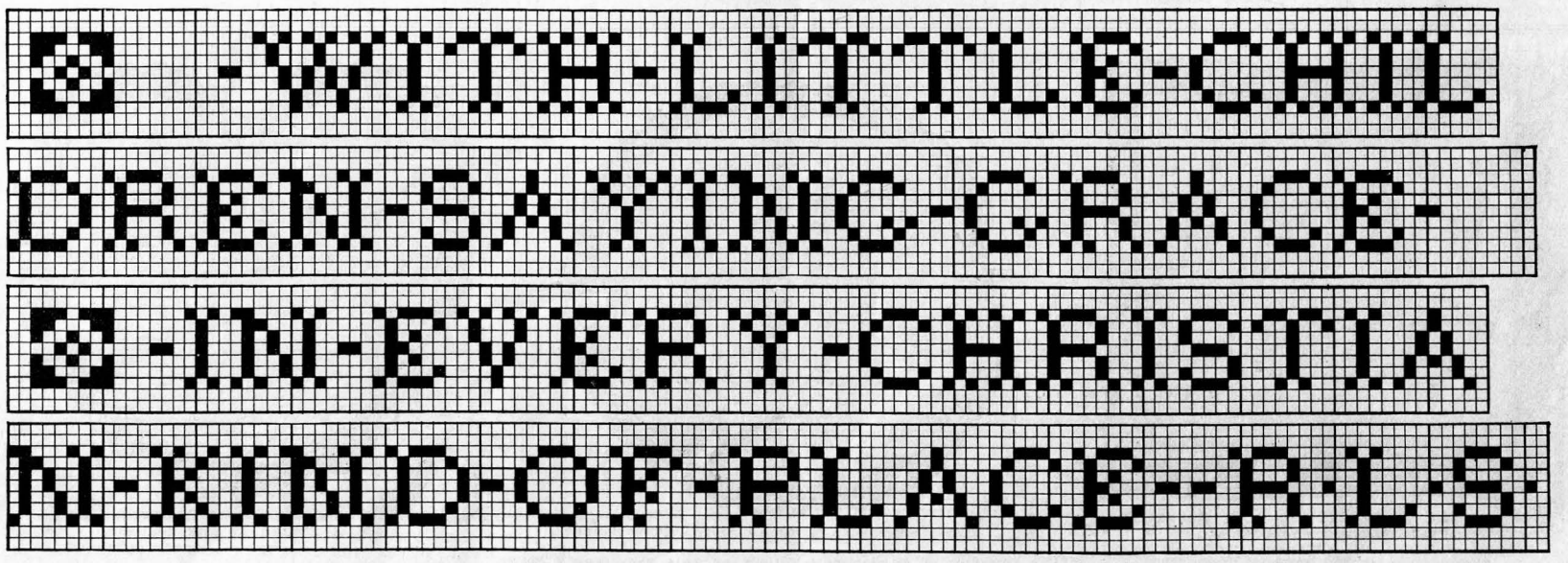
MATERIALS.—One ball white and 1 ball pink or blue mercerized crochet cotton No. 8, steel crochet-hook No. 8.

With white ch 20, join in ring. *1st round*—(d in each of 9 sts, 3 d in next) twice, join. *2d round*—10 d, 3 d in next, 12 d, 3 d in last, join. Repeat 2d row 10 times, widening on sides only. *12th round* should have 72 d. *13th round*—ch 5, skip 2, t in next st, * ch 2, skip 2, t; repeat around, having 24 spaces (sp).

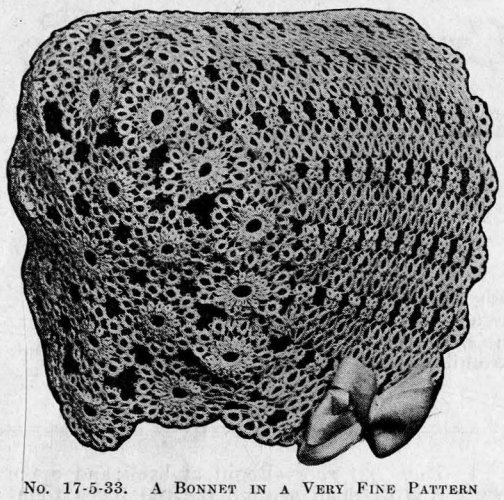
14th round—The rows are now made of colored and white shells of 3 t each in the sps, in the following order: (Begin each new row with 3 ch for 1st t) * colored shell in 1st sp, ch 1, white shell in next sp; repeat from *. Carry thread across the back of work. *15th round*—2 white, 2 colored; repeat. *16th round*—3 white, 1 color; repeat. *17th round*—2 white, 2 color; repeat. *18th round*—1 color, 1 white; repeat. *19th round*—2 color, 2 white; repeat. *20th round*—1 white, 1 color, * 3 white, 1 color; repeat from *. *21st round*—1 white, 1 color, * 2 white, 2 color; repeat from *.

Repeat from 14th to 18th rounds, inclusive. Fasten off colored cotton and continue with white. Chain 6, t in 1st sp, * ch 3, t in next sp; repeat from * (24 sp). The next 4 rows are white shells with 1 ch between (24 shells).

TOP.—Join colored cotton, d t in 1st sp, * ch 2, d t in next sp; repeat to make beading for cotton. *2d round*—24 white shells with 1 ch between. *3d round*—ch 4, d in sp; repeat. *4th round*—(Color) (d, ch 4, d, ch 5, d, ch 4, d) in each sp.

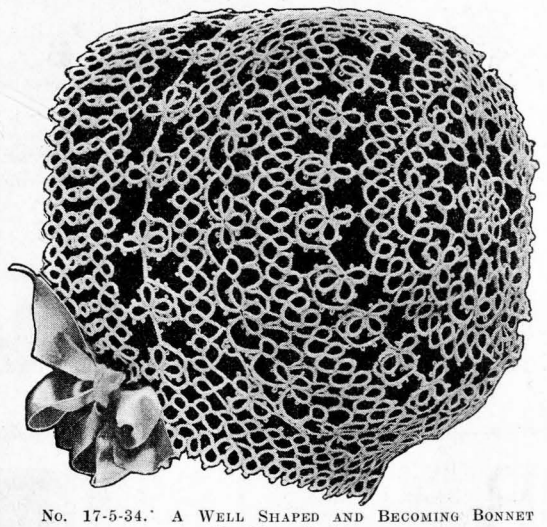


FOR DESCRIPTION OF MATERIALS USED IN ARTICLES SHOWN ON THIS PAGE, SEE PAGE 38



No. 17-5-33. A Bonnet in a Very Fine Pattern
By Mrs. C. J. Harrington

Tatting in Which the Young Mother Takes a Special Interest



No. 17-5-34. A Well Shaped and Becoming Bonnet
By Mary Custer

THE tatted bonnet above is made with 2 balls of No. 50 crochet cotton.

Medallion.—Ring (r) 14 p with 1 d s between, close; leave ¼ inch of thread, r (3 d s, p) 3 times, 3 d s, close; r 3 d s, join to 1st p of centre ring. Repeat large and small r around centre, joining large r by side p. This medallion (med) forms centre of crown.

Make 7 smaller med in same way, with 12 r instead of 14, joining each med by 2 r to 2 r of centre med by middle p of outside r, and med to each other by next 2 r on each side of centre, which makes 6 rings joined and 6 left free for each med. This forms a circle of 7 med around centre.

Make 14 more med with 12 r each, to form a second circle around the first, joining as follows:

1st med—Join an outside r to 1st free r of circle, finish med.

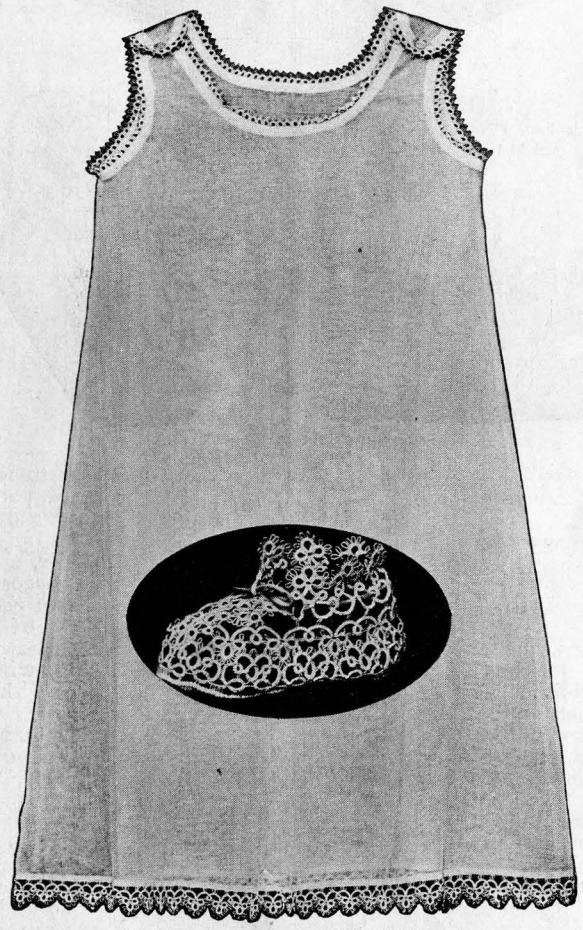
* *2d med*—Join 2 r to 1st med, 1 r, join next 2 r to 2 r of same med to which 1st med was joined, leaving 1 r free between.

3d med—Join 2 r to 2d med, 1 r, join next r to same med to which other 2 were joined, leaving 1 free r between, join next ring to 1st free r of next med; repeat from *. This forms a circle of 14 med around 1st circle of 7 med and completes crown of bonnet.

Strip for Body of Bonnet.—* Ring 5 d s, p, 3 d s, p, 3 d s, 5 d s, leave short thread, r 3 d s, p, 1 d s, p, 2 d s, close. Repeat 1st r, joining side p; small r, joining side p; repeat from *, joining *all* large r, but small r only in groups of 2.

Continue until there are 6 groups of 2 rings each. To turn at end of strip, make 3 large r close together and repeat directions for opposite side of strip, joining small r in groups by centre p. This is the shortest strip from crown to face.

Increase length of each strip by adding 1 group of 4 r, there being 12 groups in 3 centre strips; decrease on other side to correspond. Join strips together as made by middle p of large r and ends of strips to crown as may be convenient; or the latter may be sewed if preferred.



No. 17-5-35, Gertrude, and No. 17-5-36, Bootee
These Articles and Pillows below by Edna G. Gowdy

Underskirt or Gertrude

Materials. — One ball of No. 50 crochet cotton.

Edge.—Ring 6 d s, p, 6 d s, p, 6 d s, close, ch 8 d s, p, 2 d s, p, 8 d s, p, 6 d s, r 4 d s, join, 4 d s, p, 4 d s, close, ch 6, clover-leaf, r 5 d s, join, 2 d s, 4 p 2 d s between, 5 d s, close, r 5 d s, join, 2 d s, 6 p 2 d s between, 5 d s, close, repeat first r of clover-leaf, ch 6, r 4 d s, join, 4 d s, p, 4 d s, close, ch 6, join to opposite p, 8 d s, p, 2 d s, p, 8 d s, repeat from beginning, joining large r to small r.

Neck Edge.—Make half rings of 4 d s, p, 3 d s, p, 3 d s, p, 4 d s, close until a fourth-inch thread is between each part, repeat, joining each one.

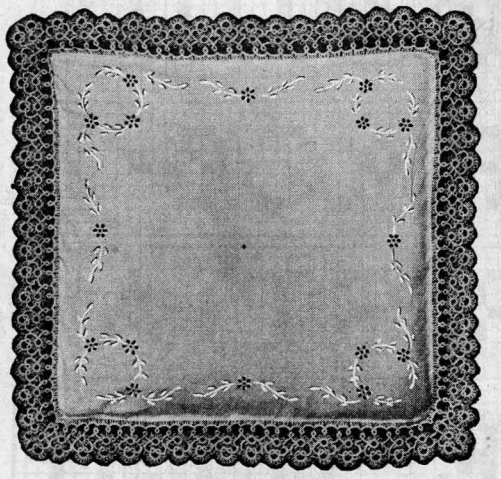
Tatted Bootee with Crochet Sole

Materials. — One ball of No. 30 crochet cotton and 1 yard of rattail braid for ties.

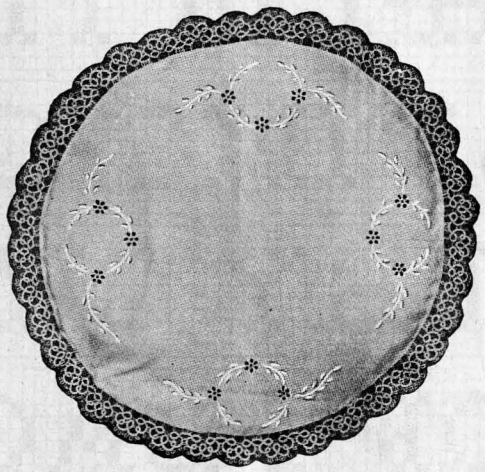
Start tatting next to sole, using two threads, r 7 d s, 3 p 5 d s between, 7 d s, close; ch 4 d s, 3 p 3 d s between, 4 d s; r 5 d s, join to last p on large r, 2 d s, p, 5 d s, close; repeat ch, repeat large r, joining to p on small r, and to middle p of large r; repeat ch and small r, ch and large r, ch 2 d s, 3 p 2 d s between, 2 d s, repeat from beginning, joining first p on first ch to last p on ch of preceding scallop, and second p to middle p on same ch. Repeat until ten scallops are made, join, tie, and cut.

2d row—Begin at toe, make clover-leaf, r 5 d s, 2 p 2 d s between, 2 d s, join to middle p on first free ch on left side, 2 d s, join to next p, 2 d s, p, 5 d s, close; r 5 d s, join, 2 d s, 2 p 2 d s between, 2 d s, join to the two free p's on next two ch's, 2 d s, 3 p 2 d s between, 5 d s, close; r 5 d s, join, 2 d s, join to first p on next ch, 2 d s, join to

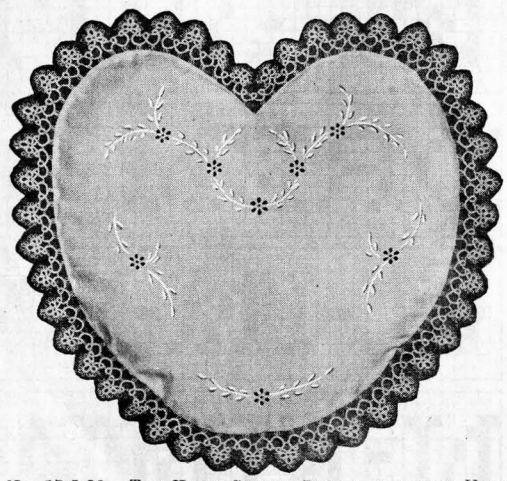
[continued on page 18]



No. 17-5-37. A Square Pillow is Generally Preferred for the Carriage

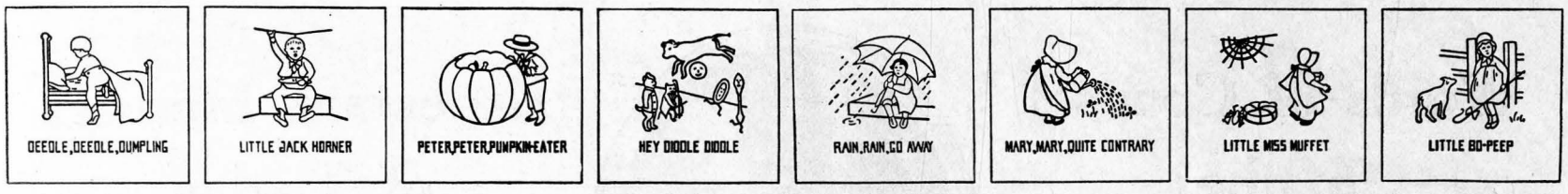


No. 17-5-38. Sometimes a Round Pillow fits Better



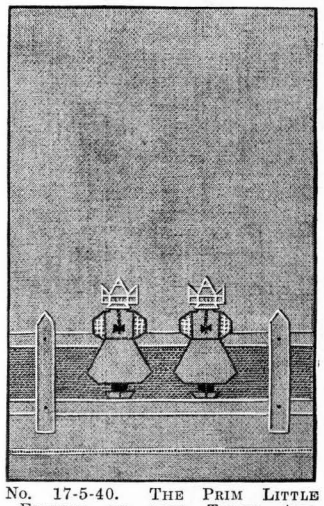
No. 17-5-39. The Heart-Shaped Pillow has been Used to Advantage in the Go-Cart

For Description of Patterns shown on this page, see page 26



Embroideries for the Nursery

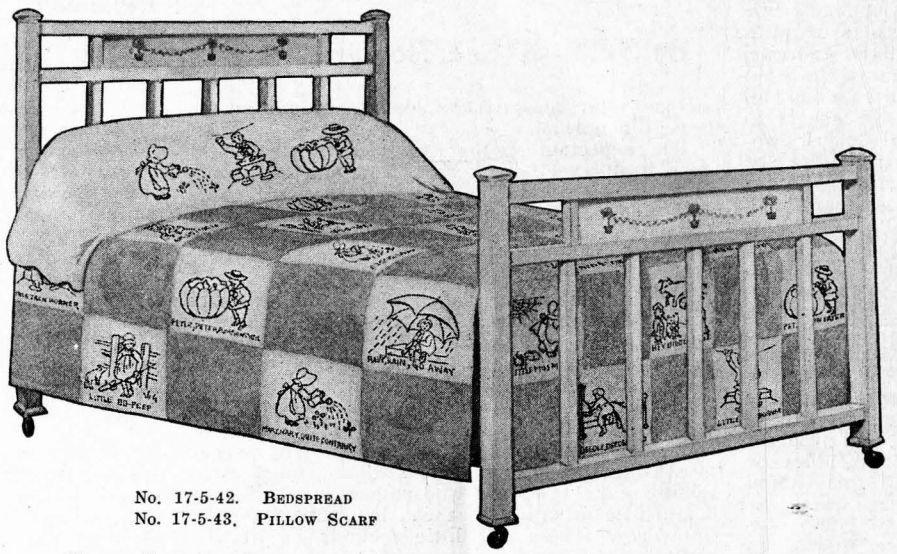
By E. Marion Stevens



No. 17-5-40. The Prim Little Figures on this Towel Are Irresistible

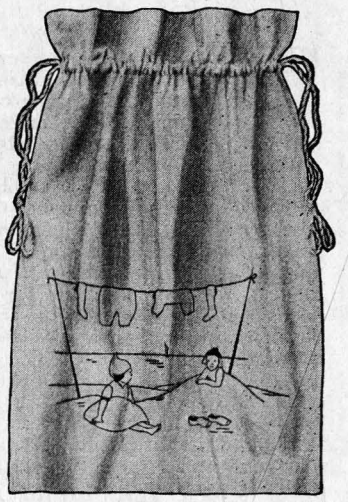
SURELY no child will object to going to bed if the happy possessor of a Mother Goose bedspread, a spread of white squares embroidered in blue outline and single stitch with a touch of red, joined to squares of blue chambray with feather-stitching, also in blue. The sham may have a chambray border on each end or a hem finished with an outline of blue.

The laundry-bag is of white linen-finished cotton embroidered in blue with a buttonholed slit in the front to make it more convenient to slip in the soiled articles. Two shades of blue and red for hair bows and stockings are used on the towel just above, and rose, blue, yellow, and green combine to give the little ladies on the dresser-scarf a most festive air. The ends are finished with an inch-and-a-quarter hem outlined with pink.



No. 17-5-42. Bedspread
No. 17-5-43. Pillow Scarf

Mother Goose Bed Furnishings, White Squares Ornamented with Designs Shown at Top of Page are Joined with Plain Blue Ones for Spread

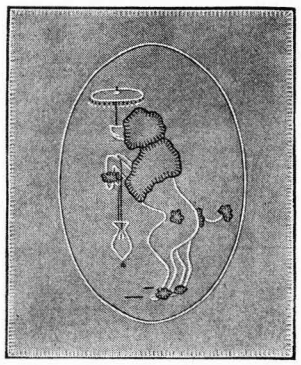


No. 17-5-41. Laundry Bag of Cream Linen, Embroidered in Blue

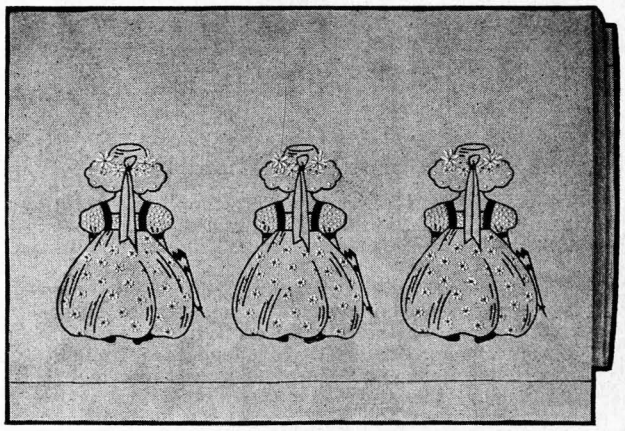
THE dog on the chair-back is done in brown outline and black loose buttonhole-stitch. The parasol handle, fringe, and the cord and tassel on his bag are black, while the bag, parasol, and French knots are red. The oval has two rows of outline, the inner red and the outer black, while the edge is finished with red buttonhole-stitch. The monkey on the second chair-back is brown with yellow cap, scarf, pole, and skiis, the heavy parts satin-stitch and the rest outline. The inner oval is yellow, the outer brown, and the edge yellow.

The clowns on the play-table cover and the toy pocket are outlined in blue with red solid spots on caps, suits, slippers, and toys.

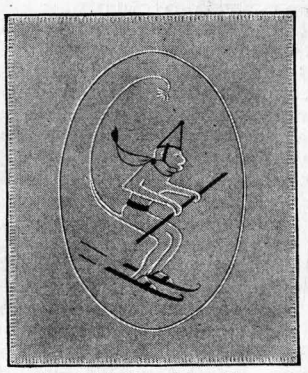
The material of which the toy pocket is made is quite heavy and durable, and the tan binding makes a nice finish. The verse is blue with red punctuation.



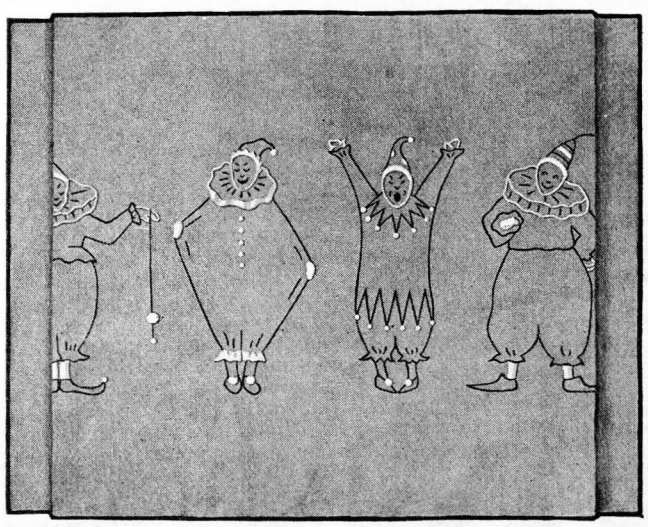
No. 17-5-44. Chair-Back "The Society Poodle"



No. 17-5-45. Gay Little Ladies Ornament the Ends of this Dresser-Scarf of Cream Linen



No. 17-5-46. Chair-Back "Monkey on Skiis"



No. 17-5-47. This Play-Table Cover is a Scarf of Cream Linen, 45 Inches Long, with Design Placed so that it Comes on Top of Table

Little children, happy and gay,
Play in the nursery most all day.

Therefore, the nursery ought to be the jolliest, most attractive room in the house. On this page are a few suggestions which will help to make it so.

The cottons used for these articles are boil-proof, a most desirable quality, as most of them will need frequent laundering, and the designs are such that they may be worked by the children themselves.

No. 17-5-48. Clowns Similar to those on the Table-Cover Give a Word of Friendly Admonition as to the Purpose of this Wall Pocket

For Description of Patterns and Materials, see page 42

Words of Counsel to the Expectant Mothers of To-day

By William Lee Howard, M. D.

THE expectant mother who understands that her condition is absolutely normal is practically assured of a successful childbirth, both as regards her own self and the sturdiness of her baby.

This is equivalent to saying "Don't worry," and I cannot put too much emphasis upon the importance of this command to every expectant mother. First, the fortunate woman who understands that this condition is as normal and as natural as for the flowers to bloom, or the birds to nest, will have no fear for the outcome. She needs but little advice or instructions from a physician other than a few words about exercise, laxatives, and the like. The woman I have in mind who needs to be helped more than all others is she who, upon learning that she is to become a mother, exclaims: "What shall I do?" When a woman says this it is apparent that she does not understand the situation, that she regards it as something out of the ordinary, and looks upon herself as unfortunate.

Do nothing at all. There are a number of things she should not do, chief among them is to worry. About all she should do is to understand that above all she is a very fortunate woman and that she should simply abide by the laws of nature. The sensible woman will get fixed firmly in her mind the fact that childbearing is the all-important law of nature from the lowest to the highest form of conscious life as we know it, and that it will proceed and progress and reach its completeness without troubles or disease in the healthy woman. All this should make it clear to every woman that worry or anxiety is useless.

Worrying Unnecessary and Harmful

I want to go much further than that and emphasize the fact that worry and anxiety is more than useless, it is harmful from beginning to end, from every viewpoint and, for the woman of average mentality, it is criminal because she should understand the situation and know better. The normal woman has nothing to fear. If she were in normal health before marriage and lived right after marriage, her pregnancy and childbirth will be right and normal, the natural fulfilment of the first and greatest of Nature's laws.

In these days, fortunately for the physical betterment of humanity, many people are acquiring the very valuable habit of consulting physicians every six months or every year to learn their physical condition, and this, regardless of whether they feel "run down," or are in the best of health. This is as it should be. The successful merchant takes account of his stock and knows just where he stands, what he needs, and what he does not need. The wise man and woman of to-day goes to a physician and secures a thorough examination, taking stock of their health, as it were. Every woman should do this the moment she learns that she is an expectant mother.

She should explain her condition to the physician. His examination will let her know if she is in normal health. If her health is not quite normal her physician will make it his first duty to build her up and put her in the best possible health at the earliest moment. Remember that with normal health the expectant mother has nothing to fear.

Every expectant mother should understand, and find relief in the knowledge, that some physical ailments, such as dyspepsia or many other troubles, do not have half as bad an effect upon the unborn child as do mental and emotional ailments. That is, the woman who is afraid of childbirth will impair the health of her unborn child to a far greater extent than will the woman who is dyspeptic or bilious, or otherwise affected. Diseases and physical disorders in infants are frequently the result of mental and nervous disorders suffered by their mothers during pregnancy. The trouble is that too many women regard childbirth as something abnormal. This is the furthest possible distance from the truth. The woman who regards childbirth as abnormal is herself abnormal.

The expectant mother who knows she is in good health yet finds herself worrying too much, finds herself afraid, finds herself unusually irritable and nervous, should secure treatment from her physician at once. She is in far greater need of it than she would be for ordinary physical ills.

Remember that the growth of your unborn child is as natural a state as was the growth and the development of your own body from babyhood to mature womanhood. This prenatal growth, every expectant mother should understand, is just as natural as growth after birth.

There are likely to be a number of little inconveniences which almost every expectant mother must undergo. They are, for the most part, trifling and the woman who understands will give some little attention to them, but not a moment of worry. These are little feelings of fleeting mental and physical distress and they are quite as natural for the pregnant woman as are those due to any physiological growth. Worry will make mountains of them when they are really less than mole-hills. Worry will make them harmful, whereas if they are regarded from the common-sense viewpoint, looked upon as a part of the natural conditions of an expectant mother, there will be no ill effects.

Importance of Fresh Air and Exercise

Fresh air and exercise is far more important than diet. Keep constantly in mind that there are two, that you are building tissues for another little body. The combination of fresh air and exercise is ideal. There is nothing better and there is nothing else so important. The exercise gives you a more vigorous circulation of the blood. This means a great quantity of blood goes through your lungs in a given time. It goes there to be purified by means of the oxygen which we take into the lungs when we breathe. Do your exercising in the fresh air, take long deep breaths, and you will purify the blood in the best possible manner. Since it is by means of the blood that the tissues of the unborn child are built up, the purer you make and keep your blood the better tissues you are building for your child. Breathe for two; exercise will not harm the unborn child so long as you do not become really fatigued. Continue your exercise until you commence to feel tired, then stop and rest. When thoroughly rested it is safe to take more exercise and in this manner avoid fatigue poisons.

No matter what may be the circumstances of the expectant mother she should take at least two hours of exercise every day in the open air, and a great deal more whenever it is possible. If there is stormy weather for a long period, put on storm rubbers, rain-coat, take a serviceable umbrella, and go out for the walk just the same. Damp weather won't hurt you, the real harm comes from sitting indoors in a stuffy room.

Women who have been accustomed to vigorous outdoor sports need not give these up entirely, but should so modify them that the moment they feel the least fatigued they can stop. On the other hand, the woman who has been a shut-in through her own choice, should make herself go out-of-doors two or three hours every day during her expectant motherhood. In the summer where opportunity offers, there is nothing better than taking care of a little vegetable or flower garden. All these exercises not only keep the blood purified, but aid the diet in digestion and laxative functions, stimulate the sweat glands and other excretory organs, and at the same time rest the nerve tissues, invigorate the brain and improve the muscles.

Present-Day Dress Makes for Better Babies

Time was when much stress had to be placed upon the matter of dress. In those days the really criminal custom of tight lacing with high corsets, and style's demand for small waists, made chronic invalids of many mothers and resulted in unhealthy and physically imperfect babies. To-day the dictates of style make for better babies. The wasp-like waist is no more, the corsets are little more than a girdle, and the waists are allowed their natural space. As time goes on and the expectant mother increases in size, she should make certain that her corsets are just as loose as ever. The woman who is proud of her physical grace and form is normal, but the woman who, by means of tight corsets or by hanging heavy garments on the hips and across the abdomen, deprives her unborn child of a fraction of an inch in which to grow, is criminally negligent of the rights of her baby.

I do not believe that one out of a hundred expectant mothers who complain that their condition has brought on nervousness is right, or has any excuse for "nerves." It is simply another form of worry. If she keeps it up she will injure her child. If she regards the situation in its right light there will be no nervousness. She should keep constantly in her mind thoughts of the pleasure that maternity is to bring her. Never call up phantoms or false pictures of what may happen. Think only of the coming child, the laughing, happy, chubby, hungry baby. There is no call for nervousness, there is nothing in expectant motherhood that gives excuse for nervousness, and the woman who gives way to it is injuring, not only her own health, but is taking just so much strength and health from the little body.

What I have said about "breathing for two" may be said of sleeping. The sleep the expectant mother has found sufficient should be increased. It may be necessary to arise at a certain hour. If so, add the sleep on the other end. Retire earlier. Perhaps you are thoroughly rested when you awake and get up, but this is not always true. A great many people are *fairly* well rested, but not *thoroughly* rested and there's a big difference. This is especially important. A little extra sleep will do no harm. On the other hand, the lack of even a quarter of an hour's necessary sleep is harmful under these conditions. Bear in mind always that "other one," and that whatever harms you harms the child unborn.

The Question of Food

Our grandmothers used to say, "You must eat for two." In a way this is true, but the statement is misleading in that it has led many a woman to eat more than she cared for. When we have eaten sufficient, to eat more is distressing. Anything that distresses brings trouble. The mother-to-be will eat enough for two quite naturally, since her condition is natural. She will unconsciously do this and it is not advisable to attempt to eat more than is wanted.

"What shall I eat?" is the commonest question we hear. There is a simple rule for this, "Eat whatever you want so long as it does not hurt you." It is quite natural for women in this condition to crave many unusual things, such as strawberries in December, or quantities of pickled limes, or pork chops, or almost any other edible that is unusual. The unsatisfied craving for anything of this sort is not good. Satisfy the craving if possible. If it hurts you, do not eat it,

but it is seldom that any food the expectant mother craves will do her the least harm.

There is one important consideration that every expectant mother should constantly remember and that is the condition of the excretory organs; the skin, kidneys, and bowels. She must get rid of, not only her own waste products, but those of her unborn child. To aid in this a light laxative diet is generally necessary. This diet, however, must at the same time be sufficient to satisfy her hunger in every way and it must be nutritious.

Always consult your physician about these things, but if you chance to live where it is not possible to consult a physician frequently, there is no cause for worry providing you know a little about the ideal diet.

Such a diet consists of a larger proportion of liquids than usual and a smaller proportion of meats, at the same time the expectant mother should eat more fresh fruits and fresh vegetables. The average physician advises meat but once a day, and sparingly then, but gives an unusually large choice of other foods.

It is important that liquids should form a large part of the diet. Naturally the proper amount to be taken may vary in different cases, but at least two quarts of liquids should be taken every twenty-four hours, and sometimes three quarts. Do not be afraid to drink quantities of water. From four to eight glasses a day should be taken. Other liquids are also included in the foods and consist of sweet milk, buttermilk, broths, soups, chocolate, and cocoa.

Milk can never be regarded too highly in the prenatal diet. If the habit of drinking milk is thoroughly established, it will serve as a most valuable preparation for maternal nursing. Sometimes milk has a tendency to constipate, but the careful and constant use of a laxative diet will counteract this in almost every instance. If the expectant mother does not take kindly to milk it is extremely unfortunate and she should make every effort to cultivate this taste.

The expectant mother must abstain totally and absolutely from alcohol in every form. If mothers could only know the manner in which alcohol may enter the foetal system practically undiluted and unchanged, they would shun it as they would shun a deadly poison. If they are in the habit of using tea and coffee every day, it is better to gradually cut out their tea and coffee until, by the end of the fifth month, they are drinking very little or none.

What Constitutes a Laxative Diet

Chronic constipation will prove extremely harmful to the child, and almost every mother-to-be suffers in this manner. There is a purely physiological reason for this. Some of the slowly enlarging organs bring internal pressures to bear, and this causes a tendency to constipation. It becomes more pronounced in the later months. Throughout the entire period of gestation it is absolutely important that there be a free movement of the bowels at least once a day. If it is not natural, then it must be brought about by a laxative, but always remember that these laxatives should be in the form of foods, purgatives, or enemas. If the woman is careful to adopt the proper diet made up of a combination of nourishing and laxative foods, the purgatives will never be necessary.

A diet that contains laxatives of a nature fitting for every expectant mother includes apples, peaches, plums, grapes, pineapples, cherries, figs, prunes, oranges, pears, apricots, grapefruit, raspberries, and strawberries. These, excepting prunes and figs, must always be fresh, and out of this long list there is some fruit easy to secure at all times of the year. In addition to this I advocate cooked fruit, such as pears, apricots, peaches, apples, figs, and prunes. With the exception of figs and prunes these are not quite as effective as the fresh fruits, but they may be even more freely eaten than the others.

There are also the foods consisting of various grains. Probably the best among these is graham and whole wheat bread and corn-meal. Oatmeal and grits are both valuable, as they stimulate an increased activity of the intestines. One of the very best of laxatives is bran. This should never be taken with an idea that it is nourishing, for it is not, but it thoroughly cleans the stomach and intestines, and physicians are learning more and more of its great value.

A bread made of bran is excellent and should be made as follows: One cup of cooking molasses, one teaspoonful of soda, one small teaspoonful of salt, one pint of sour milk or buttermilk, one quart of bran, one pint of flour. Stir well, and bake for one hour in a very slow oven. It may be baked in a loaf, or in gem-pans, as preferred. The bread should be fresh and tender, and may be eaten freely, day after day.

Fresh vegetables and such vegetables as are kept through the winter, all have laxative properties. The green vegetables are especially good and those that may be eaten with olive oil are even better. These include lettuce, watercress, celery, spinach, string beans, carrots, lima beans, potatoes, peas, tomatoes, asparagus, and onions. Of these, spinach is probably better than any.

Special Remedies for Constipation

When the expectant mother follows this diet with care, and yet constipation seems to persist, senna, a well-known remedy, may be tried. There are many mixtures of senna, two of the best known and most successful are: Senna Prunes —Place an ounce of senna leaves in a jar and pour a quart of boiling water over them. Let them stand two hours, then strain, and add a pound of thoroughly washed prunes with the clear liquid. Allow them to soak overnight and in the morning cook them in the same water until they are tender. Two tablespoonfuls of brown sugar should be used for sweetening. At first eat half a dozen of the prunes at night with the syrup and if the results are not satisfactory increase this amount. If the constipation is overcome, decrease it.

Still another good mixture is senna with prunes and figs. This does not need to be cooked. Wash a pound of dried figs, and a pound of dried prunes. Remove the stones from the prunes and soak them for an hour, unless they are extremely moist. Put both of these fruits through a food-chopper, adding at the same time two ounces of finely powdered senna leaves. Make a thick paste of this by stirring in two spoonfuls of molasses. At bed-time eat of this paste a quantity about the size of an egg. Keep the mixture covered in a glass jar and keep it cool.

Always sleep with windows open, and if possible an open-air sleeping porch is advisable. The skin needs especial care, for through millions of pores much more waste material is thrown off than we realize. The moment the sweat glands are clogged the waste products are retained in the blood until they can be carried away by the lungs, bowels, and kidneys, and all this overburdens the functions of these organs.

The entire body should be washed every day. This may be a shower, tub, or sponge bath. A mild shower is preferable every day. It is better to go without soap than without the shower, although both should be used, as the shower stimulates the circulation. If the water is the least bit cool it will prevent taking cold. If the woman has been used to a daily cold bath she may continue it up to within a month of confinement, but never unless she is thoroughly used to it. Always follow it with a good rub-down to bring a healthy glow. It is better to take the warm bath with soap at night two or three times a week. There is one thing the pregnant woman should remember about baths, and that is to avoid the hot bath all through the nine months, at the times of her normal periods.

The Care of the Teeth

Since pregnancy so tends to decay the teeth, much trouble will be averted by having them put in perfect condition. This will prevent serious trouble, as bad teeth will always have a bad effect upon the health of the child.

The fact has long been established that a child gains fully nine-tenths of its weight and tissues after the fifth month of pregnancy, consequently there is much need for the mother to take great care in her selection of nourishing foods at this period. The unborn child gains half its weight in the last eight weeks. For this reason the mother demands an increase in foods during this period, and these foods should all be of a heat and energy-giving nature. One of the best methods of supplying this need is to take a glass of milk now and then between meals, and at bedtime. Light broth or soup may be taken with a small biscuit, but milk is better. Eating lightly several times a day frequently does much to relieve nausea.

Two Items of News

Publishers of The Modern Priscilla Buy Home Needlework Magazine

Home Needlework Magazine has gone out of existence as a separate publication. The April number was the last issue.

This is of interest to Priscilla readers because the publishers of The Modern Priscilla have bought Home Needlework Magazine.

The subscription lists of the two publications will be combined. Every Home Needlework subscriber will be given as many issues of The Modern Priscilla as was due her on her unexpired Home Needlework subscription.

In case a woman happens to have been a subscriber for *both* magazines, her Priscilla subscription will be *extended* for the full term of her unexpired Home Needlework subscription.

If YOU have been a subscriber for both magazines please note the following: The expiration date that appears on the wrapper of your Priscilla will be advanced as many months as your Home Needlework subscription would have continued for. BUT—don't be surprised if this change does not appear before JUNE, as there is an immense amount of detail work involved in a consolidation of this kind.

ANOTHER THING! If you happen to get two copies of The Modern Priscilla with different expiration dates, please notify us *at once*. Probably this will not happen, but it *might*, as our clerks are human and occasionally make mistakes like the rest of the world.

Freight Cars Loaded with Magazines are Delayed at Many Points

Many Priscilla subscribers have received recent issues of the magazine much *later* than they should have. Thousands of our readers have complained to us on this account. In more than a few cases magazines have been so late as to justify the conclusion they were not mailed by us at all.

When a subscriber has taken this view of the matter we have immediately sent a second copy, although we have been morally certain that the first copy was mailed as usual, and that in due time *both* copies would be received.

Now what's the trouble? The answer is *delayed delivery*, due largely to the Post Office Department's practice of shipping magazine mail by FREIGHT.

All publishers have suffered from this during the past winter, and the trouble still continues. General business conditions have brought about freight congestion at many points. As these words are written, we have before us a statement to the effect that EIGHTEEN THOUSAND loaded freight cars bound for the West have recently been stalled in the railroad yards of a single city.

Without question some of these eighteen thousand cars were loaded with magazines, ours and others. These magazines were mailed early enough so they *should* have reached subscribers *on time*. But they were undoubtedly *late*.

Please Don't Complain Until—

We do not like these conditions, but to remedy them is beyond our power. All we can do is to mail magazines as early as possible, and then ask our subscribers to wait at least until the *first of the month* before complaining. In this way the unnecessary duplication of many copies will be avoided.

The Post Office Department is doing its best to remedy matters, and we are hoping for an early improvement.

Convenience and Economy in the Nursery

Discoveries Made by Priscilla Mothers

To make the Baby Basket—Give the outside two coats of the white paint and one of enamel, allowing each to dry thoroughly and pad the entire inside with cotton wadding. The lining should be yard-wide material. Cut it into four pieces, twenty-six inches long, and sew together on the machine. Six inches from one edge of this long strip, gather it to fit around the top edge of the basket, the six-inch part forming the overhanging ruffle. The ruffle is slit twice to fit through each handle and all edges are hemmed. The handles are padded with cotton and wound with ribbon. Fasten the lining firmly around the edge of the bottom of the inside of the basket, distributing the gathers evenly and fasten at upper edge with tiny tacks. Sew together four twenty-three-inch strips of the muslin and hem one long edge, sew the lace on the other long edge, and six inches from the top of the lace take up an inch plait and shirr to form a heading around the basket edge. Cut and hem slits for handles. Catch the covering here and there along the top edge of the basket and run ribbon in beading.

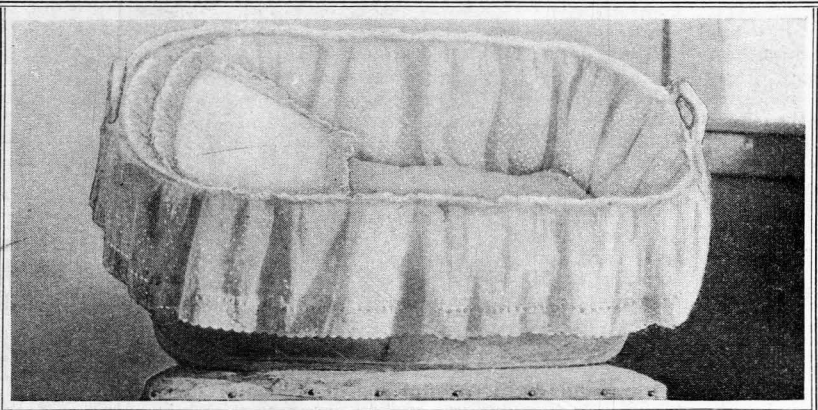
Edging Slips and Panties—I find crocheting a tiny edge on baby slips and little panties much easier and quicker than putting on facings, and it is very pretty.—Mrs. I. M. S.

An Easily Laundered Dress—I have made all of my baby's short dresses to button the full length of the back. They look sweeter and launder easily, because they open flat.—Mrs. J. L. H.

Renewing Soft Shoes—I rip out the worn soles of Baby's soft shoes and using them for a pattern cut new ones from an old felt hat or heavy woolen material. I turn the uppers wrong side out and stitch in the new soles with a tiny seam, turn them back again and have shoes that will outwear new ones.—Mrs. M. R.

A Bath Table — A table made with long legs to fit over the bath-tub is an especially wise provision for a very young baby and a comfort to the mother. Put the bath water in a bowl on the table, which should be covered with a thick pad or towel, to absorb all water and make a soft place to lay the baby on. The table should be large enough to hold all the bath accessories, such as soap, powder, eye wash, pincushion, towels, wash-cloths, etc. When Baby gets large enough to sit in the tub without support the legs can be removed from the table and it can be placed across one end of the tub, making a convenient place to dress him. —Mrs. L. C. J.

For the Creeping Stage—The best thing I have found for a baby to creep in is a pair of pants made from black sateen of good quality, shirred at the waist and knees with elastic cord. These can be easily slipped on over a dress and are quickly pulled off to change the baby.—Mrs. L. C. J.



A Baby Basket for $3.00

By Aletha B. Walker

The materials needed are a 36-inch flat laundry basket which can be purchased at any department or hardware store for about 95 cents; ½ pint each of white enamel and white paint, 50 cents; a small brush, 20 cents; 1 roll of cotton to pad the inside of the basket, 20 cents; 3 yards of pink or blue lining at 12½ cents, 38 cents; 2½ yards of dotted muslin at 15 cents, 38 cents; 4 yards of combination lace and beading at 6 cents, 24 cents; 5 yards baby ribbon to run in beading, 10 cents and 2 yards of 1-inch ribbon to wind handles, 10 cents, making a total cost of $3.00.

Helps with Older Children

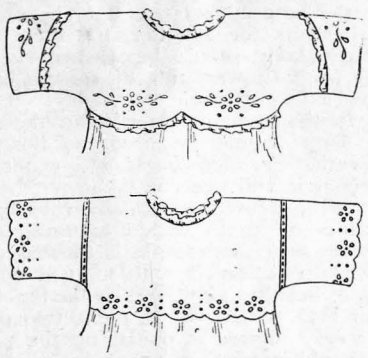
Nighties with Feet—I have my little boy wear nighties with feet attached. He used to stretch and tear them by drawing his feet up out of the stocking legs and then kicking them back into the wrong place. I have solved that difficulty by attaching a tape about two inches above each heel, long enough to tie snugly around the ankle. These prevent the feet from leaving their proper place, and the garments last much longer.—Mrs. F. N. G. K.

A Darning Help—A quick and easy way to darn children's stockings is by cat-stitching, thus crossing two strands of darning cotton. The stitches give and do not wear as quickly as the usual darning, and are smooth and soft. This is also a neat way to mend a three-cornered tear.—Mrs. F. F.

Washing in Cold Weather—I am sure this will be appreciated by mothers of large families or any one who has many small pieces to hang out in winter when the fingers get so cold hanging them and still colder taking them in all frozen. Take white tape in three or four yard lengths, sit down by the fire and pin each piece to the tape with common pins. It takes only a moment to fasten the tape to the line and there are no torn pieces when they are removed.—C. D. D.

Adjustable Skirts — When making underskirts for small children, attach the skirt to a waist and leave the shoulder seams open, fastening with button and buttonhole or small pins. The length of the skirt can then be adjusted from the shoulder to suit any dress length.—Mrs. J. S. M.

My Best Help—I have three children to sew for and I make fancy-work to sell. This has been one of my best labor-savers. Use only one number of thread for general sewing. No. 70 white is fine enough for lawn and gingham and heavy enough for undermuslins. Fill all machine bobbins and place full spool on machine. You will not have to stop to match your thread or refill. No. 70 can be easily ripped when children's clothes need altering, while a coarser thread is apt to tear. Use No. 40 for sewing on buttons and making buttonholes.—Mrs. A. W. J.



Lengthening Last Year's Embroidered Dresses

A mother told me the other day that she was greatly distressed because she saw no way of using her little girl's embroidered dresses which were new last summer. Even after letting out the hems they were too short. I suggested that she cut the skirts off, leaving butterfly yoke and sleeves and plait or gather on new skirts of blue or pink if the yoke was white. The old skirts would be left to use for yokes and sleeves on other dresses and could be cut according to the two suggestions above, the upper one having turn-back cuffs cut from the embroidery and edged with val lace to match neck and yoke edge. The second was cut from a skirt edged with scalloping and has sleeves joined to the yoke with beading.—Mrs. W. J. S.

A prize of $2.00 is offered for the best "Help" each month, $1.00 each for second, third, and fourth best, and 50 cents each for all others published. Address, Needle Helps Department. Send nothing already accepted or published by any magazine. No contributions returned unless accompanied by stamped, addressed envelope.

Bedroom Slippers for Children—Very comfortable bedroom slippers for the children can be made from scraps of double-faced cloth, wool velours, or any heavy cloth and the arm of a long kid glove, one glove cutting two soles for children up to eight years. Use an old slipper as a pattern, or outline the child's foot with chalk on the cloth, cut the sole one or two layers thick, and cut the bottom layer from the kid glove. Tack the kid to the cloth sole; cut out the upper and tack to the sole, having the seam to the outside. Now stitch on the machine and ornament the seam with blanket-stitch done in wool or mercerized cotton. Bind the top of slipper with a bias piece of silk, or blanket-stitch to match the sole. Run elastic through the binding if desired. A pair made a year ago are still in use, and took but an hour to make.—Mrs. F. M. S.

To Please Small Boys—I have found a very attractive decoration for little boys' rompers, morning suits, etc. Cut a rabbit, elephant, or some other favorite animal out of the material the suit is trimmed with, and sew it flat on the pocket of the blouse. This will please him immensely and add to the appearance of the suit.—E. H.

Little Dresses from Shirt Waists—I had several of my shirt-waists which were beautifully embroidered but past service because worn under the arms, and tried an experiment that proved a success. I cut the waist down to make a long-waisted dress for my four-year-old daughter, using for the skirt a pretty piece of nine-inch embroidery. The result was a lovely little white dress.

Carriage Covers—The white corduroy upholstering in my baby carriage became soiled, and I purchased three fine white linen handkerchiefs (men's) and a box of white-headed pins. The handkerchiefs I pinned securely to the buggy. These covers are easily taken off and laundered, and now my carriage has a neat appearance at all times.—C.

For the New Mother

A Stork Luncheon

By Martha

THE invitations should be sent on cards, appropriately decorated. The jolly baby here can be traced and tinted with water-color. The two on page 14 can be traced for the same purpose or to decorate place-cards. Cut-outs from old magazines can be pasted on, if the hostess has no skill for tracing and coloring. The wording may be somewhat as follows:

Sir Stork arrived some weeks ago
At some one's house you see,
So bring a baby gift with you
And come and lunch with me
Next Tuesday noon at half-past one
(We'll sit and sew till tea)
And please to keep the whole affair
In strictest secrecy!

Of course the new mother, in whose honor the luncheon is given, should receive only a formal little note inviting her to luncheon on the given date, and asking her to bring her sewing and come prepared to spend the afternoon.

The decorations should be in pink and pale blue, the baby colors. The flowers used, apple blossoms and forget-me-nots, can be real or artificial. If the latter, one can procure beautiful sprays of artificial apple blossoms at any Japanese store, and they are not very expensive. Forget-me-nots will have to be found at a milliner's. If the luncheon is given toward the middle of May, there should be no difficulty in finding apple blossoms. Forget-me-nots are at that time running riot in the florist's windows, and a single pot, fully in blossom will be all that will be required. Below are three suggestions for decorating the table.

MENU

TOMATO BISQUE WITH WHIPPED CREAM
TOASTED CRACKERS
SCALLOPED SALMON IN RAMEKINS
PEAS OLIVES
MOCK CHICKENS À LA CASSEROLE
ASPARAGUS ON INDIVIDUAL ROUNDS OF TOAST
POTATO CROQUETTES
PIMENTO MOUSSE SALAD
CREAM CHEESE CRACKERS
STRAWBERRY JAPANESE COUPE
PINK FROSTED CAKES
NUTS CANDIES

1. On a white table-cloth lay two strips of pale pink crêpe paper, crossing in the centre and extending to the bottom of the table-cloth. At intervals along the edges of the paper pin tiny sprays of artificial forget-me-nots. Place a wreath of the same blossoms interspersed with asparagus fern around a centrepiece, consisting of a well-flowered pot of real forget-me-nots. The pot should be tied in pink crêpe paper, and have four tiny papier-mâché storks from the Japanese store standing in it.

2. Use pale blue crêpe paper in the same manner as described above. In the centre of the table set a large papier-mâché stork (about eight inches high) and use two of the curved parterre flower dishes filled with sprays of apple blossoms (real or artificial) to flank it. A small mirror, perhaps six inches across, its edges hidden with fern, makes an attractive base for the stork, and reflects the decorations prettily.

3. Use the stork and mirror centrepiece, hiding the edges of the mirror with asparagus fern, and using alternate sprays of artificial forget-me-nots and apple blossoms around the edge. From the chandelier, four broad (two to three inch) streamers of satin ribbon, two pink and two blue, alternating, run to the four corners of the table and are fastened with a bunch of the flowers.

In any of the decoration schemes given above, small bonbon-dishes for candies or salted nuts should be made of the crêpe paper and tied daintily with narrow ribbon. These should be of the pale blue crêpe to contrast with pink candies, as unfortunately there are practically no candies in the proper shade of blue. In pink, tiny checkerberry mints, pink curls, pink buttercups or pincushions, and many others will suggest themselves.

The menu should be carried out as much as possible in the two prevailing colors of pink and blue. Tiny bows of ribbon in contrasting color tied to bouillon cups and the base of coupe glasses add attractiveness to the serving of the menu.

Most of the recipes for the dishes are found in any good cook-book. A few of the special recipes are given below.

Mock Chickens à la Casserole

Split broilers of about two pounds each, down the back, and divide each half into two pieces, making four pieces to each chicken. Grease well with melted butter, and bake an hour in a hot oven, or till the skin is crisp and well browned. Baste frequently with a little hot water, and plenty of melted butter. When done put chicken in a large hot casserole, and prepare a gravy as follows: Add sufficient boiling water to the browning in the pan, thicken in the usual manner with flour and water, and use enough kitchen bouquet to give it a rich brown color. To this add one tablespoonful onion juice and grated pulp, a teaspoon (scant) of celery salt, and salt and pepper to flavor. Cut fine one small ten-cent bottle of pimolas. Strain the gravy over the chicken in the casserole, and sprinkle the pimolas over the top. This sauce may be varied with pimentoes or mushrooms. One-quarter chicken must be allowed to each portion.

Pimento Mousse Salad

To one can of clear chicken bouillon, add enough grated onion, celery salt, salt, and pepper to season highly. Flavor must be *too pronounced* for one's taste, as the cream dilutes it later. Heat bouillon till hot. Soak one envelope gelatine in a half cup of cold water till soft. Add to the hot

[CONCLUDED ON PAGE 17]

NOTE.—*If you need any further help in planning this month's party, write to "Martha," enclosing a stamped, addressed envelope, and she will be glad to help you out.*

Good news Mrs. Housewife—

Good news for the whole family.

This question of building up and maintaining abundant health and energy for the daily tasks is one of the vital problems of your home.

It is like a battle against fatigue and weakness. You need the steady reinforcement of a properly-balanced diet. *You should have a nourishing soup on your table every day.*

There is no more important means of keeping in vigorous condition. All dietetic authorities agree on this.

The most valuable elements of nutrition in the most easily digested form are combined in

Campbell's Vegetable Soup

It supplies the invigorating properties of good meat and nutritious marrow combined with the strengthening qualities and tonic elements of choice vegetables, fresh herbs and sustaining cereals.

We make the strong full-bodied stock from selected beef. We use premium-grade white potatoes—Maine grown, fine Jersey sweet potatoes, big yellow rutabagas, tender Chantenay carrots, "baby" lima beans, small peas, okra, tomatoes, celery and "Country Gentleman" corn.

We add barley, rice, "alphabet" macaroni and a suggestion of delicate leek, fine spices and sweet red peppers—thirty-two ingredients in all.

A wonderfully well-balanced food, wholesome, tempting and all cooked; *ready for your table at three minutes' notice.*

The practical way is to keep a supply of this nourishing Campbell "kind" on hand, and enjoy it regularly and often.

Asparagus
Beef
Bouillon
Celery
Chicken
Chicken-Gumbo (Okra)
Clam Bouillon
Clam Chowder
Consommé
Julienne
Mock Turtle
Mulligatawny
Mutton
Ox Tail
Pea
Pepper Pot
Printanier
Tomato
Tomato-Okra
Vegetable
Vermicelli-Tomato

Campbell's Soups

LOOK FOR THE RED-AND-WHITE LABEL

Ask your local dealer for PRISCILLA advertised food products.

"I always use Royal Society Boil-Proof Cottons for articles that require washing. The laundry" never affects them

Whether your work be embroidery or crochet, wherever colored floss or threads are used, it is of the greatest importance that you work with boil-proof guaranteed dyes for all tub articles in wearing apparel and every household piece that goes to the laundry.

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Embroidery and Crochet MATERIALS

provide boil-proof cottons for every purpose—Monoselle and Satin Floss, short skeins, for initialing, monograming and embellishing articles of wearing apparel and household use—Cordichet, "The Perfect Crochet Cotton," in sizes 3, 10, 30, 50, 70 for handkerchiefs, towels and other pieces.

Royal Society Products for sale by dealers everywhere.
Upon request we will send a copy of our new book "The Hope Chest."
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We have a steady demand for LABLACHE from our best customers. It is very popular, protects a fine complexion—improves a poor one. Is daintily perfumed, delightfully smooth and adhering—makes friends and keeps them. It's a pleasure to handle it.

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They may be dangerous. Flesh, White, Pink or Cream, 50c. a box of druggists or by mail. Over two million boxes sold annually. *Send 10c. for a sample box.*
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Sent on Free Trial Famous Piedmont Red Cedar Chest. Your choice of 75 styles and designs sent on 15 days free trial. We pay the freight. *A Piedmont protects furs, woolens and plumes from moths, mice, dust and damp.* Distinctly beautiful. Needed in every home. Lasts for generations. Finest Christmas, wedding or birthday gift at great saving. *Write today for our great new catalog and reduced prices—all postpaid free to you.*
Reduced Factory Prices. Freight Prepaid.
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Birthday Suggestions for the Boy of the Family

By M. Alethea Warren

No. 17-5-49. An Attractive Bath Towel

Size, 22 x 40 *inches.* Design stamped on Turkish towels, 50 cents each. Cotton for working, 6 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

ALTHOUGH these articles have been designed primarily for the purpose of gifts to the boy of the family, they will do duty equally well for the outdoor girl.

The towel is the regulation Turkish bath-towel with two plain bands in the border upon which the design is outlined with a dark blue cotton, which is "boil proof," and a line of outline covers the machine-stitching which holds the hem.

A knapsack pocket for holding a few sandwiches when one is off on a "hike" is next in order. It is made in three parts and neatly bound on the edges with tape matching the color of the embroidered initials on the flap. These initials are plain and simple, quite sufficiently masculine to please the most discriminating, and the article has a well-tailored appearance.

No. 17-5-50. Knapsack

Cutting outlines and any two or three letters (as illustrated) stamped on tan Bulgarian linen, 75 cents. Cotton for working, 6 cents extra. Mercerized tape for binding, 20 cents extra. Perforated stamping pattern of cutting outlines and any two or three letters, 25 cents. Stamping paste, with directions, 10 and 25 cents a box. Transfer pattern is not supplied.

The pillow is one which will make an appeal to the Boy Scout or Camp-Fire Girl. It is made of heavy brown linen and embroidered in a happy combination of red, blue, green, yellow, and black. The border and lettering at the bottom are done with a coarse, loosely twisted cotton, and the horse and Indian figure with three threads of stranded cotton, repeating the colors used in the border. The solid spots in the border are worked in satin-stitch, the lines in single stitch, and the rest of the design is outlined. A color diagram, furnished with each pattern, shows exactly where each color is to be placed when working.

No. 17-5-51. Pillow in Outline and Satin Stitch

Size, 16 x 22 *inches.* Design stamped on brown linen (material given for back), 85 cents. Cotton for working, 40 cents extra. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents. A diagram showing how to place the colors will be sent with each pattern. *Work commenced on any one piece, 75 cents additional.*

Under Present Conditions all Prices Subject to Change Without Notice

"It is very excellent for the growing child"

These words of one physician concerning the wonderful value of the food, Grape-Nuts, agree with the testimony of hundreds of others who use this splendid whole wheat and barley food themselves, and recommend it to their patients.

There are several reasons:

—it digests with remarkable ease;

—it contains the entire nutriment of the grain, including the vital mineral elements so often lacking in the ordinary dietary, and which the child *must have* to make him well-developed and healthy;

—it is appetizing and satisfying;

—eaten with cream (or milk) Grape-Nuts is an ideally balanced food.

For young or old, as an every-day ration—

Grape-Nuts

"There's a Reason"

FOR SWIMMING A WOOL SKULL CAP IS PARTICULARLY FAVORED

Knitted Skull Cap for Men or Boys

By Elsa Barsaloux

Materials: No. 17-5-52. One-half skein Scotch Knitting Worsted, 35 cents. Colors: mixed gray, dark green, garnet, and navy blue. Five steel knitting-needles No. 8, 15 cents.

MEN'S. — Twenty-four-inch head size (8 stitches to the inch). Cast on 144 sts, repeat, k 1, p 1, 18 times on each of 4 needles. *2d round*—* k 1, p 1, repeat from * on the 144 sts (these sts folded in half will measure 18 inches). Repeat 2d round until there are 48 rounds, about 4¾ inches or desired length.

TO SHAPE CROWN. — * Knit 16, k 2 sts together, repeat from * 8 times, p 1 round. Repeat these two rounds alternately, having 1 st less between each of the 8 mitres until there are 8 sts left, bind off, and draw together at inside of cap, fasten.

Boys'

For each inch smaller head size cast on 8 sts less, follow directions, then divide sts for crown in 8 parts. To shape same, having 8 mitres of 2 sts k together, and the remaining sts equally divided between the 8 mitres, and follow directions.

A Stork Luncheon

[CONCLUDED FROM PAGE 15]

soup with pink coloring till fairly deep red. Add one small can pimentoes put through smallest blade of meat-grinder. Whip one large coffee-cup double cream till stiff. When gelatine mixture is *cold and almost set* add it a little at a time to the whipped cream and beat thoroughly. Mold in tiny individual molds and turn out on lettuce leaves. Serve with mayonnaise dressing.

Strawberry Japanese Coupe

In the bottom of a coupe glass put a tablespoonful of preserved strawberries and their juice. Put on this a large spoonful or fill glasses three-quarters full of strawberry ice cream, and top with Jap Sunday mixture.

Jap Sunday Mixture

To whipped cream add quartered marshmallows, pecan nuts, and maraschino cherries cut fine. Let chill thoroughly. Use as a sauce for ice cream in coupe glasses.

The last course should consist of nuts, raisins, and black coffee served at table. Serve the nuts whole in the shell, one of the walnuts on the young mother's plate should be specially prepared before the plates are passed. The meat should be taken out and a slip of paper put in its place, and the halves glued together. The guest of honor on breaking it open reads something like this:

"After lunch, when we go into the other room please look under the clock on the mantelpiece."

These slips used in the distribution of the presents may be prepared beforehand by the hostess, and are easily put around with the presents while the guests are taking off their wraps upstairs.

When the guests go into the other room the guest for whom the luncheon is given looks under the clock, and finds another slip, reading perhaps, "Look inside the cover of Modern Priscilla on the centre table!" There she finds still another slip directing her somewhere else. At every fourth or fifth slip, she finds one of the presents brought by the other guests. After the enjoyment of finding and opening the presents is over, the party settles down to what a college man calls a "talk fest" and needles and tongues fly.

Dressing-Table Embroideries

ILLUSTRATIONS ON PAGE 4

No. 17-5-4. PINCUSHION. Design stamped on ivory-white linen (top and back), 55 cents. Cotton for working, 18 cents extra; silk for working, 40 cents extra. White muslin-covered form, 5½ x 15 inches, 35 cents. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents.

No. 17-5-5. OVAL DOILIES. *Size,* 7 x 11 *inches.* Design for two doilies stamped on ivory-white linen, 30 cents. Cotton for working, 12 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-6. SCARF. *Size,* 12 x 42 *inches.* Design stamped on ivory-white linen, 65 cents. Cotton for working, 18 cents extra; silk for working, 35 cents extra. Perforated stamping pattern, 40 cents. Transfer pattern not supplied.

Mercerized crochet cotton, white loose twist, for edges of the three above numbers (4 balls), 60 cents. Steel crochet-hook No. 8, 10 cents.

No. 17-5-7. SET OF DOILIES. Design for three doilies (two 10-inch and one 10 x 15 inch), stamped on white poplin, 45 cents. Cotton for working, 35 cents extra; silk for working, $1.20 extra. Perforated stamping patterns: one 10-inch doily and one 10 x 15 inch doily, 40 cents. Transfer patterns: two 10-inch doilies and one 10 x 15 inch doily, 25 cents.

No. 17-5-8. PINCUSHION TO MATCH DOILIES (not illustrated). Design stamped on white poplin (top and back), 40 cents. Cotton for working, 30 cents extra; silk for working, 90 cents extra. White muslin-covered form, 5½ x 15 inches, 35 cents. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents.

No. 17-5-9. PINCUSHION. Design stamped on heavy white linen (top and back), 60 cents. White cotton for working, 21 cents extra. White muslin-covered form, 5½ x 15 inches, 35 cents. Perforated stamping pattern, 35 cents. Transfer pattern, 15 cents.

No. 17-5-10. BUREAU SCARF. *Size,* 20 x 42 *inches.* Design stamped on heavy white linen, $1.25. White cotton for working, 49 cents extra. Perforated stamping pattern, 50 cents. Stamping paste, with directions, 10 and 25 cents a box. Transfer pattern not supplied.

A diagram showing how to place the colors will be sent with each pattern of all the designs shown on this page except Nos. 17-5-9 and 17-5-10.

Embroidery commenced on any one piece, 75 cents additional.

UNDER PRESENT CONDITIONS ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE

Vantine's Dainty Spring and Summer Kimonos

AS a comfortable negligee gown, especially for wear when the weather is warm, there is nothing so delightful as an imported Japanese kimono. The quaint Oriental creations illustrated above are of excellent quality, perfectly finished, and are practical as well as pretty. You may order any of the kimonos shown, by mail direct from this advertisement, confident that the kimono you select will be exactly as represented. We prepay all transportation charges, and refund on all purchases not entirely satisfactory. In ordering, simply state color and number of kimono desired.

No. P2457. An imported kimono of fine quality cotton crepe, prettily embroidered in floral designs; comes in old blue, light blue, old rose, pink and lavender. Price, prepaid . . . **$7.50**

No. P3013. Artistically hand-stenciled imported kimono of figured cotton crepe in a variety of dainty floral designs, natural coloring; comes in old rose, lavender, old blue, pink, gray and navy. Price, prepaid **$4.50**

No. P3192. Imported kimono of hand-printed Habutai silk, in a variety of dainty floral designs; comes in old blue, light blue, lavender and white. Price, prepaid, **$7.50**

No. P5084. An imported kimono of cotton crepe with facing of white Habutai silk; comes in old rose, pink, old blue, and light blue, hand-embroidered in floral designs. Price, prepaid, **$2.50**

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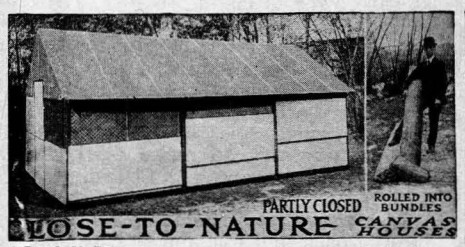


A **Fresh Air Retreat** on your **Lawn** and a **Luxury** in the **Camp. Designed** especially for **sleeping** and **living** in the **open air.** As **open** to the **air** as an **umbrella** but **instantly** closed **weather-tight. Lets** the **air in** but **keeps** the **insects out.**

Easily **erected** or quickly **collapsed** and **rolled** into **bundles** without the **removal** of a **bolt** or the **use** of a **tool.**

Why **swelter** on **hot** nights when the **Close-To-Nature houses** are as **cool** as the **atmosphere?**

Improve your **poor health** or maintain your **good health** by **sleeping** in the **open air.**

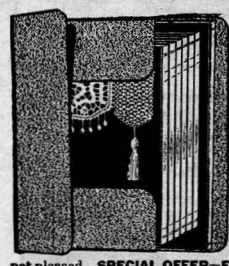
Eight sizes to meet all requirements. Send for illustrated catalog.

CLOSE-TO-NATURE CO. - - 380 Front St., COLFAX, IOWA

CASH paid for butterflies, insects. Some $1 to $7 each. Easy work. Even two boys earned good money with mother's help and my pictures, descriptions, price list, and simple instructions on painlessly killing, etc. Send 2c stamp at once for prospectus.

SINCLAIR, Box 244, D 72, Los Angeles, Cal.

Portfolio of Crochet



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Tatting for the Baby

[CONTINUED FROM PAGE 10]

next p, 2 d s, 2 p 2 d s between, 5 d s, close; ch 10 d s, p, 3 d s; r 5 d s, join to second p on last r, 5 d s, p, 5 d s, close, ch 3 d s, p, 10 d s, repeat clover-leaf, joining second p of first r to preceding r, * ch 10 d s, p, 5 d s, repeat small r, repeat ch and clover-leaf (c l). Repeat seven times from *, making eight in all, ch 10 d s, p, 3 d s, repeat small r; ch 3 d s, join to p on first ch made on this row, 10 d s, tie, and cut.

Make medallion for centre next. Begin on left side, make four c l, consisting of r 5 d s, 5 p 2 d s between, 5 d s, close; r 5 d s, join, 2 d s, p, 2 d s, join to p on fourth ch from toe, 2 d s, p, 2 d s, join to next p, 2 d s, 2 p 2 d s between, 5 d s, close; repeat first r; ch 14 d s, long p, 14 d s; r 5 d s, p, 2 d s, join to second p on last r, 2 d s, p, 2 d s, join to next p on preceding row, 2 d s, p, 5 d s, close; r 5 d s, join, 2 d s, 2 p 2 d s between, 2 d s, join to p at toe, 2 d s, 3 p 2 d s between, 5 d s, close; repeat first r, joining the same way. Repeat ch, joining in long p and first c l, joining the same way. Repeat ch, and make c l to form top, joining 2d p of 1st p to 2d p of preceding r, and last r to first r made; repeat ch, tie, and cut.

Top row — Begin at left side, r 6 d s, p, 6 d s, p, 6 d s, close; * ch 8 d s, join to first p on 2d row, 8 d s, p, 6 d s; small r 4 d s, join to first r, 4 d s, p, 4 d s, close; ch 6 d s, make c l; r 5 d s, join, 2 d s, 4 p 2 d s between, 5 d s, close; r 5 d s, join, 2 d s, 6 p 2 d s between, 5 d s, close; repeat first r, ch 6 d s, repeat small r; ch 6 d s, join to p on preceding ch, 8 d s, join to next p, 8 d s; r 6 d s, join to small r, 6 d s, p, 6 d s, repeat from * 5 times, making six.

Run the rattail braid in the rings as illustrated, and finish ends with four rings made of 5 d s, 5 p 2 d s between, 5 d s, close, repeat and join together.

Crochet the bottom of shoe thus: Chain 40, d t in 4th st, d t in each of 35 sts, 10 d t in last st, to turn, 1 d t in each of 35 sts of ch, 10 d t in 3 sts forming first d t, * d t in top of each d t along side, 2 d t in each of 7 t at the end, repeat from *. Continue bottom in this way until you have nine rows of d t, widening as necessary to make work lie flat. Fasten off with 2 t, 1 d, and 1 sl st.

Lay tatted top smoothly on sole, joining back and toe, and sl st to sole by the picots.

Square Pillow

MATERIALS. — Stamped Persian lawn, embroidery cotton, and 1 ball of No. 30 crochet thread for tatting.

Ring 6 d s, p, 6 d s, close; ch 6; r 2 d s, 11 p 2 d s between, 2 d s, close; ch 4 d s, 3 p 4 d s between, 4 d s; * r 6 d s, join to 3d p on large r, 6 d s, close; ch 2 d s, 7 p 2 d s between, 2 d s; r 6 d s, join in same p, 6 d s, close; ch 4 d s, 3 p 4 d s between, 4 d s, join to 6th p, 6 d s, r, 6 d s, p, 6 d s, close; ch 6 d s; r 2 d s, 11 p 2 d s between, 2 d s, close; ch 4 d s, p, 4 d s, join to middle p on opposite ch, 4 d s, p, 4 d s, repeat from *.

FOR CORNER. — Ring 6 d s, p, 6 d s, close; ch 6; r 2 d s, 11 p 2 d s between, 2 d s, close; ch 4 d s, p, 4 d s, join to middle p on opposite ch, 4 d s, p, 4 d s; r 6 d s, join to 3d p on large r, 6 d s, close; ch 2 d s, 7 p 2 d s between, 2 d s; r 6 d s, join to same p, 6 d s, close; repeat last ch; r 6 d s, join to 6th p, 6 d s, close; repeat ch and r; ch 4 d s, 3 p 4 d s between, 4 d s, join to 9th p, 6 d s; r 6 d s, join to first r made, 6 d s, close.

FOR INSIDE OF EDGE. — Ring 6 d s, join to 9th p of large r, 6 d s, close; ch 2 d s, 4 p 2 d s between, 2 d s, join to small r, 2 d s, 4 p 2 d s between, 2 d s, repeat from beginning.

Round Pillow

MATERIALS. — Stamped Persian lawn, embroidery thread, and No. 30 crochet cotton (1 ball).

Ring 7 d s, 3 p, 5 d s between, 7 d s, close; ch 4 d s, 3 p 3 d s between, 4 d s; * r 5 d s, join, 2 d s, p, 5 d s, close; repeat ch; r 7 d s, join to small r, 5 d s, join to middle p on first r, 5 d s, p, 7 d s, close; repeat ch, small r, ch, large r; ch 3 d s, 3 p 3 d s between, 3 d s; r 7 d s, 3 p 5 d s between, 7 d s, close; ch 4 d s, join to last p on ch on preceding scallop, 3 d s, join to middle p, 3 d s, p, 4 d s, repeat from * until desired length is made.

Heart-Shaped Pillow

MATERIALS. — Stamped Persian lawn, embroidery thread, and No. 30 crochet cotton (1 ball).

Ring 6 d s, p, 6 d s, p, 6 d s, close; ch 7 d s, p, 2 d s, p, 7 d s, p, 6 d s; r 4 d s, join 1st r, 4 d s, p, 4 d s, close; ch 6 d s; clover-leaf (c l) of r 5 d s, join, 2 d s, 4 p 2 d s between, 5 d s, close; r 5 d s, join, 2 d s, 6 p 2 d s between, 5 d s, close; repeat first r of c l; ch 6 d s; r 4 d s, join, 4 d s, p, 4 d s, close; ch 6 d s, join to p of opposite ch, 7 d s, p, 2 d s, p, 7 d s, repeat from beginning. For scallop in top of heart. ch 7 d s, p, 2 d s, p, 7 d s; r 6 d s, join, 6 d s, join to beginning, 6 d s, close, ch 7 d s, p, 2 d s, p, 7 d s, tie, and cut.

Bonnet No. 17-5-34

MATERIALS. — Two balls of lustre crochet cotton (loose twist) and ribbon to trim.

CENTRE OF CROWN. — Ring (r) 2 d s, 8 p sep by 3 d s, 1 d s, close; tie and cut thread.

Rest of bonnet is made with two threads.

1st row — * Ring 5 d s, p, 5 d s; join to centre, 5 d s, p, 5 d s, close. Chain (ch) 8 d s, p, 8 d s. Repeat from *, joining 8th ring to 1st, finish with ch, tie and cut thread.

2d row—* Clover-leaf (c l) 3 r of 5 p sep by 5 d s, close, (ch 5 d s, p) 5 times, 5 d s, r 7 d s, join middle p of last r in c l, 8 d s, p, 8 d s, p, 7 d s, close, (ch 5 d s, p) 5 times, 5 d s. Repeat from *, joining 8th single ring (s r) to 1st c l, finish with ch, tie, etc. (There should be 8 c l and 8 s r in this row when finished.)

3d row — Fasten thread in middle p of s r, ch 5 d s, p, 5 d s, p, 5 d s. Join with shuttle thread to 2d p of middle r of c l, 5 d s, join to 1st p of ch, 5 d s, p, 5 d s, join to centre medallion, 5 d s, p, 5 d s, p, 5 d s, join to 4th p of middle ring of c l, 5 d s, join ch, 5 d s, p, 5 d s, join s r. Repeat. (This row is placed *between* the 1st and 2d rows.)

4th row—r 6 d s, p, 8 d s, join to 2d p of ch, 8 d s, p, 6 d s, close, ch 8 d s, p, 8 d s. Repeat around, but omit "join to chain" in every 5th ring (see cut).

5th row—* c l as directed above, joining 3d p of 1st r to ch of previous row, (ch 5 d s, p) 3 times, 5 d s, join to 3d p of 3d r of c l with shuttle thread, (5 d s, p) 3 times, 5 d s, join to 3d p of middle ring of c l, (5 d s, p) twice, 5 d s, repeat from *.

[CONCLUDED ON PAGE 26]

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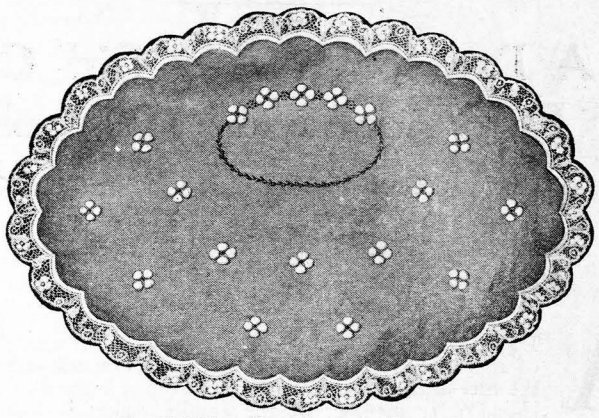

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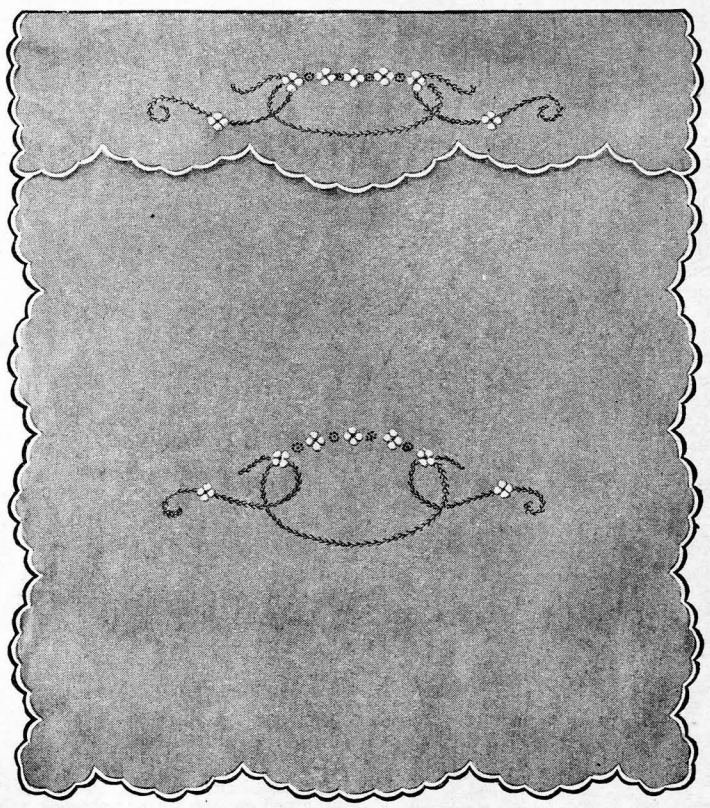
No. 17-5-55
Carriage Strap



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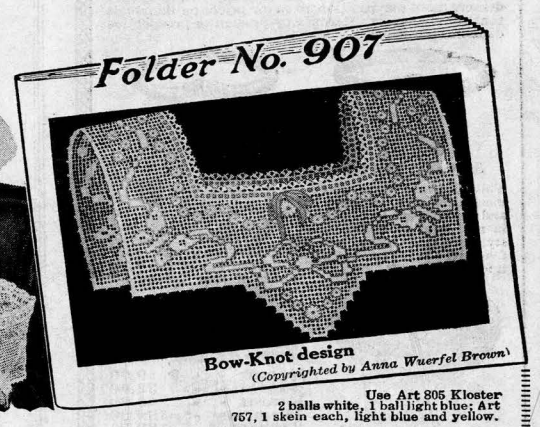

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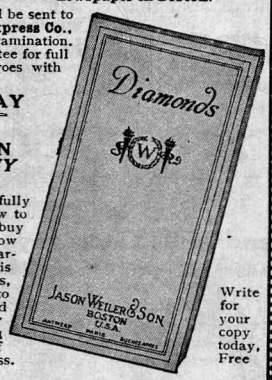

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No. 17-5-56. Dress of Voile Trimmed with Embroidery and Beads

Frills for the Girl Graduate

A Dress that Any Girl Can Embroider and a Camisole and Petticoat that Would be Acceptable Gifts

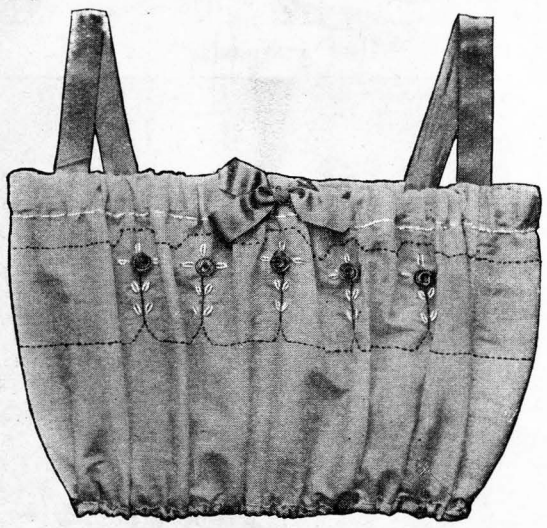
A DRESS of voile made almost entirely of straight lengths of material is easily mastered by the home-dressmaker, and the girl graduate could even embroider it for herself. Even if an older member of the family makes the dress, a girl will enjoy embroidering the roses in heavily padded satin-stitch and outlining the leaves with the small white opaque beads, sewing one bead on each dot of the stamped line. This style of trimming will be much used on dresses and waists of voile this summer.

As mentioned above, the dress is made of straight strips of material. The lower portion of the skirt is twenty-seven inches wide and three yards long. This includes only twelve scallops, so you can see how quickly the embroidery can be done. A strip sixty-five inches long and twelve inches deep forms the yoke. These scallops are smaller, and fourteen are included in the length. The lower portion of the waist, forty-eight inches long and eleven inches deep, includes ten scallops the same width as the skirt yoke. Sleeves, of course, cannot be cut straight, and outline for cutting the top portion is stamped on the material. Net for the lower portion is cut ten by thirty-six inches; net is also used for the gathered yoke. Two pieces, twelve by eighteen inches, are required for the back, and one piece twelve by forty-eight inches for the front. These portions should be gathered over a net foundation yoke that has first been fitted.

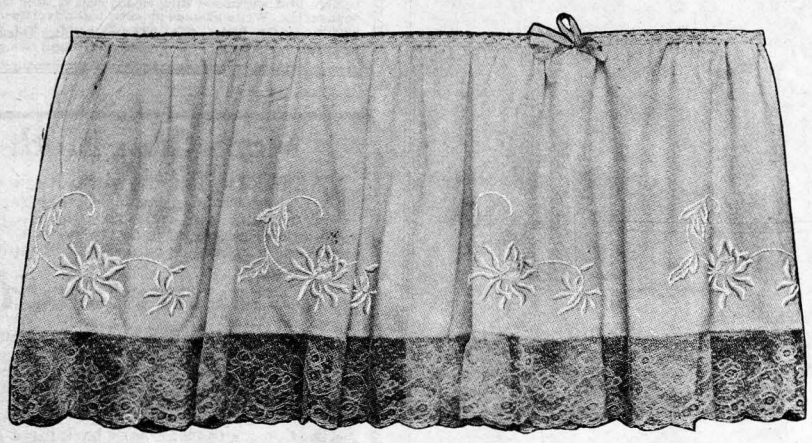
These measurements are ample for the average girl from sixteen to twenty. The length may, of course, need to be shortened to suit some figures. Part should be taken from the width of each section so as to maintain the proper proportion. That is, if the skirt is to be shortened three inches, take one inch from the yoke and two from the lower portion, and similarly with sleeves and waist, taking about half of the difference from both upper and lower portion.

A CAMISOLE of silk muslin would be a very acceptable gift for a girl, whether she happens to be a graduate or not, and never could such a pretty one be more easily made than the one illustrated. It is made wide enough to slip on over the head and an elastic is run into the hem on the lower edge. A wide hem at the top forms a casing for the ribbon, and both hems are finished at the top with white chain-stitching. Leaves are white lazy-daisy stitches, and stems are running-stitch in yellow to match the tiny yellow silk roses made of soft silk.

A petticoat flounce is always a well-chosen gift, because a person usually has some very definite idea about how, and of what material an underskirt should be made. It is seldom, too, that the giver has an opportunity of having the garment fitted. The one illustrated is embroidered in an unusually attractive chrysanthemum pattern. Petals are worked solid, centres seed-stitch, leaves in long-and-short stitch.



No. 17-5-57. Camisole Embroidered and Trimmed with Roses



No. 17-5-58. Embroidered Petticoat Flounce of Nainsook

No. 17-5-56. Voile Dress. Embroidery design stamped on white mercerized cotton voile, and white net (wash blonde), not stamped, for yoke and sleeves, $3.00. White opaque beads and cotton for working, $2.00 extra. Perforated stamping pattern of embroidery design, 50 cents. No transfer pattern.

No. 17-5-57. Camisole. Design stamped on white silk muslin, 50 cents. Cotton for working, 6 cents extra; silk for working, 15 cents extra. Yellow silk roses, 25 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern, 15 cents.

No. 17-5-58. Petticoat Flounce. Design stamped on fine white nainsook (three yards eighteen inches wide), 85 cents. Nainsook, 36 inches wide, not stamped, to complete skirt, 40 cents a yard. Cotton for working, 70 cents extra. Lace edging, 70 cents extra. Perforated repeating pattern of design, 25 cents. No transfer pattern.

Stamping paste, with directions, 10 and 25 cents a box.

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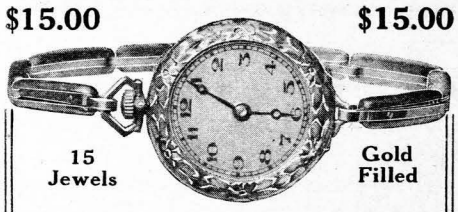

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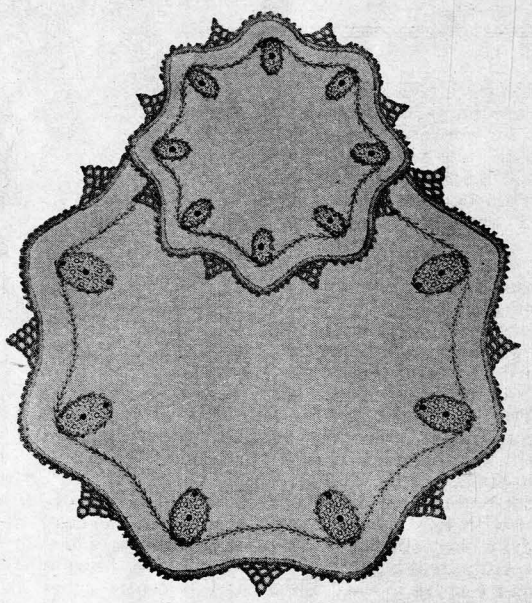
A Patchwork Luncheon Set for the Bride's Chest



By Bertha Gray Hayes

THE materials chosen for this quaint luncheon-set are such as our own great-grandmother might have selected when she was a young girl busily filling her dower chest.

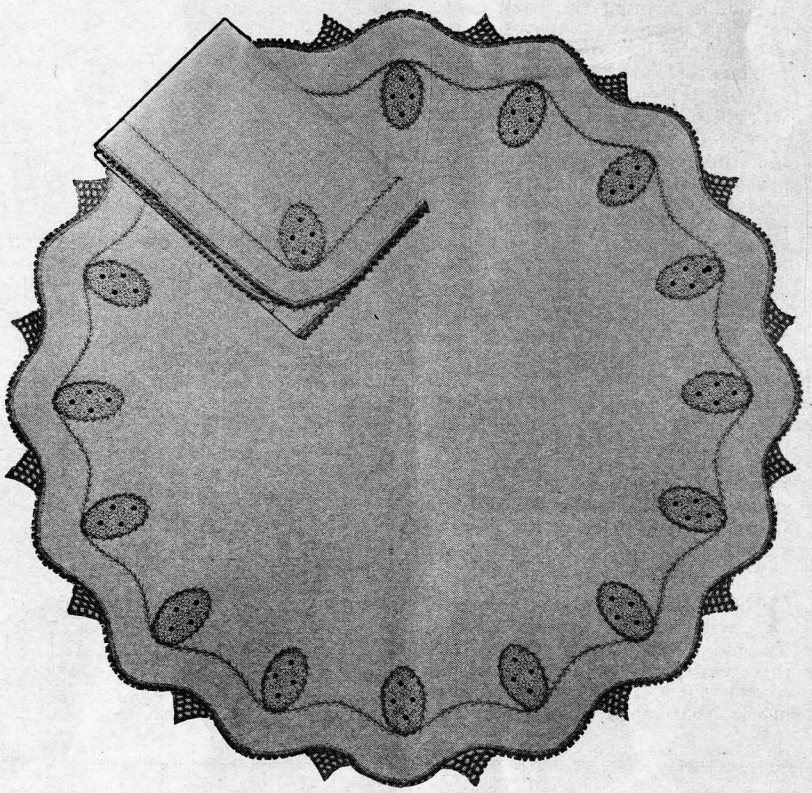
Tiring, perhaps, of constantly sewing "a long white seam" on the lavender-scented linen sheets of her own spinning, she searched about for something a bit more frivolous, and found it in a roll of soft unbleached cloth, and a bit of fine calico which her own mother had brought from England years before.

With a crochet-hook and needle she fashioned a dainty table-cover to suit her fancy, and now her own great-granddaughter with her up-to-date cedar "hope chest" is copying the quaint patchwork, with its feather-stitching and crocheted border, into a luncheon-set to use when the girls come to take tea with her.

The edge of the pattern is stamped with little marks indicating the space which the crocheted pyramids are to occupy in the little valleys between the hills. When the pieces are cut out these marks are of course lost unless extended in pencil a little way inside the stamped line. The actual size of the pyramids is also indicated on the margin of the pattern.

Cut on the stamped outlines, turn a ⅛-inch hem and baste, making little slashes in the concave part of the edge to make it lie flat, and stitch close to the edge. Begin at the little mark at the right of a "hill," make 5 double crochet (d), picot of 5 ch, 5 d, p, and repeat over the hill to next mark, d to next, ch 5 and fasten back about ¼ inch into edge with slip stitch. There should

[CONCLUDED ON PAGE 26]



No. 17-5-59. A QUAINT LUNCHEON SET

Designs for set of thirteen pieces (one 21-inch centrepiece, six 11-inch doilies, and six 6-inch doilies), stamped on unbleached cotton sheeting and blue print for patches, 85 cents. Blue embroidery cotton for working, 53 cents extra. Crochet cotton (loose twist) for edges, seven spools blue, 70 cents extra. Perforated stamping pattern of set of three sizes (one 21-inch, one 11-inch, and one 6-inch), 45 cents. Stamping paste, with directions, 10 and 25 cents a box.

No. 17-5-60. NAPKIN TO MATCH SET

Size, 14½ inches. Designs for six napkins stamped on unbleached cotton sheeting and blue print for patches, 60 cents. Blue embroidery cotton for working, 12 cents extra. Crochet cotton (loose twist) for edges, two spools blue, 20 cents extra. Perforated stamping pattern, 20 cents.
Steel crochet-hook, 10 cents.
Embroidery commenced on any one piece, 75 cents additional.

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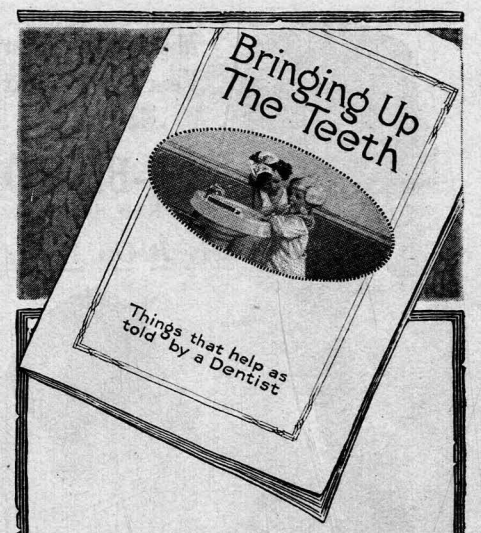

This booklet is very valuable to mothers of young children.

It contains a great deal of information about the teeth; why, how, and when to clean them; how they should grow and develop; how they may be preserved by simple care.
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The Priscilla Junior Club

A Group of Juniors

DEAR JUNIOR GIRLS:

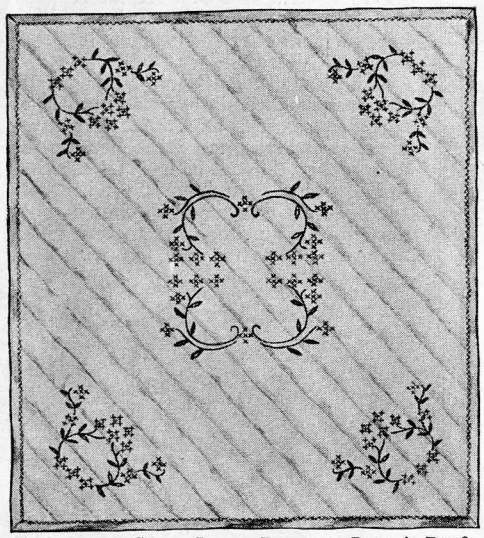
There are many of you who have asked for more fancy-work so this month we will make a doll's bed-set. Some girls write me that they do not play dolls any more, but I am sure that they know little girls who do and it will be fun to make these things and then use them for birthday or Christmas gifts.

Surely every girl wishes to learn how to sew and make pretty things. I wish that you might see the darling silk muslin bed-puff shown in the centre of the page. You can make it of either blue or pink and bind it with the same color if you like. Supposing we select blue silk muslin, pink ribbon for binding, and embroider it in pink, yellow, and green.

First put an embroidery hoop over the part of the design that you wish to start on. Select a fairly fine crewel needle and draw two strands from your pink embroidery cotton. Carefully make all the crosses of the flowers except the centre cross in each blossom; this centre cross is yellow. Remember to keep the upper thread of each cross always running in the same direction. Now, take two strands of the green thread and work all the stems in outline-stitch, taking short even stitches. You remember, of course, that you should work the outline-stitch away from you; that is, you begin at the end of the line nearest you and point the needle toward you and work away from you. When the stems are all finished we will pad the leaves by running little stitches lengthwise and then carefully covering them with satin-stitch running across the padding. Make the stitches even and close together so that the work really looks satiny and smooth with even edges.

Perhaps you have not tried satin-stitch and would not like to practise on this pretty puff. In this case use the lazy-daisy stitch, which is so easy to make. If you will look through the back copies of The Modern Priscilla, you will find the lazy-daisy stitch carefully described and illustrated.

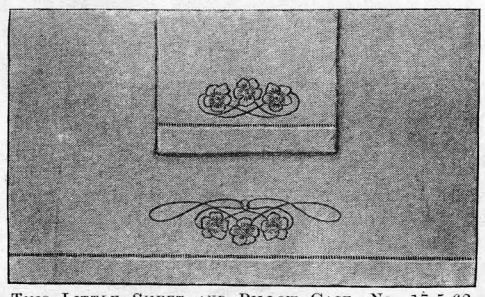
When the puff is all embroidered we will put it together. The back is a piece of plain silk muslin of the same color as the front. Cut a sheet of light-weight cotton wadding the same size and put between the back and front, baste all together and then quilt by taking small stitches through from back to front in straight lines running diagonally across the quilt. It may be necessary to draw pencil lines on the back as guides so that your quilting lines will run straight and true. After the quilting is done, fold the binding ribbon through the middle and baste over the edges of the puff. You can now feather-stitch or catstitch the binding to the puff or fasten it in place with French knots.



Isn't this a Sweet Little Puff for Dolly's Bed?

No. 17-5-61. Bed Puff. Design stamped on blue or pink silk muslin and cotton for working, 25 cents. Silk muslin, not stamped, for lining, 15 cents extra.

No. 17-5-62. Sheet and Pillow Cases. Designs stamped on white nainsook (one sheet, two pillow-cases) and cotton for working, 30 cents.



This Little Sheet and Pillow Case, No. 17-5-62, are for the Same Bed

THE sheet and pillow-cases will not be so much work. To make the sheet, crease back three-eighths of an inch at the top of the sheet, then crease an inch below that; baste in place and hem with fine even stitches. Make a half-inch hem at the bottom of the sheet. Now, thread your needle with your blue embroidery cotton. You will notice that this cotton is different from that we used on the puff; this is not stranded and the color is sure to be just as pretty after dolly's bed linen has been laundered. Do this design entirely in outline-stitch, except the rays on the pansy petals. These rays are but a single straight stitch each. You may work a tiny solid centre for each flower or use two or three French knots if you wish.

Seam the pillow-cases across the bottom and up one side before hemming and then hem just as you did the sheet. The embroidery is finished in the same way also.

YOU will all be curious about the interesting group of Juniors at the top of the page. They are Doretta Lurene, Carol Louise, and James Adams, of New Jersey. "Bob," the cat, is also an important member of the group. Perhaps you would like to hear what Lurene wrote about "Bob."

"I am going to tell you about my kitten, she was born without a tail so we know she is a Manx cat. Beside our house there is a large field and "Bob" almost lives in that field. When my father calls her, she jumps and runs for the back-door, and she goes to my father and curls up in his lap for a sleep.

"One day I was cleaning the living-room and when I looked out of the window I saw a bunch of white butterflies around "Bob." She made such a pretty picture and looked so cute bobbing her head about trying to watch all the butterflies at once. One time she caught a big one and carried it to Sister.

"There is an old sea captain across the street from us. He is very good to us and lets us play with his picture puzzles. He has thirty-two of them! Once he received a large parcel and what do you suppose was in it? A big boat from one of his friends at sea, and it had a cunning little bit of a boat with oars! This sea captain tells us of his wonderful voyages around the world."

JUNIORS, I want to thank you, for all the pretty valentines you sent me last February. There were so many of them that I could not find time to thank each of you separately. I am sorry that so many of you were disappointed because you did not win prizes, and especially after spending so much time and thought on your papers! But we received at least a hundred papers that deserved prizes and out of these the judges had to select the twelve most attractively decorated papers, taking the age of the contestant into consideration, of course.

Watch for the announcement of the Juniors' Crochet Contest next month!

Your loving
Aunt Priscilla.

May Contest

Please send me drawings or paintings of flowers. Do the work all yourself, free hand, and sign your name, age, and address. No work will be accepted from Juniors over sixteen years of age. You may select any flower or flowers you like.

Boxes of water-colors or stencil outfits will be given to the ten Juniors who send the very best pictures. All papers must reach this office by May fifteenth. Address all letters and packages to Aunt Priscilla, care Priscilla Publishing Company, 85 Broad Street, Boston, Mass.

February Prize Winners

Elizabeth Ney, 8 years, Pa.; Marcus D'Arcy MacMahon, 9 years, Ca.; Olive I. Goodrich, 9 years, Calif.; George Grasty, 9 years, Mo.; Walton P. Lewis, 10 years, Mass.; Delphine Caron, 12 years, C. America; Frank Wm. Gaus, 12 years, Ill.; Auburn Ross, 12 years, N. Y.; Bernice Town, 12 years, Ia.; Lois Baker, 12 years, Ga.; Sadie M. Glaser, 13 years, Calif.; Viola R. Jones, 14 years, Ill.

Correct Answers

Cupid Arrow-bow Valentine Rhyme Comic

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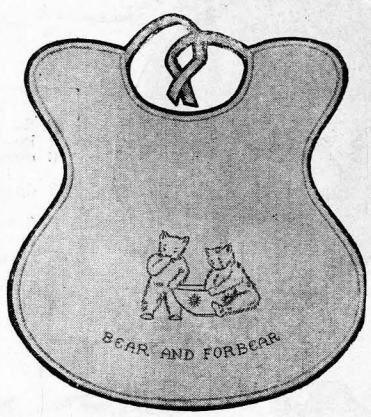
When You Eat in the Nursery

JUNIOR TABLE LINENS

By M. Alethea Warren

DID you ever take tea in the nursery with the kiddies? If you have, you know just how proud they are of all the appurtenances of their table. Can't you see the joy of the four and five year olds who could boast a set of Bear and Forebear linens?

Little Mr. Bruin and his brother are so jolly and mischievous, and there are so many nice sounding words to puzzle over on the cloth, which surely is a tea-cloth because there's a whole tea-set right on it in pictures. Of course the napkin is for quite a big girl or for a visitor like yourself.



No. 17-5-63

WHO COULDN'T FORBEAR IF THEY OWNED THIS BIB?

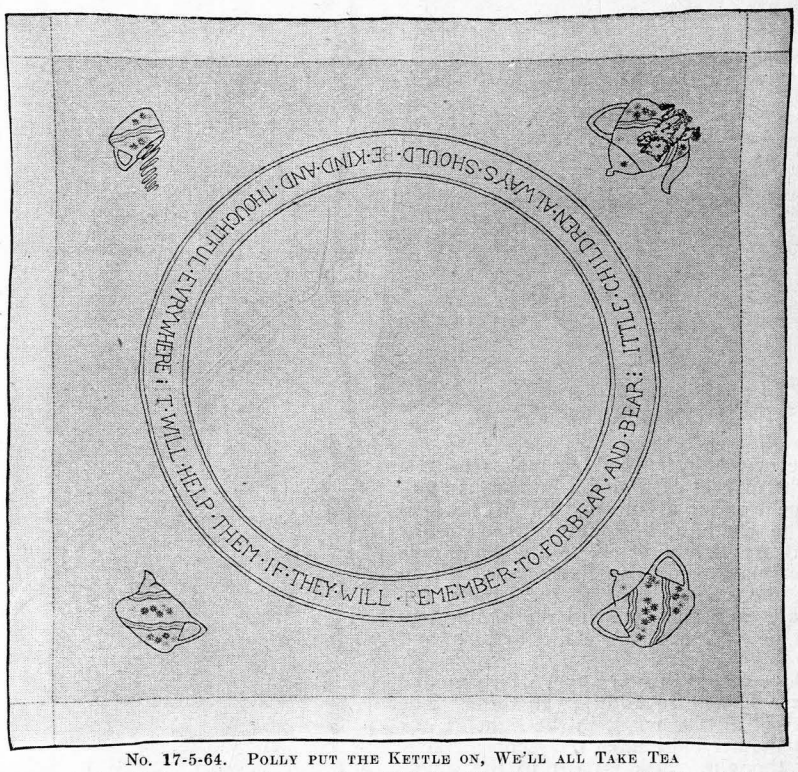
Design stamped on white linen, 25 cents. Cotton for working, 12 cents extra. Tape for binding, 6 cents extra. Perforated stamping pattern, 20 cents.

Cloth and napkin are of white linen and come all neatly hemstitched, so one hasn't that difficulty to worry about. The linen is nice and fine too. The bib is bound with white bias binding and ties with white tapes.

The embroidery is so simple and such fun to do that a sixteen-year-old girl or one even younger, if she could keep still long enough, could easily make the set.

Blue is the predominating color and is used in two shades. The bears are brown and here and there a touch of yellow adds joy to the whole scheme. Diagrams sent with the patterns show just where to place each color.

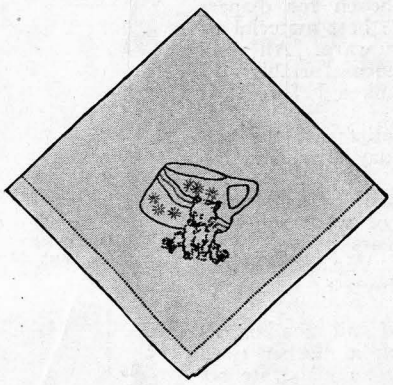
All lines and letters are in outline-stitch, flower petals and lines indicating the bears' fur are single stitches. The flower centres are French knots, and when you make the French knots you need wind the cotton only twice around your needle before pulling it through, as the knots are small.



No. 17-5-64. POLLY PUT THE KETTLE ON, WE'LL ALL TAKE TEA

Size, 36-inch. Design stamped on a hemstitched white linen square, $1.50. Cotton for working, 30 cents extra. Perforated stamping pattern, 45 cents. Stamping paste, with directions, 10 and 25 cents a box.

A diagram showing how to place the colors will be sent with each pattern of the designs on this page.



No. 17-5-65

OF COURSE IF YOU'RE QUITE BIG YOU USE A NAPKIN INSTEAD OF A BIB

Size, 15-inch. Design stamped on a hemstitched white linen napkin, 40 cents. Cotton for working, 12 cents extra. Perforated stamping pattern, 10 cents.

Work commenced on any one piece, 75 cents additional.

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"Here's to your good teeth!"

PERFECT health is never possible without the possession of well-conditioned teeth. Your teeth will not be in that state unless the gums are firm and sound.

The logical selection of dentifrice is the one that will protect both your teeth and gums.

Sozodont Liquid Dentifrice is made for that particular purpose, and very reasonably should be your choice. It is the finished product, resulting from years of search and research in our laboratory.

It has harmless, but very effective, antiseptic properties prepared in due consideration of the delicate membrane that nature has placed in the gums and mouth.

Regular users of Sozodont, some of whom have given it the test of years, will attest to the facts we state.

Sozodont, with the same basic elements, is also made in Paste and Powder form, but our first recommendation is Sozodont Liquid. Because of its nature, its action is rapid from the brush, and while it is thoroughly cleansing the teeth, it gently comes into contact with the gum tissue, preventing the recession of the gums, and provides every other function possible in a dentifrice.

Send two cents for a generous sample of Sozodont, or purchase a full container from your druggist for 25 cents.

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This guarantee applies whether the purchase is made from the advertiser direct or through your home-town merchant. The only condition is, in purchasing it is necessary for you to state you saw the advertisement in THE MODERN PRISCILLA.

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The Priscilla Publishing Company

Arthur J. Crockett — Advertising Director

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145 COLUMBIA AVE., PHILA.

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BUY DIRECT FROM THE MANUFACTURER

SPECIAL OFFER

Either style pin here illustrated with three or four letters and two numerals—one or two colors of hard enamel. Silver Plate 15c each, $1.50 per dozen; Sterling Silver 30c each, $3.00 per dozen. Write for 1916 catalog. Free upon request.

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The Perfection Extension Shoe for any person with one short limb. Worn with any style of ready-made shoes with perfect ease and comfort. Shipped on trial. Write for booklet.

Henry L. Lutz, 313 3rd Ave., N. Y. City

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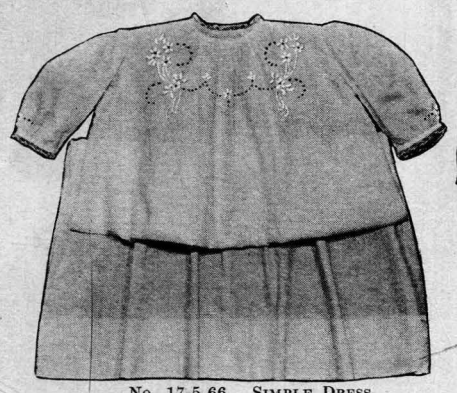
Every new PRISCILLA has advertisements you never saw before.

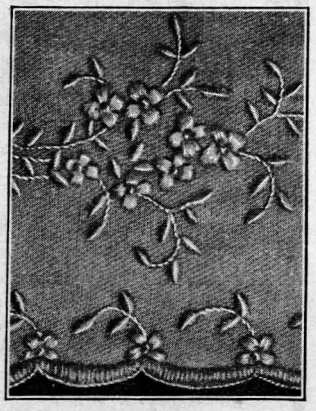
Clothes for t
One Mother's Layette Lis



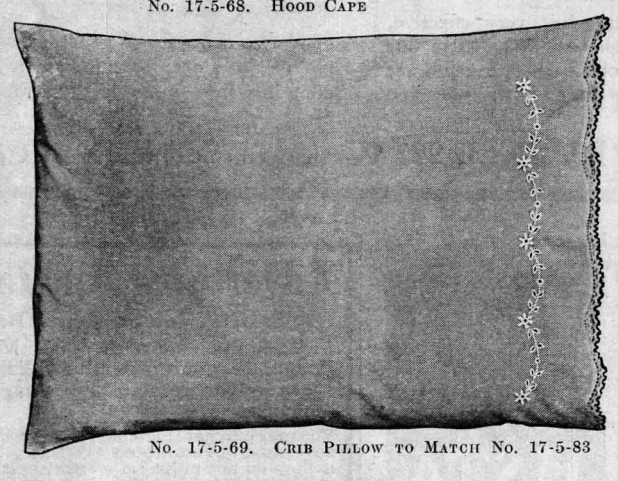
No. 17-5-66. Simple Dress

No. 17-5-67. Hand-Made Dress

No. 17-5-68. Hood Cape



The detail above shows the embroidery on the hood cape reduced about one-fifth. The little flower sprays from each point of the scallop extend around, about ten inches from each corner.

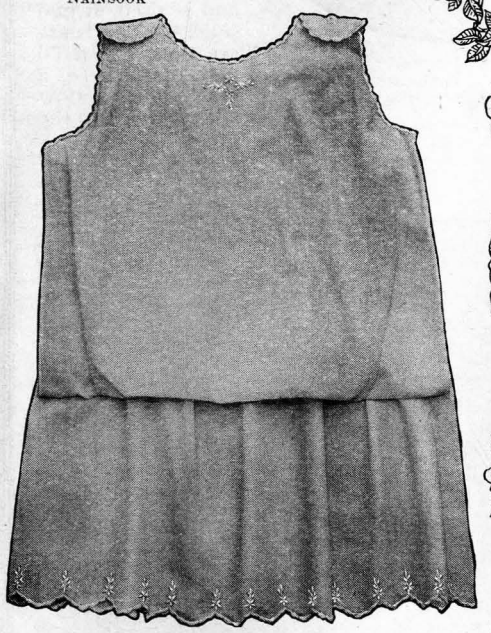


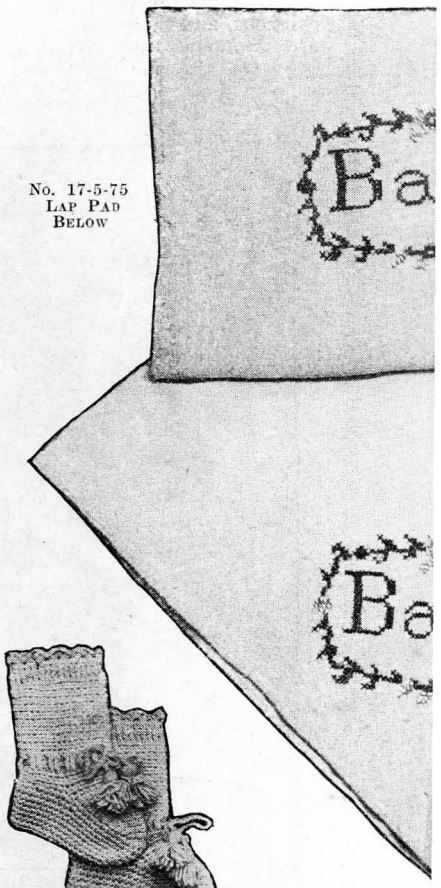
No. 17-5-69. Crib Pillow to Match No. 17-5-83

No. 17-5-70. White Cashmere Kimono

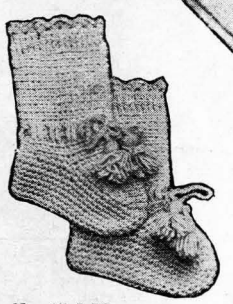
- 3 flannel binders
- 4 knitted shirts
- 6 dozen cheese-cloth diapers 1 yard square
- 3 dozen cotton bird's-eye diapers 22 inches square
- 6 flannel Gertrude petticoats
- 4 nainsook Gertrude petticoats
- 8 plain slips (nainsook)
- 4 fine slips (batiste and nainsook)
- 4 kimono wrappers (cashmere)
- 2 hood capes (cashmere)

No. 17-5-71 Below — A Gertrude of Nainsook

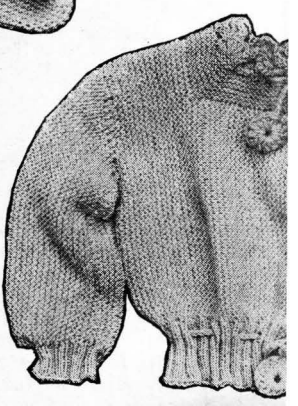




No. 17-5-75 Lap Pad Below



No. 17-5-76 Crocheted Socks



Directions on Page 46

No. 17-5-84. Towel

Clothes for the new baby! Nothing makes us feel more strongly the marvel of a single human life and at the same time wonder at the myriad lives which have peopled the earth. The mother who to-day plans the daintiest of layettes is, in spirit, doing what millions of other mothers in many centuries have done. From the swaddling clothes of the ancient East to the simple, exquisite garments of to-day, each has given to the clothing in which her child was to be wrapped the same dreams and devotion.

In olden times it was love and tradition alone which guided the mother. Now we have science in addition to these. The modern mother plans first of all for what, in the light of our present knowledge, will make her baby most truly comfortable.

Materials are her first thought. Silk is soft to the touch, but it must be discarded for use where it comes in contact with the skin because it is not absorbent. If the baby perspires, silk clothing grows clammy and may chill the delicate skin. Linen is not used because it has the same chilling property. Cotton is better and is therefore chosen for diapers and for summer underclothes. Wool is the best material of all, though it must have a cotton or a silk warp. All wool fabrics shrink badly in washing and grow uncomfortably stiff with continued use. Wool should be shrunken before it is made up.

For slips or dresses, fine nainsook and batiste are the best materials. Nainsook is best for the every-day slips, and batiste for the "company" dress.

The layette on this page is one actually made by a thoughtful young mother for her baby. The list of what she considered a minimum number of pieces appears above. This is a pretty complete and dependable list. Variations from it will largely depend on how often the tiny clothes are to be laundered.

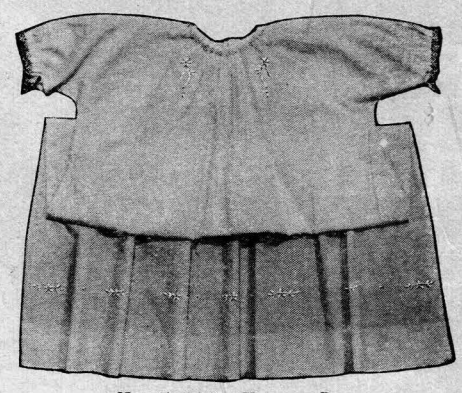
The construction and ornamentation of all the baby's clothes is simplicity itself. The days when a mother tired herself nervously and physically in making an elaborate set of garments are happily past. We know now, too, that the truest beauty lies in lovely texture, workmanship, and spotless cleanliness. Overdecorated clothes are never more out of place than on a tiny baby. The patterns and the stitches should be small and delicate to harmonize with the being, only about sixteen inches long, for whom they are planned.

For Description of Patterns Us

he New Baby
st for the First Six Months

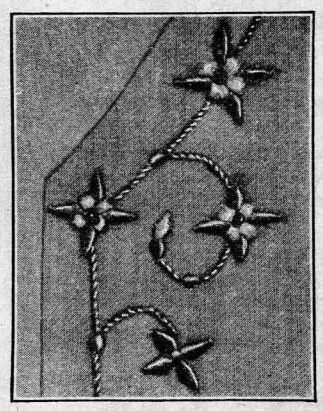
3 small blankets (flannel)
3 pairs bootees
2 knitted hoods
2 wool sleeping-bags (washable)
1 eiderdown puff
4 pillow-slips
8 sheets
3 lap pads (Turkish toweling)
6 wash-cloths (Turkish toweling)
3 large towels (Turkish toweling)
4 small soft linen towels

No. 17-5-80. Tucked Dress

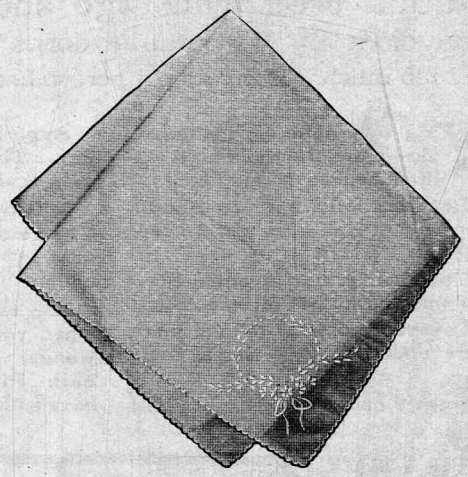


No. 17-5-79. Kimono Dress

No. 17-5-81
Below — White Flannel Gertrude

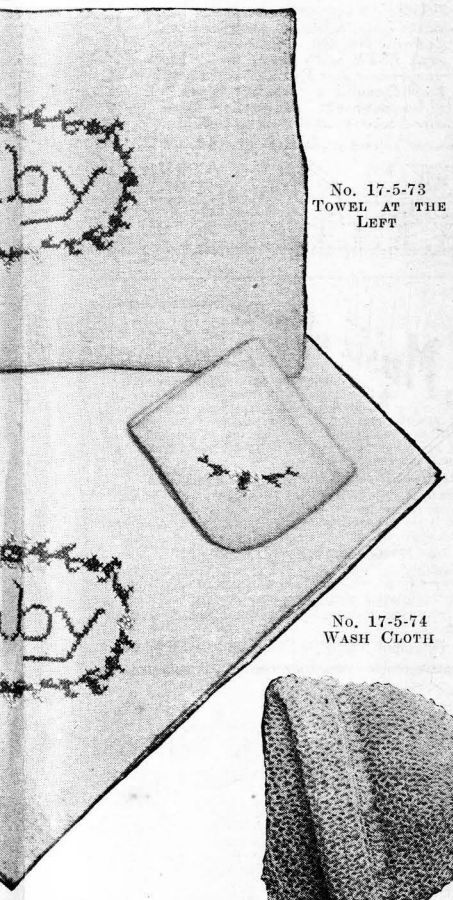


The method of working No. 17-5-70 is clearly shown in the detail above. The long petals are worked across, and the small petals in the centre are worked from centre outward.



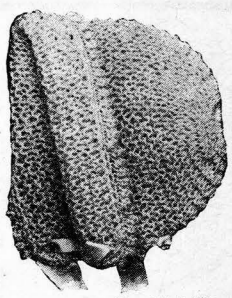
No. 17-5-82. Blanket Embroidered and Edged with White

No. 17-5-83. Crib Sheet and Detail of Work

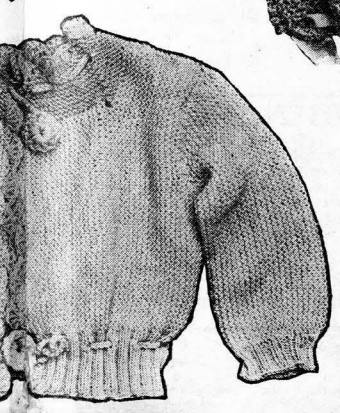


No. 17-5-73
Towel at the Left

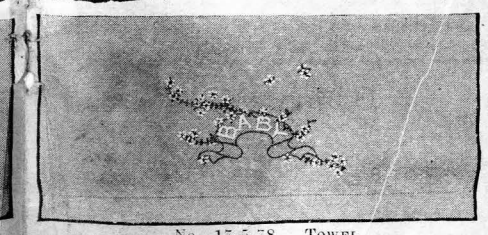
No. 17-5-74
Wash Cloth



No. 17-5-77
Knitted Bonnet in Pink and White



No. 17-5-72
Knitted Sweater



No. 17-5-78. Towel

In making dresses or slips remember that the baby's skin is exceedingly tender. Ruffles or lace that would chafe are therefore to be avoided. The kimono-cut garment is slightly easier to put on and take off than the set-in sleeve. Bobbin tape adjusts and fastens neck and wrist bands easily and is not so hard to fasten as are buttons. Twenty-seven inches is the approved length for the long clothes.

A baby, when completely dressed for the house, wears a flannel binder, a shirt, a flannel petticoat fastened at the shoulders, a soft thin cotton petticoat, cut like the flannel one, and a simple dress or slip, socks, and diapers. For outdoor wear, a hood cape and plenty of blankets are all it is necessary to add.

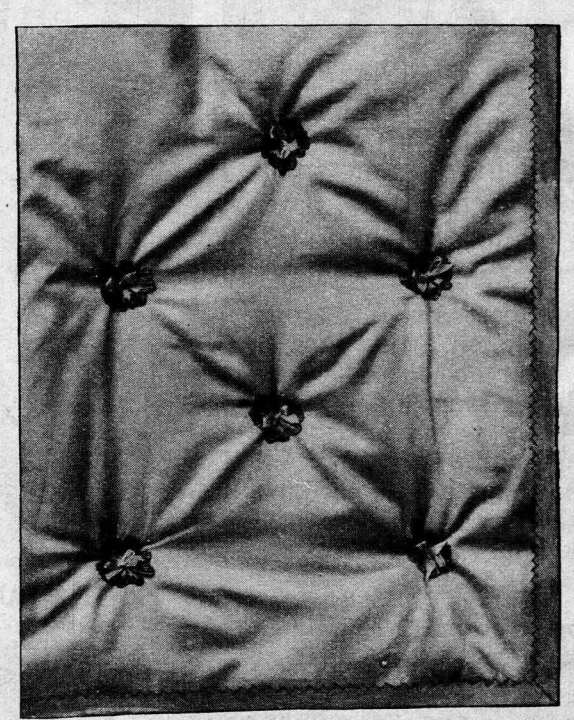
The binder is a strip of soft flannel eight inches wide and eighteen inches long. It should not be hemmed. In all the garments every effort must be made to prevent irritating ridges and lumps. Seams should be flat. In flannel garments bind edges with silk seam binding or turn edges over and feather-stitch flat on right side.

The little garments on these pages are all simply made and embroidered. The dresses are all white and have fine patterns of French and eyelet work. The gertrudes are in satin-stitch; the flannel one embroidered with silk as are hood cape and blanket. The long kimono has wide bands of blue or pink crêpe de Chine and a design in blue with dots, buds and flowers in pink; the sleeves are scalloped with blue.

The Turkish toweling bath-set is cross-stitched in two shades of rose and green; a diagram sent with patterns shows how the colors are placed. Diagrams help with the little towels, No. 17-5-84 and No. 17-5-78, also. The former has words in outline, oval in brier-stitch, flowers French knots, and leaves lazy-daisy; the same stitches with the exception of brier-stitch are used on the other and both are in boil-proof shades of blue, pink, yellow, and green.

Sheet and pillow-slip are edged with the following crochet: Cut out scallops, turn, and run an eighth-inch hem, fasten crochet thread at corner and ch 5. Leave short space and t over hem, ch 2, space, t over hem, repeat across. *2d row*—d in 1st t, ch 5, d in 2d t, repeat across. *3d row*—(5 d, p of 2 ch, 5 d) over each 5 ch.

The crib quilt has pink wild roses on a white background and is lined, tacked, and bound with pink.



No. 17-5-85. Crib Quilt Tacked with Ribbon Through Centre of Wild Rose Embroidered in Long-and-Short Stitch

ED FOR THESE ARTICLES, SEE PAGE 30

Even *She* Had Corns

Until a little while ago she thought them unavoidable. If you have corns don't blame yourself too much. Many an old person has had them fifty years.

YET they have done what you do—pared them and used old-time, useless treatments.

But what folly it is when nowadays about half the world keeps free.

The chemist who invented Blue-jay made corns forever needless.

Last year some 17 million corns were ended in this simple, easy way.

Just try one corn.

Apply a Blue-jay plaster in a jiffy. Then forget it. It will never pain again.

In two days take the plaster off. The corn will disappear. Only one corn in ten needs another application.

You will laugh at the old ways when you try Blue-jay. You will wonder why people ever let corns hurt. Please start tonight. You have suffered long enough.

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Chicago and New York
Makers of Surgical Dressings, etc.

Blue-jay
Stops Pain — Ends Corns

15c and 25c at Druggists

Also Blue-jay Bunion Plasters

Tatting for Baby

[CONCLUDED FROM PAGE 18]

6th row—Like 4th row, but omit "join to chain" in every 3d r.

7th row—Like 2d row.

8th row — Join thread to s r, 5 d s, p, 5 d s, join to centre of r in previous row, 5 d s, p, 5 d s, close. Repeat, joining 1st p to last p of preceding r. This row is placed *between* 6th and 7th rows (15 c l).

9th row—Begin with ch 1 d s, p, 8 d s—then r and ch as in 4th row—chains joined to chains of 7th row as follows: First and 2d ch left free, * 3d ch joined to 2d p (next 2 ch joined to 4th and 2d p's respectively) * 3 times, (next to 4th p, next to 3d and 2d p's) 3 times, next to 4th p. Repeat from * to * to end, leaving last 2 free, ch 8 d s, p, ch 1 (26 rings in this row).

Insert single c l and ch in corners.

10th row—c l and ch made as 5th row, joining to rings of previous row.

11th row—r 6 d s, p, 8 d s, join to c l, 8 d s, p, 6 d s, close, * ch 8 d s, r 8 d s, p, 6 d s, p, 8 d s, p, close, ch 8 d s, r 6 d s, join, 8 d s, p, 8 d s, p, 6 d s, close *. Repeat from * to *, joining every 3d r to c l as above.

12th row — Like 11th, starting at opposite side, joining rings for beading as in cut. Make two rows of r and ch for neck.

ILLUSTRATIONS ON PAGE 10

NOS. 17-5-37 TO 17-5-39 INCLUSIVE. PILLOWS. Any one design stamped on Persian lawn (material given for back), 35 cents. White embroidery cotton, 9 cents extra for each pillow. Perforated stamping patterns, 25 cents each. Transfer patterns, 15 cents each.

MATERIALS FOR TATTING. Mercerized crochet cotton (hard twist) white, Nos. 30 and 50, 23 cents a ball; two balls for 45 cents. Lustre crochet cotton (loose twist), 10 cents a spool. Tatting shuttles: bone, 15 cents each; rubber, 18 cents each; nickel-plated steel with fine steel hook attachment, 50 cents each.

Luncheon Set

[CONCLUDED FROM PAGE 21]

be five of these loops on centrepiece for base of pyramid, four on plate doily and three on tumbler doily. Eight d in each loop to the last, 4 d in this, ch 5, fasten back in centre of 8 d of previous row and work back and forth in this way until one loop remains at top of pyramid. In this make 5 d, p, 5 d, and work down side, putting 5 d in each unfinished loop.

Cut patches, allowing narrow margin, turn on line, baste in place, and sew to cloth with fine stitches.

Feather-stitching in blue around patches and on connecting lines completes the luncheon-set.

Crochet Stitches

CHAIN (ch). Make slip knot on hook, draw thread through loop, continue drawing through loops as made.

SLIP STITCH (sl st). Hook through at st indicated; draw thread through work and loop on hook at same time.

DOUBLE (d). Hook through work, thread over, draw through, making two loops on hook, over and draw through both.

TREBLE (t). Thread over, hook through work, over and draw through, giving 3 sts on hook, (over and draw through [two]) twice.

LONG TREBLE (l t). Over 3 times, hook through work, thread over and draw through, over and work off by twos.

FILET CROCHET consists of open meshes called spaces (sp) and solid meshes called blocks (bl). A sp consists of 2 t with 2 ch between. A bl consists of 4 t; two or more bl have 3 times the number of bl plus 1 t. A foundation ch must be 3 times the number of meshes in 1st row plus 6 ch when starting with a sp, or plus 3 ch when starting with a bl; t in 9th st from hook for 1st sp, or 4th st from hook for 1st t of 1st bl. Chain 5 to turn and form 1st sp in succeeding rows.

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Department 5

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Get Portfolio of Custom-Made Corsets—at $1.75 to $25

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M. & K. CORSET COMPANY
14 Pearl Street Jackson, Mich

Eagle Cordonnet

P. F. C.
Crochet Cotton

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48-52 East Twenty-first Street, New York City

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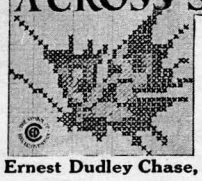

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My wonderful new preparation makes a glorious complexion and handsome figure. VANITA BEAUTIFIER—the latest and best. Use at home. Cost but a trifle by my method. Results guaranteed. Write for offer.

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CARD SPECIALTY CO., D-2, 413 South 18th St., Newark, N.J.

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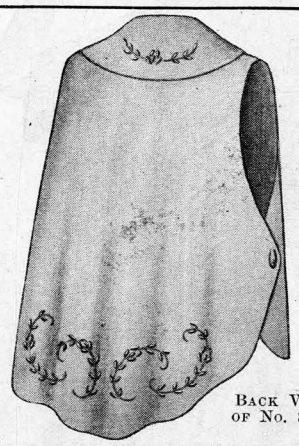
PRISCILLA FASHIONS

Tub Frocks of Cotton and Linen

SIMPLICITY in design both of dress and embroidery is the feature of the charming frock for a young girl shown at the right. It can be made of linen or cotton poplin, either white or colored. In either case the collar could be of white and the belt of silk to match the embroidery, which in this case is green and blue. Flower centres and lines are green, and petals blue. Any two colors or two shades of one color could be used instead. The dress can also be cut with short sleeves as seen in the back view.

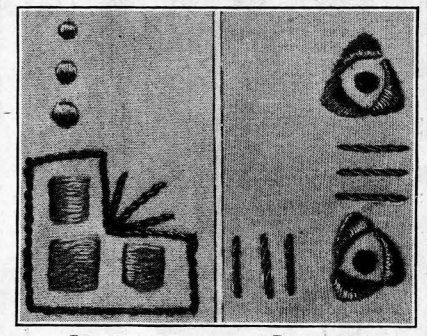
A charming type of the popular slip-on dress is shown in No. 8251. The front is open down far enough to slip the garment on over the head and closed up to the collar.

For description of embroidery designs, see page 30.



BACK VIEW OF No. 8242

Cutting patterns of No. 8251 and No. 8242, 36 to 42; No. 8152, 24 to 34 waist; and No. 8207, 16 to 20. Price, 15 cents each.



DETAIL OF No. 8251 DETAIL OF No. 8207

And a Suit with Sleeveless Coat

LITTLE slip-on coats without sleeves are very smart and are worn over a lingerie dress or as part of a linen suit. The suit illustrated below is of white linen, and the embroidery lightly padded and worked in satin-stitch is all white. Dots may be worked in eyelets if preferred. If this is to be worn separately over a thin dress a heavier quality of fabric could be used. Another attractive feature of the coat is that it has no side seams. The back is lapped onto the front, and held in position by a button. In this way the coat can be made flat, and the matter of fitting is easily adjusted by lapping the edges more or less as required.

For directions in ordering patterns, see page 28.

Ferris

Good Sense Corset

Waists

Stylish Models for Misses

Gracefully and naturally develop the growing body into a more perfect figure in later years.

Coutil or batiste, lightly boned and beautifully corded. Clasp or button front. With or without shoulder straps. Designed on the same principle of natural grace with perfect comfort as the Ferris Waists for women, which have satisfied so many wearers for 35 years.

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Write for Illustrated Catalog

If your dealer will not supply the genuine in the model you select, send your order direct to us.

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The Most Wonderful Dyes in the World

The only dyes known that clean articles thoroughly while dyeing them: that do not stain the hands or soil utensils: that Dye all fabrics in the same bath, and give the same shade and depth of color to Cotton, Wool, Silk and Linen at the same time.

Sunset Soap Dyes are simpler, cleaner, more brilliant and satisfactory than any other household dye. They will not crock, wash out or fade; are guaranteed not to injure the finest fabrics.

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Agents—Steady Income Large manufacturer of **Handkerchiefs and Dress Goods, etc.,** wishes representative in each locality. Factory to consumer. Big profits, honest goods. Whole or spare time. Credit given. Send for particulars. **FREEPORT MFG. CO., 65 Main St., Brooklyn, N. Y.**

Advertisements help you to live better, dress better, be better.

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Satin

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This Label shows the Genuine

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A pretty V-neck style: separate, divided collar. In blue, lavender, brown.

$3 BRINGS THIS COLLAPSIBLE VENUS DRESS FORM INTO YOUR HOME

INSURES perfect fitting dresses. Makes dress fitting a pleasure and satisfaction.
ADJUSTABLE AND COLLAPSIBLE NECK, SHOULDERS, BUST, WAIST, HIPS and SKIRT *independently* adjust to exactly reproduce *any* woman's figure. When not in use collapses to half size.
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Two New Hot Weather Blouses

HOW TO ORDER PATTERNS: — Write name and address plainly, give number and size of each pattern you want and enclose proper amount of money. Address all orders to THE MODERN PRISCILLA, Boston, Mass.

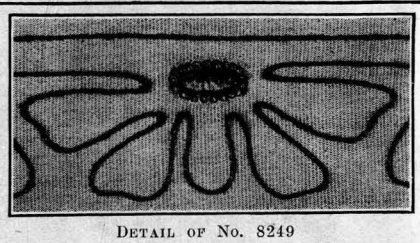
For description of embroidery designs and cutting patterns, see page 30.

Maternity Dresses and a Negligée

DRESSMAKING LESSONS
Send 2 cents extra and we will mail you a 16-page Fashion Book, showing over 150 new styles for Ladies, Misses, and Children, and containing many valuable dressmaking lessons.

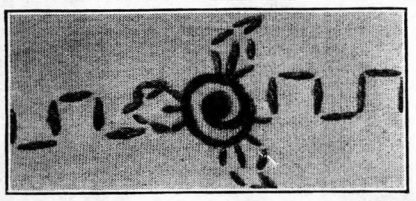
SMART and useful describes waist No. 8271. The flower that forms the motif of embroidery is outlined in blue and a solid portion in the centre of each petal is worked in a darker shade.

Voile blouses and overblouses of all kinds will be worn this summer. No. 8249 is embroidered in blue and the spots outlined with yellow beads. Yellow outlining could be substituted for the beads.



DETAIL OF No. 8249

A NEW and graceful negligée is cut kimonowise, band crosses in back, and ties in front. This gown is made of a mercerized cotton fabric, resembling fine pongee. Long single stitches in blue with spots of darker blue in outline make up the embroidery, which can be quickly accomplished.



DETAIL OF No. 8279

ABOVE is a maternity dress supplied with an adjustable lining. Directions for making are supplied with the cutting pattern.

No. 8273 is an attractive lounging dress, but is also a style that can well be adapted to maternity wear. The lining given with No. 7539 could be adapted for use with this dress.

No PRISCILLA advertiser will defraud you. We guarantee it.

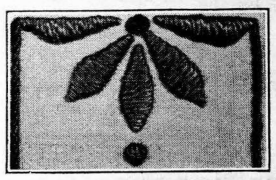
Smart Juvenile Styles in Mid-Summer Frocks

For description of embroidery designs, see page 30

For directions in ordering patterns, see page 28

YOKE dresses are more becoming to some children, and if the top part is kimono cut they are very easily made and will also give variety to the little one's wardrobe. The yoke of the one at the right is pointed in front and straight across the back. Embroidery may be all white or a delicate color.

Cutting patterns, No. 8202 supplied in sizes 4 to 12 years; No. 8194, 8 to 14 years; No. 8261, sizes 2 to 10; No. 7903, 1 to 5; and No. 8235, sizes 2 to 8 years. Price, 15 cents each.



KIMONO cut dresses are probably the favorite for young girls. Because of their suitability and becomingness as well as their facility of making and laundering. The little dress above should be of white linen or lawn, and the embroidery in French and eyelet work is all in white. Edges may be finished with colored binding or, if one prefers, the bottom may be hemmed, and neck and sleeves edged with lace.

EVEN the present high cost of fabrics should not deprive the little girl of her comfortable middy dress for hot weather. The blouse of this one is made of linen-finished cotton or cotton poplin. The skirt may be of the same material or of poplin in a contrasting color. Embroidery is done in two shades of the color chosen for the skirt. A detail above shows the method of working. Collar of No. 8194 is worked in the same way.

AT the left is an ideal playtime dress, cut in one length from shoulder to hem, and held at the waist with an oddly contrived belt. Under the dress is worn a pair of bloomers, made of the same material, and what child will not just enjoy the ample patch pocket on either side? The dress should be made of chambray or gingham and trimmed with linen or the same material in a contrasting color.

A MORE dignified dress for afternoon is shown at the right. Colored linen would be a delightful material for this dress, although chambray would be very satisfactory. The collar and belt should be of white linen or piqué. Even a little girl could embroider the simple design on the collar, which is all worked in satin-stitch. A leather belt would look well instead of the one of cloth. It could be black or white.

Learn at home this summer to make Your Own Clothes

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Write at once for my 48-page catalog and all particulars. Address J. H. Bush, Pres. Dept. 5-TD

BUSH MOTOR COMPANY, Buch Temple, Chicago, Illinois

Infant's Layette

ILLUSTRATIONS ON PAGES 24 AND 25

No. 17-5-66. INFANT'S DRESS. Design and outline for cutting stamped on fine white nainsook, 85 cents. White cotton for working, 6 cents extra. Perforated pattern, including cutting lines, 40 cents.

No. 17-5-67. INFANT'S DRESS. *One size only.* Design stamped on a hand-made dress of soft white nainsook and white cotton for working, $1.75.

No. 17-5-68. BABY'S CAPE HOOD. Design stamped on cashmere, $1.25. White, pink, or blue silk muslin, not stamped, for lining, 60 cents extra. White silk for working, 55 cents extra. Perforated stamping pattern, 50 cents.

No. 17-5-69. PILLOW SLIP. *Size,* 14 x 18 *inches.* Design stamped on long cloth for one slip, 25 cents. White cotton for working, 7 cents extra. One ball crochet cotton (hard twist) No. 80, 15 cents. Steel crochet-hook No. 12, 10 cents. Perforated stamping pattern, 20 cents. Transfer pattern, 10 cents.

No. 17-5-70. KIMONO. Design stamped on cashmere, $1.75. Pink or blue crêpe de Chine, not stamped, for facing, 50 cents extra. Pink and blue silk for working, 15 cents extra. Perforated stamping pattern, 35 cents.

No. 17-5-71. GERTRUDE PETTICOAT. Design and outline for cutting stamped on fine white nainsook, 65 cents. White cotton for working, 18 cents extra. Perforated stamping pattern, including cutting lines, 50 cents.

No. 17-5-72. BABY'S NEWPORT JACKET. *Materials.* Three skeins of white and two skeins of pink or blue Saxony wool, six steel knitting-needles No. 8, and a steel crochet-hook No. 2, $1.15.

No. 17-5-73. TOWEL. *Size,* 19 x 36 *inches.* Design stamped on paper and a bath-towel, not stamped, 35 cents. Cotton for working, 9 cents extra. Perforated stamping pattern, 25 cents.

No. 17-5-74. WASH CLOTH. Design stamped on paper and a wash-cloth, not stamped, 15 cents. Cotton for working, 9 cents extra. Perforated stamping pattern, 10 cents.

No. 17-5-75. LAP PAD. *Size,* 36 x 44 *inches.* Design stamped on paper and a bath blanket, not stamped, 85 cents. Cotton for working, 9 cents extra. Perforated stamping pattern, 25 cents.

No. 17-5-76. BABY'S CROCHETED BOOTEES. *Materials.* One skein of white and one skein of pink or blue Saxony wool and a bone crochet-hook, 45 cents.

No. 17-5-77. BABY'S KNITTED CAP. *Materials.* One skein of white and one skein of pink or blue Shetland floss, one pair of bone knitting-needles No. 9, and a bone crochet-hook No. 3, 90 cents.

No. 17-5-78. BABY TOWEL. *Size,* 15 x 23 *inches.* Design stamped on satin-striped huckaback, 60 cents. Cotton for working, 12 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, 15 cents.

No. 17-5-79. INFANT'S DRESS. *One size only.* Design and outline for cutting stamped on nainsook, 75 cents. White cotton for working, 3 cents extra. Perforated stamping pattern including cutting lines, 40 cents.

No. 17-5-80. INFANT'S TUCKED DRESS. *One size only.* Design and outline for cutting stamped on nainsook, 85 cents. White cotton for working, 9 cents extra. Perforated stamping pattern, including cutting lines, 40 cents.

No. 17-5-81. GERTRUDE PETTICOAT. Design stamped on cotton and wool flannel (cutting lines given), $1.75. White silk for working, 30 cents extra. White ribbon for binding, 15 cents extra. Perforated stamping pattern, including cutting lines, 50 cents.

No. 17-5-82. BABY BLANKET. *Size,* 30-*inch.* Design stamped on all-wool flannel, $1.60. White silk for working, 60 cents extra. Perforated stamping pattern, 40 cents.

No. 17-5-83. CRIB SHEET. *Size,* 44 x 50 *inches.* Design and one letter stamped on long cloth, 50 cents. White cotton for working, 7 cents extra. Perforated stamping pattern of design and one letter, 20 cents. Transfer, 10 cents.

No. 17-5-84. BABY TOWEL. *Size,* 15 x 22 *inches.* Design stamped on bird's-eye linen, 60 cents. Cotton for working, 12 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, 15 cents.

No. 17-5-85. CRIB QUILT. *Size,* 30 x 36 *inches.* Stamped white silk muslin and pink or blue silk muslin for lining, $1.25. Pink or blue silk for working, 65 cents extra. Perforated pattern, 50 cents.

Priscilla Fashions

ILLUSTRATIONS ON PAGE 28

No. 8271. SHIRT WAIST. Embroidery design for collar and cuffs stamped on white cotton lawn or on mercerized cotton voile, with same material to complete waist, $1.25; on soft hand-finish white linen, with same linen to complete waist, $2.00. Blue cotton for working, 9 cents extra; silk for working, 25 cents extra. Perforated stamping pattern of embroidery design, 25 cents. Transfer pattern, 15 cents.

No. 8249. KIMONO WAIST. Embroidery design stamped on mercerized cotton voile, $1.25. Cotton for working, 53 cents extra; silk for working, $1.80 extra. Yellow beads, 60 cents extra. Perforated pattern, 50 cents. No transfer.

No. 8279. LADIES' GRECIAN NEGLIGÉE. Embroidery design stamped on white, blue, pink, green, or tan soisette, with same material to complete negligée (5¼ yards), $2.25. Cotton for working, two shades of blue or of any desired color, 18 cents extra; silk for working, 50 cents extra. Perforated stamping pattern of embroidery design, 40 cents.

Cutting patterns Nos. 8273 and 8279 supplied in sizes 36 to 44; Nos. 7539 and 8271, 36 to 42; and No. 8249, sizes 36 to 40. Price, 15 cents each.

ILLUSTRATIONS ON PAGE 27

No. 8207. Embroidery design stamped on soft, hand-finish white linen: SPECIAL PRICES. *Sizes:* 16 years, $3.00; 18 years, $3.35; 20 years, $3.75. Stamped blue, tan, or green linen. Sizes: 16 years, $3.50; 18 years, $3.75; 20 years, $4.00. Stamped mercerized cotton poplin, white or tan. Sizes: 16 years, $2.50; 18 years, $2.75; 20 years, $3.00. Cotton for working, 18 cents extra; silk for working, 50 cents extra. Perforated stamping pattern, any one size, 50 cents.

No. 8251. *Sizes,* 36 *to* 44. Embroidery design stamped on soft, hand-finish white linen, any one size, $3.00; on mercerized cotton poplin, white or tan, any one size, $2.35. Cotton for working, 9 cents extra; silk for working, 25 cents extra. Perforated stamping pattern of design, any one size, 50 cents.

No. 8242. *Sizes,* 36 *to* 42. Embroidery design stamped on white or tan linen, any one size, $1.75. Cotton for working, 14 cents extra. Perforated stamping pattern, any one size, 35 cents.

No. 8152. *Sizes,* 24 *to* 34. Embroidery design stamped on white or tan linen, any one size, $3.25. Cotton for working, 14 cents extra. Perforated stamping pattern, any one size, 25 cents.

ILLUSTRATIONS ON PAGE 29

No. 8202. MIDDY DRESS. *Size,* 4 *to* 8 *years.* Embroidery design for blouse stamped on white linen-finish cotton, 75 cents; on white poplin, $1.00. White linen-finish cotton, not stamped, for skirt, 60 cents extra; white or tan poplin, 80 cents extra. *Size,* 10 *to* 12 *years.* Embroidery design for blouse stamped on white linen-finish cotton, 85 cents; on white poplin, $1.15. White linen-finish cotton, not stamped, for skirt, $1.00 extra; white or tan poplin, $1.25 extra. Cotton for working, two shades of any desired color, 6 cents extra. Perforated stamping pattern of embroidery design, either size, 25 cents. Transfer patterns, 15 cents each.

No. 7903. CHILD'S DRESS. *Size,* 1 *year.* Embroidery design stamped on soft hand-finish white linen, $1.15; on white cotton lawn, 60 cents. *Size,* 3 *to* 5 *years.* Design stamped on soft hand-finish white linen, $1.25; on white cotton lawn, 70 cents. White cotton for working, 15 cents extra. Perforated stamping pattern of embroidery design, either size, 40 cents. No transfer patterns.

No. 8235. CHILD'S DRESS. *Size,* 2 *to* 4 *years.* Embroidery design stamped on soft hand-finish white linen, $1.35; on white cotton lawn, 75 cents. *Size,* 6 *to* 8 *years.* Design stamped on soft hand-finish white linen, $1.50; on white cotton lawn, 85 cents. White or colored cotton for working, 18 cents extra. Perforated stamping pattern of embroidery design, either size, 40 cents.

No. 8194. CHILD'S DRESS. Embroidery design for collar and outline for cutting vest stamped on white piqué, 30 cents; on soft hand-finish white linen, 40 cents. White or colored cotton for working, 3 cents extra. Blue, pink, or tan linen, 36 inches wide, not stamped, to complete dress, 75 cents a yard; blue, pink, green, or tan chambray, 26 inches wide, 20 cents a yard. Perforated stamping pattern, 20 cents; transfer, 10 cents.

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The Right Food for Young Children

Much of the Mental and Moral, and all of the Physical Growth of a Child Depends on Simple Wholesome Food, Well Selected, Carefully Prepared and Intelligently Given. It is up to the Mothers and Nurses

ANY mother can meet the following definition of a satisfactory diet for a little child: A little child three to six years of age who is carefully fed in accordance with his bodily needs (as these are now understood) receives every day at least one food from each of the following groups:

1. Milk and dishes made chiefly of milk (most important of the group as regards children's diet); meat, fish, poultry, eggs, and meat substitutes.
2. Bread and other cereal foods.
3. Butter and other wholesome fats.
4. Vegetables and fruits.
5. Simple sweets.

The relation of food to the condition of the bowels is an important matter. Grains, particularly those containing the outer or branny layers or coats, are laxative; so, too, are such mildly acid fruits as apples, oranges, and grapefruit. So far, therefore, as the important matter of preventing constipation is concerned, coarse grains and mildly acid fruits serve the same purpose. When fruits are to be obtained in abundance, the kind of cereal served is not of great importance. When they are not, the coarser cereals should be used.

The basis of a child's diet should be clean whole milk — at least a quart a day. Such milk, in addition to water, contains about half a cupful of the very best food substances — butterfat, milk sugar, lime and other materials needed by the child to make muscle, bones, and teeth. In addition milk contains a substance thought to promote growth by helping the body make good use of other foods. Where good whole milk is not obtainable, clean, fresh skim milk supplies these substances with the exception of the butterfat, and is preferable to dirty or questionable whole milk. Milk contains very little iron, therefore spinach and other green vegetables and egg yolks, which are rich in iron, combine well with milk.

The child should drink the milk with the chill taken off, or should consume his full quart a day with cereals and in milk toast, cocoa, milk soups and stews, in cereal puddings, egg-and-milk puddings, custards, junkets, or simple ice-creams. Milk stews may be made with vegetables or fish, or to vary the diet these things can be combined with cream sauce and served on milk toast.

Farmers' Bulletin 717, "Food for Young Children," gives helpful directions and practical recipes for the preparation of foods, among them a large number for the preparation of various milk dishes which will help children consume the requisite amount of milk without growing tired of this valuable food.

Well-baked bread and thoroughly cooked breakfast cereals are both good for children, and with milk should make up a large part of the diet. Bread and cereal mushes are, to a certain extent interchangeable, but neither can take the place of milk, meat, eggs, fruits, and vegetables. An ordinary slice of bread is equal in food value to about half a cupful of boiled or steamed cereal and about a cupful of flaked or puffed cereal. Different kinds of bread may be used for variety.

The yeast-raised bread given to young children should be at least a day old, or should be toasted or twice baked. Hot breads are likely to be swallowed in large pieces, and are therefore not desirable. Hot breads which are almost all crust, like thin tea biscuits or crisp rolls, are best of the hot varieties.

In some families children do not get enough meat and eggs; in others they get too much. A good general rule commonly followed is to give a child two years old or over an egg every other day and about the same amount (two ounces) of meat, fish, or poultry on the intervening days. Where meat is omitted, care must be taken to see that other suitable foods take its place — preferably an extra amount of milk and eggs.

Fried meats should not be given to a child. Meat is best given as broiled chop meat or in simple meat stews combined with vegetables. Poultry may be boiled and served with rice. When roasted, only the tender portions should be fed. Highly seasoned stuffing or rich gravy should not be given to a young child.

Dried and other fish, and oysters, may be used in milk stews. Well-boiled fish is good for variety. Eggs must not be overcooked or they are likely to cause indigestion. The best way to cook eggs is to poach or coddle them. Scrambled eggs may be served occasionally, provided care is taken not to scorch the fat or to overcook the eggs.

Fat is an important part of the food of children. There is more than an ounce of fat (at least two and one-half level tablespoonfuls) in a quart of whole milk. If the healthy child is given a quart of milk, has butter on his bread, and meat or an egg once a day, he gets enough fat, and that which he receives is in wholesome form. It is well, therefore, not to give such fatty foods as pastry, fried meats and vegetables, doughnuts or rich cakes. If the child is constipated, the occasional use of cream or salad oil is desirable, for fat in abundance is laxative.

Bacon or salt pork, cut very thin and carefully cooked, may be given occasionally. It is very important not to burn the fat.

Vegetables and fruits are grouped together because they are similar in that both supply iron, lime, and other mineral matters, and also mild acids. Vegetables are an important, but often a neglected part, of the child's diet. They should be served at least once a day, as they help to keep the bowels in good condition. Fruits are important for their flavoring, for their laxative effects and doubtless for other reasons, and should be served in some form at least once a day. Fruit juices and the pulp of cooked fruit, baked apples and pears, and stewed prunes, are the safest. The child should not be allowed to eat the skins unless they have been made very tender by cooking.

Sugar is a desirable part of the diet, provided it is given in simple sweets and not allowed to take the place of other foods and spoil the child's appetite. Simple sweets are such things as lump sugar, maple sugar, syrups, honey, and plain candy, and those foods in which sugar is combined in simple forms with fruit juices (in lemonade, water ice, jelly, etc.), with flour or starch, as in plain cakes (cup cake, sponge cake, cookies), and with fruit, as in jams, marmalades, and similar things.

To help mothers who are trying so to care for their children that they will grow up into stalwart and efficient men and women, the United States Department of Agriculture last year issued a bulletin, written by Caroline L. Hunt, under the direction of Dr. C. F. Langworthy, Chief of the Office of Home Economics. This book can be had for the asking. The author has carefully avoided the use of all technical dietary terms or systems of grouping, and has so classified foods that any mother can use the information. There are simple bills of fare, recipes, and practical directions for preparing foods. The pamphlet is illustrated to show simple and right presentation of the food, and gives a variety of ways in which the necessary quantity of milk may be introduced into the diet of the child. Send for Farmers' Bulletin 717.

Questions Every Mother Should Ask Herself at the Close of the Day

DID each child take about a quart of milk in some form? Has the milk that comes to my house been handled in a clean way? If I was obliged to serve skim milk for the sake of cleanness or economy, did I supply a little extra fat?

Were the fats of the wholesome kind found in milk, cream, butter, and salad oils, or of the unwholesome kind found in doughnuts and other fried foods?

Did I make good use of all skim milk in the preparation of cereal mushes, puddings, or otherwise? Were cereals thoroughly cooked? Was the bread soggy? If so, was it because the loaves were too large, or not cooked long enough? Did I take pains to get a variety of foods from the cereal group by serving a cereal mush once during the day?

Did I keep in mind that cereal foods, while good in themselves, do not take the place of meat, milk, eggs, fruit, and vegetables? Did I keep in mind that children who do not have plenty of fruit and vegetables need whole-wheat bread and whole grains served in other ways?

Did each child have an egg or its equivalent in meat, fish, or poultry? Did any child have more than this of flesh foods or eggs? If so, might the money not have been better spent for fruits or vegetables? If unable to get milk, meat, fish, poultry, or eggs, did I serve dried beans, or other legumes thoroughly cooked and carefully seasoned?

Were vegetables and fruits both on the day's bill of fare once? Might we have raised them in our home garden? Did fruit or vegetable disagree with the child? If so, ought I to have cooked it more thoroughly, chopped it more finely, or removed the skins or seeds?

Were sweets given between meals, or anything that tempted the child to eat when he was not hungry? Was he allowed to eat sweets when he should have been having substantial foods? Were sweets given unmixed with much fat or with hard substances difficult to chew, and not too highly flavored?

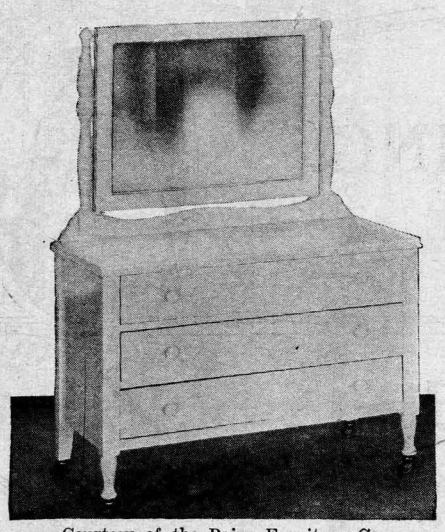
Was the food served in a neat and orderly way, and did the child chew his food properly?

Leaves from a Professional Decorator's Note-Book

By Beth Russell

Furnishing the Nursery

Miss Russell will be glad to answer any letter you write her about house-planning or house-furnishing. She will advise with you about color schemes, furniture, paper, rugs — what and where to buy. Just enclose a stamped, addressed envelope.



Courtesy of the Paine Furniture Co.

A wee bureau to teach the wee maid order. Generous space for her ribbons and for her dolly's clothes.

Courtesy of the Paine Furniture Co.

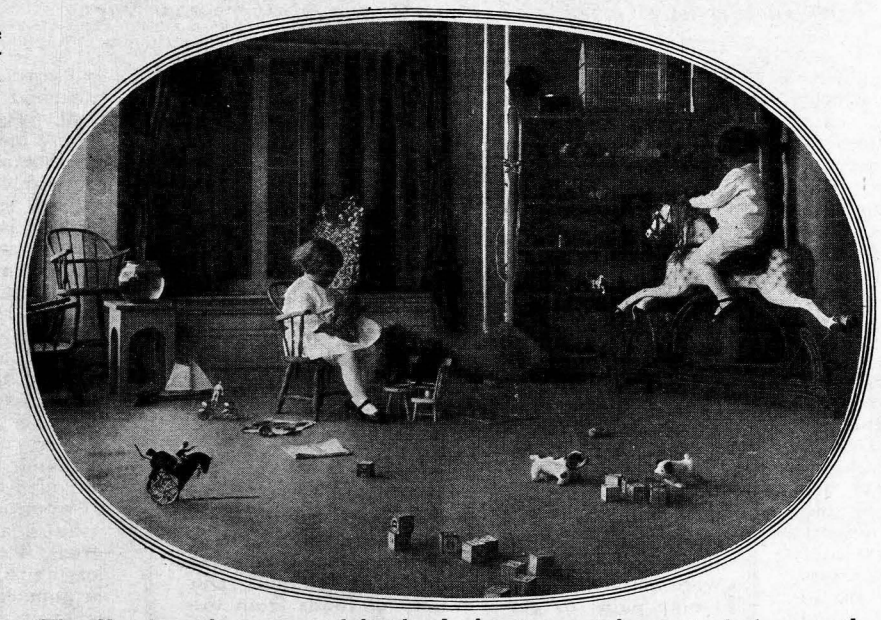
A strong and well-designed chair. Cretonne to match the upholstery might be used at the windows.

"So when children shout and scamper
And make merry all the day,
When there's naught to put a damper
On the ardor of their play;
When I hear their laughter ringing,
Then I'm sure as sure can be
That the Dinkey-Bird is singing
In the amfalula tree."

From "The Dinkey-Bird,"
By Eugene Field.

I pray not for
Great riches, nor
For vast estates and castle-halls:
Give me to hear the barefoot falls
Of children o'er
An oaken floor
New-rinsed with sunshine, or bespread
With but the tiny coverlet
And pillow for the baby's head.

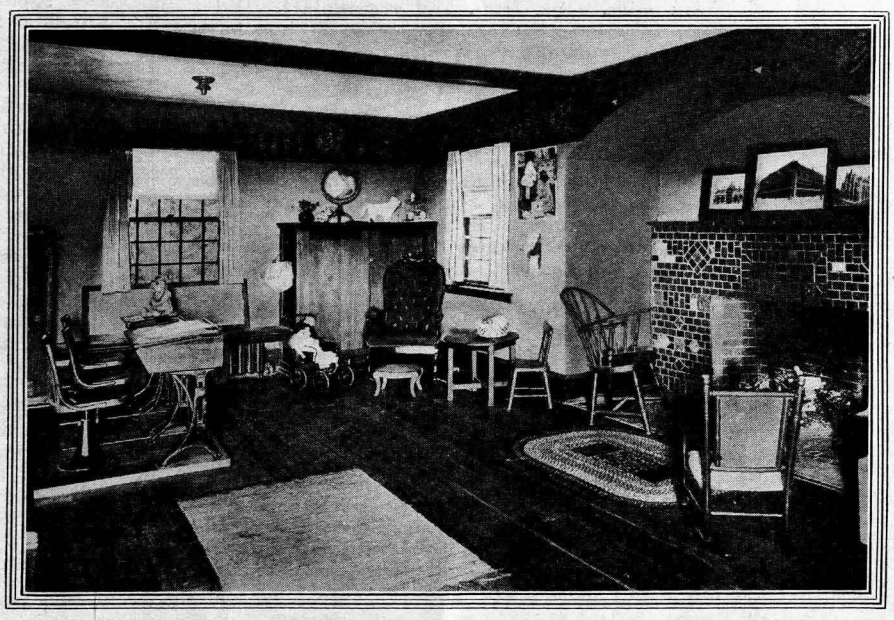
Ike Walton's Prayer. J. W. Riley.



The Knight rides away while the Lady stays at home to bring up the family. This is a scene in the nursery-studio of a delightful woman who takes only pictures of children.

THE gayety of the Dinkey-Bird and the tenderness of Ike Walton's Dream are blended in the feeling with which mothers and fathers plan playrooms for their children. The possession of such a room has a big influence on a child. It brings a sense of personal ownership which is the foundation of respect for property. It teaches the distinction between mine and thine in the best possible fashion. It sets a space apart, too, for the development of the imagination. Children who play only in the "grown-up" parts of the house, in the midst of "great big people perched on chairs, stitching tucks and mending tears," never have quite their needful opportunity for the growth of those deep qualities of mind and heart which come to them when they are by themselves in the land of make-believe.

Children who have a big, sweet, out-of-doors to play in, or an attic for rainy days, crammed full of dusty, mysterious treasure, need a special room for recreation less than other children, — but they do need it. Preferably it should not be the room in which they sleep. It is well also to have it as far removed as possible from the living-rooms, so that the noise of the Big Injun age may spend itself wholesomely, without annoyance to those who need quiet. Sunlight is essential to children's rooms. A sunny corner with windows on both sides is ideal. These will provide proper ventilation.



Nursery designed by Matthew Sullivan, architect. Study-hour and story-hour are provided for. Can't you see Mother with "the littlest" in her lap over there in the corner while the others cluster round for "Once upon a time ——"?

A fireplace is important for ventilation and for other reasons, too. We shall probably never cease to feel the deep influence which the hearth has had on mankind. Some one has said that you can paint a family group around a fireplace, but not around a steam radiator. The hearth is a natural gathering-place, a place where children watch the pictures in the leaping flame, where Santa comes at Christmas-time, and where Mother says the quiet, true things which are never forgotten.

Mother's place and Father's place in the playroom or nursery ought to be the nicest place in all the room. The place that children love best to find them in at a special hour of each day. The place where sympathy and understanding are sure to be found.

THE color scheme for playroom or nursery should be cheerful and bright, but not glaring. White is undesirable on this account. Soft grayish tan or warm gray-green are advisable tones to select. For walls and woodwork a dull finish washable paint is best. Make the woodwork the same color as the walls, but two shades darker.

Riley's verse indicates the best floors for children's rooms. Other woods for the purpose are maple and birch. The boards should be not over three inches wide and tongued and grooved. In case any other sort of floor is used it is wise to cover it with linoleum. This is durable, easily cleaned, not slippery, and comfortable under foot.

The furniture never ought to be cast-offs from the rest of the house. One of the surest ways to make a child careless about his belongings is to give him discarded things. A few sturdy chairs and a table that will not wobble are the main pieces necessary. These need not be expensive, but they should be carefully designed and made. The pictures on this page furnish admirable examples of standard pieces. A platform about a yard square and six inches high is most important for thrones and prison towers! Some sort of window seat is good to have. This might have a hinged top and form a toy cabinet.

All hangings must be washable. Nothing is better than white muslin or Calcutta cloth for curtains. Overdrapes of youthful cretonne may be added. If the bed must be in the same room, it should have a cover of matching cretonne. But all hangings and covers should be easily laundered and kept very fresh.

Avoid a fussy room. What children see when they are little largely determines their taste in later life. Keep them away from ugliness, and even farther away from "namby-pamby prettiness." A few well-chosen pictures should be hung low enough to be near the level of the children's eyes. A blackboard is an advantage. Sand-table, toy-cupboard, and window-boxes in which seeds may be planted may all easily be made by Mother and Father. Simplicity and comfort are the watchwords in furnishing and decorating the dearest room in all the house.

Balanced Rations for Growing Children

By Alice Bradley — Principal of the Farmer School of Cookery

WE sometimes hear a mother say, with pride, "My baby eats everything that we eat," apparently expecting the baby to be capable of discriminating between what is good and bad for itself. Some little people may for a time be able to take care of all sorts of foods, but in later years the harmful results of an indiscriminate diet are much in evidence.

For the first years of a child's life milk is the most important article of food. It is given modified by the addition of water, milk sugar, and sometimes cream, according to a doctor's prescription, until the baby is a year old, when a quart of whole milk should be taken every day. Orange juice is introduced when the baby is about six months old, at ten months strained barley or oatmeal flour gruel may be added to one of the feedings, at twelve months the soft-cooked yolk of an egg and a small piece of stale bread crust to chew may be given.

As the baby grows older, the strained cereal may be replaced by thoroughly cooked, unstrained cereals. Oatmeal is probably the best and should be given several times a week. Prune and apple juice or strained pulp may occasionally be substituted for orange juice, and at eighteen months some kind of green vegetable rubbed through a sieve may be given once a day. A little later a baked potato may be introduced, more bread, but always dried bread that requires chewing. Some of the milk may be served made into junket, custard, or milk toast, or the vegetable pulp may be served in milk soup or a white sauce, the full quart being given each day.

In these simple foods, milk and eggs, cereals, bread and butter, fruit and vegetables, all of the food stuffs are provided that a child needs for several years. A small amount, perhaps two ounces, of meat, fish, or poultry may be alternated with the egg after the child is two or three years old, if desired. Meat should be carefully cooked by broiling, roasting, or stewing, but fried meat should never be given. Occasionally strained soups made from beans, peas, or lentils may take the place of the meat or eggs.

Solving the Problem of Sweets

Sugar is a desirable part of the diet as a child grows older, if given in simple forms and in such small quantities that it does not take the place of the other foods that are so important. Plain cookies, stale sponge cake, whole wheat crackers, lump sugar, syrup, honey, plain candy, fruit jellies, and water ices may be included in this group. Such sweets should be given at the end of the meal, after the required amount of milk and bread and other food has been taken. If given between meals, or just before a meal, they spoil the appetite.

Fats that are allowed the child should be those found in milk, such as cream or butter, and olive oil or other salad oil, sometimes a bit of bacon; no fried foods.

Meals should be served at regular hours, the number decreasing as the child grows older. At five years the first meal will be breakfast, consisting of an orange, baked apple or prunes, cereal with plenty of milk, and toast with butter; at ten-thirty, a luncheon of milk with bread or whole wheat crackers. The heartiest meal of the day should come at noon and may consist of an egg or its equivalent in meat, fish, or chicken, a baked potato, some green vegetable, and a simple dessert made with milk or fruit.

Supper should be a simple meal served early to insure a good night's sleep. More milk with bread or cereal or milk toast, fruit or jelly, and a simple cooky should be sufficient.

FUEL REQUIREMENTS OF CHILDREN

Age 1— 2 years	900—1200	Calories per day
Age 2— 5 years	1200—1500	Calories per day
Age 6— 9 years	1400—2000	Calories per day
Age 10—13 years	1800—2200	Calories per day
Age 14—17 years	2300—3000	Calories per day

A DAY'S DIETARY FOR A CHILD TEN YEARS OLD

Breakfast			
Orange	1	large	100 Calories
Rolled Oats	1	cup cooked	100 Calories
Milk to drink, and for cereal	1	cup	150 Calories
Toast	1	large slice	100 Calories
Butter	½	tablespoon	50 Calories
Dinner			
Hamburg steak	2	ounces	100 Calories
Baked potato	1		100 Calories
Bread	2	thin slices	100 Calories
Butter for potato and bread	1	tablespoon	100 Calories
Asparagus	5	stalks	25 Calories
Rice with pineapple	⅔	cup	200 Calories
Chocolate sauce	2	tablespoons	175 Calories
Milk to drink	⅔	cup	100 Calories
Supper			
Vegetable soup	⅔	cup	100 Calories
Prune bread	2	slices	100 Calories
Butter	½	tablespoon	50 Calories
Peanut butter cookies	2		100 Calories
Milk	1	cup	150 Calories
			1900 Calories

A VALUABLE OPPORTUNITY

If you would like to test your ability to feed your family correctly, prepare a menu as carefully as you can, considering fuel requirements and food constituents, stating the age, weight, and occupation of each member of your family, and send it to Miss Bradley, care of The Modern Priscilla, 85 *Broad Street, Boston. She will mark your paper just as it would be marked if you were attending her classes. A table showing the fuel requirements of adults will be furnished on request, if a stamped, addressed envelope is sent.*

Simple Foods Supplying the Required Calories for One Day

One quart of milk furnishes about	600 calories
Two small slices bread	100
One tablespoon butter	100
One large orange	100
One egg	75
One-half cup cooked cereal	50
One medium potato	100
Green vegetable	10-50
Two sugar cookies	100

Sufficient protein is furnished by the milk, egg, bread, and cereals, and the ash constituents are found in the milk, cereal, egg yolk, fruit and vegetable. The calcium required for bones and teeth can hardly be secured except by the use of milk. The egg yolk supplies iron, and the fruit and vegetable more iron and phosphorus.

Try the given menu, substituting on different days foods of the same general type to provide variety that is desirable in the diet of a child as well as in that of the older person. If a sufficient amount of food is served at mealtime, there will be little call for something to eat between meals. The farmer is very careful of the diet of his blooded stock. Shall we not give equal consideration to food for the children?

NOTE. — *In these recipes all measurements are made level. Measuring cups, divided into thirds and quarters, are used, also tea and table measuring spoons.*

Thick Vegetable Soup

MATERIAL AND AMOUNT		MATERIAL AND AMOUNT	
Dried split peas	¼ cup	Turnips	½ cup
Dried white beans	¼ cup	Carrots	½ cup
Water, cold	1½ qts.	Onion	1
Potato	1 cup	Salt	1½ tsp.
Oyster plant	½ cup	Butter	3 tbsp.
Celery	1½ cups	Chopped parsley	1 tbsp.

SOAK split peas and dried white beans overnight. Drain, cover with cold water, heat gradually, and cook slowly until tender. Add potato, oyster plant, celery, turnips, and carrots, all cut in small cubes, and the onion sliced. Cook until vegetables are soft, add salt, butter, and parsley, and serve.

Prune and Nut Bread

MATERIAL AND AMOUNT	
Prunes	½ cup
Cold water	1½ cups
Rolled oats	½ cup
Sugar	¼ cup
Shortening	1 tbsp.
Chopped nuts	¼ cup
Yeast cake	½
Flour	2¾ cups

SOAK prunes in cold water overnight. Cook in same water until soft, and remove stones. To prune juice add boiling water to make one cup, bringing to boiling-point and pour over rolled oats. Let stand one hour, add sugar, one-half tablespoon salt, shortening, chopped nuts, yeast dissolved in the one-quarter cup lukewarm water, and the prunes. Then add flour, mix thoroughly, let rise, turn into buttered bread-pan, let rise again, and bake.

Rice with Pineapple

MATERIAL AND AMOUNT	
Rice	⅔ cup
Salt	1 tsp.
Water	3 cups
Butter	3 tbsp.
Pineapple	½ cup

ADD rice and salt to rapidly boiling water, boil five minutes and steam until soft. Add butter and fresh pineapple, cut in small cubes. Serve as a vegetable with meat, or as a dessert with sugar and milk, or with Chocolate Sauce.

Hamburg Steak

TO chopped round steak add salt, pepper, and as much milk as it will take up. Shape in a round cake, weighing two ounces, and broil from three to five minutes, turning frequently.

Dandelion Timbales

MATERIAL AND AMOUNT	
Eggs	2
Milk	1¼ cups
Butter	2 tbsp.
Salt	1 tsp.
Pepper	⅛ tsp.
Onion	1 tsp.
Dandelion greens, cooked	1 cup

BEAT eggs slightly, add milk, melted butter, salt, pepper, and scraped onion, and mix well with finely chopped cooked dandelion greens. Turn mixture into buttered molds, place in pan of hot water and bake in a moderate oven until firm. Remove from molds and serve with tomato sauce.

Peanut Butter Cookies

MATERIAL AND AMOUNT	
Peanut butter	⅜ cup
Sugar	½ cup
Egg	1
Soda	⅜ tsp.
Flour	1 cup
Salt	¼ tsp.
Cinnamon	⅜ tsp.

WORK the peanut butter until creamy, add gradually the sugar, the egg well beaten, soda dissolved in three-fourths tablespoon hot water, and flour sifted with salt and cinnamon. Chill, roll thin, cut in fancy shapes, and bake in a moderate oven. If thirty cookies are made, each cooky will furnish fifty calories.

Chocolate Sauce

MATERIAL AND AMOUNT		MATERIAL AND AMOUNT	
Chocolate	1 square	Sugar	1 cup
Corn syrup	1 tbsp.	Water	⅓ cup
Butter	1 tbsp.	Vanilla	½ tsp.

MELT chocolate, add corn syrup, butter, sugar, and, very slowly, the water. Let boil five minutes and add one-half teaspoon vanilla.

MENUS

FIRST DAY

BREAKFAST

Fresh Apples
Liver and Bacon
*One-egg Muffins and Butter
Coffee

LUNCHEON

*Creamed Codfish Baked Potatoes
Corn Bread and Butter
Cocoa

DINNER

*Vegetable Soup
Pot Roast Sauted Parsnips
Cranberry Sauce
Rice and Raisin Pudding
Tea

SECOND DAY

BREAKFAST

Apples Rolled Oats
*Hot Biscuits and Butter
Coffee

LUNCHEON

Hamburger Steak Buttered Hominy
Apple Sauce
*Currant Cake Cocoa

DINNER

Purée of Lima Beans
*New England Boiled Dinner
Bread and Butter
Chocolate Blanc Mange Tea

THIRD DAY

BREAKFAST

Stewed Pears
*Griddle Cakes, Syrup Coffee

LUNCHEON

Beef and Rice Croquettes
Peas and Carrots
Bread and Butter
*Gingerbread Tea

DINNER

Tomato Soup
Halibut Steak Parsley Potatoes
Bread and Butter
*Cream Tapioca Pudding Tea

FOURTH DAY

BREAKFAST

Stewed Prunes Rolled Oats
Buttered Toast Coffee

LUNCHEON

*Lamb Fricassee with Dumplings
Waldorf Salad
Bread and Butter Tea

DINNER

*Split Pea Soup
Roast Veal Boiled Rice
Bread Pudding Tea

FIFTH DAY

BREAKFAST

Oranges Shredded Wheat
Toast Coffee

DINNER

*Julienne Soup
Roast Pork
*Glazed Sweet Potatoes
*Pumpkin Pie Tea

SUPPER

Cold Sliced Meat
Country Fried Potatoes
Bread and Butter
Apple Sauce Tea

SIXTH DAY

BREAKFAST

Stewed Apricots Cornmeal Mush
Buttered Toast Coffee

LUNCHEON

Macaroni au Gratin
*Harvard Beets
Bread and Butter
Cottage Pudding, Chocolate Sauce
Tea

DINNER

Celery Soup
*Cannelon of Beef *Turkish Pilaf
Bread and Butter
Apple Cobbler, Vanilla Sauce
Tea

SEVENTH DAY

BREAKFAST

Bananas Oatmeal
Hot Biscuits Coffee

LUNCHEON

Chipped Beef on Toast
Cabbage Salad
Corn Bread Tea

DINNER

Cream of Lima Bean Soup
*Mock Tenderloin of Beef
Spaghetti
*Norwegian Pudding, Custard Sauce
Tea

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*Recipes for some of the dishes, indicated by *, are given on page 35. Others will appear in future issues until all have been given.*

Mixing Brains with Food

The Experiment of Dr. Robertson, Who Fed the Chicago Diet Squad on 31 Cents a Day per Person, has Proved that Any Intelligent Housewife can Provide her Family with a Nourishing and Satisfactory Menu for the Same Sum or Less

WHEN it was announced some time ago that Doctor Robertson had selected six men and six women, who would for two weeks live on a prescribed diet to cost at retail prices not over forty cents a day per person, the undertaking attracted nation-wide attention.

Curiously enough, most people missed the main object. The experiment was not to prove that thousands of housewives in this country were maintaining their tables on forty cents or less per diem per person, but rather to direct the attention of American women, at a time when the whole world is wrestling with the problem of provender, to the necessity of a carefully selected, properly prepared and balanced dietary for this figure; not how to live for forty cents a day, but how to live really well on a moderate sum.

It was also intended to call the attention of housewives to the fact that may nutritious and tasty dishes could be prepared out of less expensive material than they were using, that a very great variety could also be obtained at small cost, thus doing away with the deadly routine of many low-cost tables, and finally that in the fight against the high cost of living the household purse could, if the proper means be taken, be protected without the physical health of the family suffering, but on the contrary it might improve.

A most important thing it proved was that economy does not mean deprivation, but it does mean education and training in the purchase and preparation of meals. The housewife nowadays, to get the best results from a moderate sum, must mix brains with food.

In these days of the really high cost of most all foods a surprising result of the investigation was that the actual cost of the excellent food served was materially less than that set or thought possible in the beginning of the test, averaging, in fact, only thirty-one cents per person per diem. This would seem to strongly indicate that the present lofty scale of the cost of living after all may perhaps be due mainly to the willingness of many housewives to pay fancy prices for luxuries and to make no special efforts to limit the use of really costly foods. It must be understood that the cost stated did not include light, fuel, service, or other overhead charges. It is of importance, however, to note that all the supplies were purchased in the same way that any housewife would do her table marketing, from retail establishments and at prices which it is fair to assume would be about the same in the residential districts of most American towns and cities.

Any dietitian will agree that the real test of a diet is how those partaking of it thrive upon it. There are two principal ways of determining this; namely, weight and energy. Naturally what happened to the Chicago squad in these directions is therefore of the utmost interest to every housewife in arriving at conclusions.

When the squad began eating Dr. Robertson's meals its total weight was 1,825 pounds, while at the close of the test they weighed 1,870.75 pounds, a gain as will be seen of 45.75 pounds, or an average gain per member of 3.80 pounds. Showing conclusively that the food agreed with them better than that upon which they had been living previously, and none of the squad had in their own estimation been starving themselves, but just living as hundreds of thousands of middle-class Americans are accustomed to.

During the time the experiment was being conducted the members of the squad went about their daily duties, the same as they had when eating at home before the test was started. Some of them were outdoor workers, field inspectors, and some office workers; but there was no let up in the duties required. An examination of the daily records showed no lessening of the amount of work done daily by any member of the squad, rather a gain in efficiency was noted.

FOODSTUFFS PURCHASED FOR FINAL WEEK

Fruits			
Apples, cooking	1	pk.	$0.33
Apples, Jonathan	1	doz.	.17
Bananas	1½	doz.	.21
Dates	1	box.	.15
Evaporated Pears	1	lb.	.18
Grapes, California	1	lb.	.10
Grapefruit	½	doz.	.32
Lemons	3-12	doz.	.10
Oranges	1 2-12	doz.	.90
Prunes	1	lb.	.09
Raisins (15 oz.)	1	pkg.	.15
Staples			
Coffee	1	lb.	.27
Gelatin	1	oz.	.10
Karo Syrup	1	can	.10
Sugar, Granulated	10	lbs.	.79
Sugar, XXXX	2	lbs.	.19
Uneeda Biscuit	1	box.	.05
Bread			
Bread	17	loaves	1.70
			$25.83
Fish			
Clams	2	cans	$0.44
Codfish (6 oz.)	2	pkgs.	.20
Lake Trout	6	lbs.	1.12
Oysters	1	qt.	.50
Oysters	1	qt.	.40
Meats			
Beef Shoulder, stew	4	lbs.	.60
Chicken	11	lbs.	2.00
Pot Roast (bottom round)	7	lbs.	1.26
Suet	½	lb.	.08
Leg of Lamb	8	lbs.	1.44
Butterine	1	lb.	.26
Lard	3	lbs.	.67
Pork Loin	8¼	lbs.	1.44
Chopped Veal	5	lbs.	1.10
Bacon	2	lbs.	.44

Vegetables			
Beets	2	lbs.	.10
Beans, Lima	1	lb.	.12
Beans, baked	3	cans	.54
Cabbage	2½	lbs.	.10
Cauliflower	2	heads	.12
Celery	1	bunch	.15
Corn	1	can	.16
Cranberries	1	qt.	.09
Green Peppers	2-12	doz.	.05
Lettuce	4	heads	.10
Onions	3	lbs.	.15
Peas, Yellow Split	1	lb.	.12
Potatoes, Michigan	½	pk.	.27
Potatoes, Sweet	10	lbs.	.31
Tomatoes	2	cans	.30
Turnips, Yellow	3	lbs.	.09
Parsley	1	bunch	.04
Dairy			
Eggs	2	doz.	.92
Butter	6	lbs.	2.64
Milk	30	qts.	2.70
Cottage Cheese	2	lbs.	.20
Supplies on hand			$2.00
Total expense for week			$23.83
Total expense per day			$3.40 plus
Per capita per day			.28½
Supplies on Hand			
Rice	1½	lbs.	$0.12
Oatmeal	2½	lbs.	.14
Hominy	2¾	lbs.	.16
Tapioca	1	lb.	.12
Coffee	½	lb.	.14
Postum	½	pkg.	.05
Molasses	1	pt.	.08
Tea	¾	lb.	.33
Sugar, Granulated	3	lbs.	.23
Sugar, XXXX	1	lb.	.09
Sweet Potatoes	3	lbs.	.10
Lard	2	lbs.	.44

Total meals (2 weeks)	42
Total cost	$52.11
Average per meal for the group	1.24
Average cost per capita per diem	.31

MENUS

EIGHTH DAY

BREAKFAST

Baked Apples
French Toast, Syrup
Coffee or Postum

LUNCHEON

Clam Chowder
Corn Bread, Butter
*Hunter's Pudding, Lemon Sauce
Tea

DINNER

*Spaghetti Soup
*Meat Pie Succotash
Bread and Butter
Prune Jelly Tea

NINTH DAY

BREAKFAST

Oranges, *Waffles, Syrup Coffee

DINNER

Cream of Pea Soup
Roast Chicken with Dressing
Giblet Gravy
Mashed Potatoes Turnips
Celery *Cranberry Sauce
Apple Pie Demi tasse

SUPPER

*Brown Fricassee of Oysters
Bread and Butter
Assorted Fresh Fruits
Cocoa Drop Cakes

TENTH DAY

BREAKFAST

Stewed Figs Rolled Oats
Toast, Butter Coffee

LUNCHEON

Boston Baked Beans
*Brown Raisin Bread
Celery and Date Salad
Tea

DINNER

*Tomato Soup
Baked Lake Trout Potatoes
Bread and Butter
*Washington Cream Pie Tea

ELEVENTH DAY

BREAKFAST

Stewed Pears Hominy
Toast, Butter Coffee

LUNCHEON

*Codfish Balls
*Philadelphia Relish
Bread and Butter
Apple Dumplings, Vanilla Sauce
Tea

DINNER

Vegetable Soup
*Braised Beef Buttered Rice
Stewed Onions
Chocolate Junket Sugar Cookies
Tea

TWELFTH DAY

BREAKFAST

Grapefruit
Griddle Cakes, Syrup Coffee

DINNER

Consommé with Rice
Leg of Lamb
Candied Sweet Potatoes
Creamed Cauliflower
*Mock Plum Pudding, Hard Sauce
Tea

SUPPER

Cold Meat
*Lyonnaise Potatoes
*Sugar Cookies Cocoa

THIRTEENTH DAY

BREAKFAST

Apples Cornmeal Mush Toast

LUNCHEON

Split Pea Soup
Beef Stew
Bread and Butterine
*Lemon Tarts Tea

DINNER

*Potato Soup
Veal Loaf Hominy
Pickled Beets
Bread and Butterine
Fruit Jelly Tea

FOURTEENTH DAY

BREAKFAST

Oranges
Rolled Oats with Dates
French Toast, Bacon
Bread and Butter Coffee

LUNCHEON

*Oyster Purée Hearts of Celery
Cottage Cheese Salad
Hot Rolls, Butter
Dutch Apple Cake Tea

DINNER

Turkish Soup
Roast Loin of Pork, Cranberry Sauce
*Sweet Potatoes — Georgian Style
*Scalloped Onions
Old-Fashioned Rice Pudding
Bread and Butter Tea

Wholesome Inexpensive Dishes Served the Chicago Diet Squad

SEE MENUS ON PAGE 34

Proportions given in these recipes are sufficient to serve a family of twelve adults. For smaller families proportions should be reduced according to number of people to be served.

One-Egg Muffins

3½ cups flour
6 teaspoons baking-powder
1 teaspoon salt
1½ cups milk
3 tablespoons melted butter
1 egg
3 tablespoons sugar

Mix and sift dry ingredients; add, gradually, milk, egg, well beaten, and melted butter. Bake in buttered gem-pans twenty-five minutes.

This recipe makes thirty muffins.

Creamed Codfish

6 tablespoons butterine
8 tablespoons flour
1 teaspoon salt
Pepper
1 quart milk
1 pound codfish

Melt butterine, and when bubbling add flour and seasonings; when thoroughly blended add liquid, about one-third at a time, stirring until well mixed; then beat until smooth and glossy. Add flaked codfish and serve.

Vegetable Soup

6 pounds meat and bone
6 quarts water
½ teaspoon peppercorns
6 cloves
½ bay leaf
2 sprigs parsley
Carrot, turnip, onion, celery, ½ cup each, cut in dice
1 tablespoon salt

Wipe beef, and cut the lean meat in one-inch cubes. Brown one-third meat in marrow from the marrow bone. Put remaining two-thirds with bone and fat in soup-kettle, add water and let stand for thirty minutes. Place over slow fire, add browned meat and heat gradually to boiling-point. As scum rises it should be removed. Cover and cook slowly six hours, keeping below boiling-point during cooking. Add vegetables and seasonings, cook one and one-half hours, strain and cool as quickly as possible.

Baking-Powder Biscuits

2 cups flour
5 teaspoons baking-powder
1 teaspoon salt
1 cup milk
2 tablespoons lard
½ cup water

Mix and sift the dry ingredients; work in lard with the fingers; add the liquid gradually to make a soft dough; toss on a floured board and roll to one-half inch thickness; cut and bake in buttered pan in a hot oven for about twelve minutes.

Currant Cake

¼ cup butter
1 cup sugar
2 eggs
½ cup milk
2 cups flour
3 teaspoons baking-powder
1 cup currants

Cream the butter; add sugar gradually, also eggs well beaten; add milk, add flour mixed and sifted with the baking-powder; add currants, slightly floured; bake forty minutes in a moderate oven.

Lamb Fricassee

Three pounds of lamb from the fore-quarter, cut by the butcher in pieces for serving. Wipe meat, put in kettle, cover with boiling water, and cook slowly until tender. Remove from water, cool, sprinkle with salt and pepper, dredge with flour, and sauté in butter or mutton fat. Arrange on platter and pour around it one and one-half cups of brown sauce made from liquor in which meat was cooked, after removing all fat. It is better to cook meat the day before serving, as fat may then be easily removed.

The Brown Sauce

3 tablespoons fat
2 slices onion
4 tablespoons flour
1½ cups brown stock
¾ teaspoon salt
⅛ teaspoon pepper

Cook onion in fat until slightly browned, remove onion and stir, adding flour and seasonings. Brown the flour and add warm stock gradually.

Dumplings

2 cups of flour
4 teaspoons baking-powder
¾ cup milk
½ teaspoon salt
2 teaspoons butter

Mix and sift dry ingredients, work in butter with tips of fingers. Add milk gradually, using a knife for mixing. Toss on a floured board, pat, and roll out to one-half inch in thickness. Shape with biscuit-cutter, first dipped in flour. Place closely together in a buttered steamer, put over kettle of boiling water, cover closely, and steam twelve minutes. A perforated tin pie-plate may be used in place of the steamer. A little more milk may be used in the mixture, when it may be taken by spoonfuls, dropped, and cooked on top of the stew. In this case some of the liquid must be removed so that dumplings may rest on meat and potatoes and not settle into liquid.

New England Boiled Dinner

2 medium cabbages
2 medium rutabagas
4 potatoes
6 carrots
6 onions
2 pounds lean salt pork
4 cloves
Allspice

Boil the salt pork with spices until tender; cook rutabagas and carrots in water sufficient to cover for twenty minutes; add the cabbages, onions, and potatoes; cook until vegetables are tender. Arrange the vegetables on a serving-dish with the sliced salt pork over them.

Griddle Cakes

3 cups flour
1½ tablespoons baking-powder
1 teaspoon salt
2 cups milk
1 egg
3 tablespoons butter

Mix and sift the dry ingredients, beat egg, add milk, and pour slowly on first mixture. Beat thoroughly and add melted butter.

Gingerbread

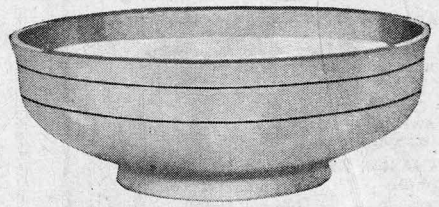
¼ cup butterine
½ cup sugar
½ cup molasses
1 egg
½ cup sour milk
1¾ cups flour
2 teaspoons ginger
1 teaspoon cinnamon
1 teaspoon soda

Cream the butterine; add sugar, molasses, sour milk, and the egg, well beaten. Mix and sift the dry ingredients and add to the first mixture. Bake in a moderate oven thirty to forty-five minutes.

Cream Tapioca Pudding

½ cup pearl tapioca
1 quart scalded milk
2 eggs
⅓ cup sugar
¼ teaspoon salt
1 teaspoon vanilla

Soak tapioca in cold water one hour: drain and add to milk; cook in a double boiler until tapioca is transparent. Add the sugar and salt to the egg yolks slightly beaten. Add milk and tapioca to this mixture, return to double boiler and cook until it thickens, add slowly to stiffly beaten whites. Chill and flavor.



What Shall

Go In It?

In the bowl of milk which you will serve so many times next summer.

There is something better than bread or crackers — better in food value, better in taste, and better for digestion.

It is Puffed Wheat, with all the wheat elements, and every food cell exploded.

Grains of wheat — or grains of rice — puffed to eight times normal size. Bubble-like grains, flaky, toasted and thin. Airy morsels which crush at a touch, and which have an almond flavor.

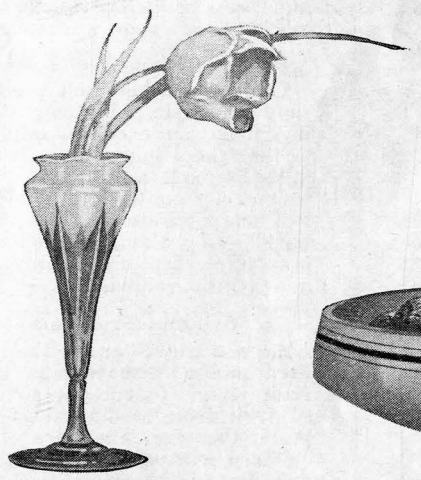
Made by Prof. Anderson's process, so digestion is easy and complete. Every atom feeds.

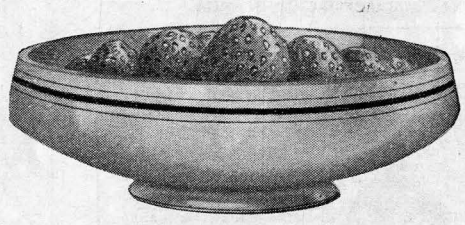
Folks get too little whole-grain food. Why serve a part-grain in your milk dish when whole grains are so dainty?

Puffed Wheat **Puffed Rice**

and Corn Puffs

Each 15c Except in Far West





What Shall

Go On It?

On your berries or other fruit.

Fruit is better when a crust goes with it. That's the reason for pies and tarts and shortcake.

Puffed Grains are dainty, nut-like crusts to mix in with your berries. They form a delightful blend.

Or serve the Puffed Grains in a separate dish, covered with sugar and cream. And eat them with your fruit.

There is nothing else like them. Nothing with food cells exploded. Nothing with such an inviting taste. Your folks will revel in Puffed Grain dishes. Serve all three kinds, and serve them often. They are the perfect grain foods.

The Quaker Oats Company

Sole Makers (1556)

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You Can Roll the little carpet sweeper over the floor separate from the vacuum.

You Can Roll the vacuum separate too.

You Can Roll the two together and in one operation do the work of both perfectly.

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No opening of windows or screens—no exposure to bad weather—no admittance of flies or mosquitoes, because you can open, close or lock your shutters in any position from inside your room.
This simple device is easy to put on any new or old dwelling and costs a little more than the old-fashioned and troublesome fixtures—a child can operate.
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ORIENTAL Single-Service TEA BAG

Modern sanitary method of serving tea—just enough in each linen bag for one or two cups—dip bag in cup of boiling water—brew to suit individual taste. State kind wanted: Oolong, Eng. Bkft., Ceylon, Orange Pekoe. Box of fifty bags parcel post, prepaid, **$1.00.** Sample box for trial, prepaid, **25c.** Send check, post office order or stamps.
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Sign of Big Gold Teakettle. Complete price list of teas and coffees.

POMPEIAN OLIVE OIL SALAD DRESSING

MADE WITH POMPEIAN OLIVE OIL - TRY IT

Housekeeping Helps for Mothers

And Devices that have been Approved at the Applecroft Experiment Station

To Keep Small Rugs Lying Smooth

I find that by sewing a small brass ring on each corner of the rug and slipping the ring over a tack I can keep rugs down well, especially when there are children about.—J. A. R.

To Prevent Milk Scorching

First rinse in cold water a dish in which milk is to be heated, and milk will not scorch.—M. S.

Baby's Sleeping Bag

Instead of putting sleeves in a baby's sleeping-bag leave it the full width of the cloth; leave an opening at the top for his head and enough buttons or snaps to fasten it around the neck. Sew snaps across the lower edge, too, so it will be easy to change his diapers at night. They say that if diapers are never allowed to dry on a baby it is easier to teach him not to wear them.—A. F. R.

Snaps in the Legs of Baby's Rompers

Sew large snaps in the under legs of rompers for diaper babies. They are easy and quick to fasten and unfasten. It saves a lot of time.—F. R. N.

Woolen Garments

When making a garment of woolen goods that requires washing, such as a baby's white coat and petticoats, you can avoid the material shrinking and leaving a sagged lining if you lay a damp cloth over the flannel and press it before making. —West.

For the School Lunch Box

Graham crackers put together sandwich style, with mocha filling, make an excellent addition to the school lunch-box. Mocha filling is made as follows:

One cup confectioners' sugar, two teaspoonfuls of cocoa, butter size of walnut, moisten with hot coffee, beat thoroughly and add a little vanilla.—W. E. B.

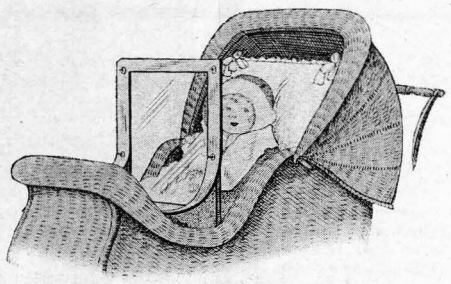
To Label Fruit Jars

A good way to amuse the children and a wise way to label fruit jars is to cut out pictures of fruit from seed catalogs and paste them on the jars. The children will enjoy cutting them and also will be glad to feel that they are helping.—Seattle.

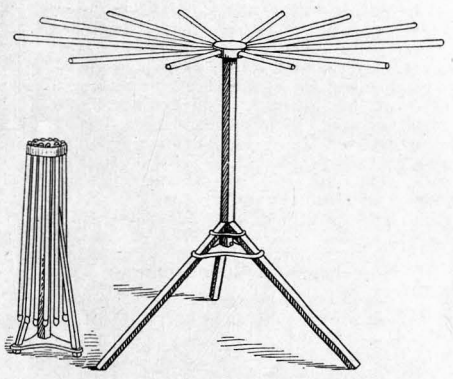
Amusing the Children

I have a friend who has an easy and adequate way of keeping her two little girls happy and contented on a long train or boat trip. She takes with her several old newspapers or a magazine and a pair of kindergarten scissors. With these she makes them paper pin-wheels, wind-mills, fans, paper dolls, etc. They play with one until it gets tiresome and then she makes something new.

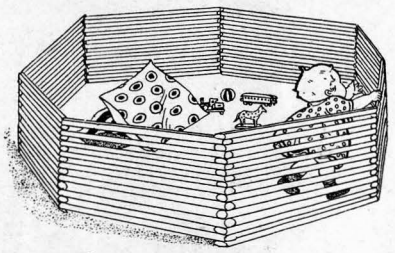
This same mother has two strong hooks and a rope in her living-room doorway, and on rainy and stormy days her girlies have a swing in the house that they enjoy quite as well as the outdoor one.—N. M. O.



Why has some one never thought before that baby should have a wind-shield to protect his face as well as does the motorist? This special wind-shield, which is adjustable, can be fastened on to any baby carriage. It is made of mica firmly strengthened at the sides.



A rack unfolding like the ribs of an umbrella, which stands upright about three feet from the floor is very useful. It can be folded away when not in use and is convenient for drying napkins and hanging the little dresses, skirts, etc., as they come from the laundry.



There are several types of so-called pens for children. This one, to be used on the floor only, folds when not in use, and can be moved from one room to another.

An article which makes baby's bath a delight is a folding portable tub of rubber, supported on a stand and having in the base a faucet which insures easy emptying. This is much softer to the baby's skin than a metal tub and it, too, can be folded into a few inches of space when not in use.

Baby's Booties

About one-half inch from the end and on the outside of each strap make a buttonholed bar about one-half inch wide. Slip a narrow ribbon through these bars and tie in bow.—N. H.

Scratched Furniture

Dark oak furniture often suffers where there are little ones in the house. Whenever scratches or "skuffed" places appear just "dab" a little colored iodine on the spot and then go over the furniture with a good polish and presto! you have a piece of furniture like new. You can hardly detect the spot yourself.—L. O. K.

Helping Children as well as Mother

So often a mother's time is all taken up with the cooking and keeping the house straightened that she neglects to teach the children orderliness. One plan I find a success is offering as a reward, a desired book or new ribbon, a good ball, or even a piece of needed furniture for their rooms — on the condition that they keep their rooms in order and their clothes in their proper places for a certain length of time. After this habit has been established the children enjoy doing it and the mother has more time to spend with her children.—Mrs. V. C.

To Give Children Castor Oil

Taking castor oil this way will make it a pleasure instead of a punishment. Take twice the bulk of orange juice that you have of oil, put half of the juice in a glass, pour the oil in centre of glass on top of orange juice, being careful not to touch the sides of glass. Then pour remaining orange juice in, drink at once and not a trace of oil can be tasted.—Best.

When Mother Calls

When a mother calls with her child you will find it very satisfactory to have some old books or magazines, and a box of crayons so that the child can enjoy the call as much as you and its mother do. If they like to cut paper dolls, have a suit-box lid to place on their lap so the scraps will fall into it and prevent any clutter in the room. —L. D. M.

In Combing Children's Hair

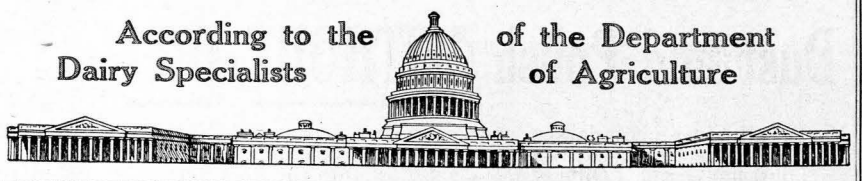
In combing children's hair, if persons will begin at the ends and work toward the head they will find it much easier, and better. Nearly every one begins near the head and combs, or trys to comb through, thus hurting the child and breaking the hair. —Montana.

Mother's Dress Protector

The greatest convenience and comfort for the mother of the small baby is a bath-towel, thirty-six by eighteen, preferably pink or blue plaid. Fold the ends to the centre, then fold again like a card-case and fasten with large-sized snaps and you have a pad that is good-looking, easily laundered yet quite thick enough to protect the daintiest gown.—E. W. B.

The Care of Milk in the Home

According to the Dairy Specialists of the Department of Agriculture



THE three "C's" for the proper care of milk in the home, according to the dairy specialists of the United States Department of Agriculture, are: Keep milk CLEAN, COLD, COVERED.

Milk is a highly perishable food, and the length of time it will remain sweet and safe, especially for children, depends, the specialists say, almost entirely upon the constant care it receives from cow to consumer. Milk passes through three agencies — the producer, the dealer, and the consumer. If the first two have done their part, clean, safe milk will be delivered, thoroughly chilled, to the consumer. The consumer's responsibility begins the moment the milk is delivered at his doorstep.

Because milk poured from vessel to vessel on the street is very liable to contamination from dust, manure particles, and germs, milk is best delivered in capped bottles. If bottled milk can not be obtained, the housewife should try to have some one in the family receive the milk in a clean, scalded utensil, cover it instantly and put it without delay into the refrigerator or the coldest available place. Under no circumstance should an uncovered pitcher, bowl, or pan be left out on the porch to receive bulk milk. The vessel, both before and after the milk is poured into it, is accessible to flies and collects particles of dust and dirt.

Even in the case of bottled milk, however, the consumer must see that the bottle is not left out in the heat for a moment longer than is necessary. Milk should be delivered and kept at a temperature of fifty degrees Fahrenheit or lower — the colder the better. At such temperatures bacteria develop very slowly and milk undergoes little change until consumed. A slight rise in temperature above this point, however, permits bacteria to multiply rapidly and brings about rapid deterioration of the milk, which may render it unfit for ordinary use and make it highly dangerous for babies and little children. For this reason bottled or other milk should not be allowed to remain in a warm place, as on a sunny porch or in a hot kitchen, for a moment longer than is necessary.

Delivery of Milk in Hot Weather

In hot weather the best plan is to have the milkman put the milk directly into the refrigerator, because at that time of year milk cannot be kept properly without ice. If a refrigerator is not available, provide a small box containing ice, and if ice is unobtainable, provide some tight container with insulated walls that keep the heat from getting rapidly to the cold milk. A home-made fireless cooker is admirable for this purpose, especially if partially filled with ice. In the absence of any of these devices, arrange with the milkman not to leave the milk in the sunlight, but to put it in the coolest, shadiest place around the house.

Handling Milk in the Home

In handling milk around the home, do not pour it from one vessel to another until it is to be consumed. Do not let the bottle of milk remain out of the refrigerator a moment longer than is necessary. Keep the milk covered, using paper caps or an inverted tumbler on bottles, or storing it in covered utensils. Any household utensil that is to be used as a vessel for keeping milk should first be cleaned thoroughly and scalded.

Before opening a bottle of milk, wash and wipe the neck and outside of the cap with water and a clean cloth. The little depression on the top of the cap may collect dust or water, and any milk that leaks out may attract flies. Lift out the cap with a pointed instrument, so that the outside of the cap, which may be contaminated, will not be pushed down into the milk. Each time the milk is to be poured from the bottle it is a wise precaution to wash the neck as described.

Milk in a Refrigerator

The refrigerator where milk is stored should be cleaned regularly, especial care being given to keeping the drip pipe free and clean. The ice-rack also should be cleaned and any place where food is kept or milk stored should be scalded occasionally with sal-soda solution. The refrigerator, even though cold, may quickly be contaminated by a few drops of spilled milk, or by small particles of food. No matter how clean the refrigerator, milk should never be kept in an open vessel. As milk absorbs odors easily, such food as fish, cabbage, or onions should not be kept in proximity to it.

Clean Empty Bottles

As soon as a milk-bottle is emptied, rinse it thoroughly with cold water. Do not return dirty bottles and do not use milk bottles except to hold milk. Returning dirty bottles to the milkman may mean that a few days later either you or your neighbors will get contaminated milk. Milk bottles should never be taken into a sick room. In case of infectious or contagious disease, all bottles should be boiled thoroughly and should not be returned to the dealer without the express permission of the attending physician. Such diseases easily can be made epidemic through disregard of this precaution.

Where there are Children

Care of milk, important for all, is a vital necessity in a home where there are children. It is absolutely essential to the safety of babies. No intelligent mother will leave to an ordinary servant the task of caring for or preparing the milk for her baby. Mothers of small children should get, from their own physicians, explicit directions for the proper handling of milk and for cleaning and sterilizing nursing bottles. Pamphlets on infant feeding may be obtained from the municipal milk stations or health officers. Milk for babies cannot be kept too cold, and too much care cannot be given to keeping it clean and covered.

Further information on this subject may be had by writing to the United States Department of Agriculture, Washington, D. C., for Farmers' Bulletin 413, "Care of Milk and Its Use in the Home."

Two pictures of Mary Frances Averill, an Eagle Brand Baby, one at the age of nine months, the other at four years.

Healthy, Normal Babies are the Nation's Greatest Asset

The intelligent care and feeding of these babies during the first year of their existence largely determines whether or not they are to be healthy and normal.

As a food for the little one, Mother's Milk obviously is the only perfect nourishment.

But thousands of babies cannot have Mother's Milk.

These thousands must be nourished on a food other than that which nature intended and so the problem of how to feed the baby is one that constantly confronts the mother and the physician.

After Mother's Milk—What?

What is ***best*** for the baby when deprived of Mother's Milk?

Among the foods available for infant feeding Eagle Brand Condensed Milk has held a leading position for over half a century.

Composed of clean cows' milk and cane sugar—nothing else—it offers certain definite advantages that cannot be overlooked.

It insures at all times a ready supply of cows' milk that does not deteriorate in quality or wholesomeness after the conteiner has been opened. It retains its freshness and purity until consumed.

It is uniform in fat, protein, sugar and mineral salts, and enables the mother to measure accurately the food value of each feeding.

Gail Borden EAGLE BRAND CONDENSED MILK THE ORIGINAL

It is highly palatable. Babies like it and the enjoyment of food is surely an important factor in the results obtained from that food.

It is easily digested. In the stomach, Eagle Brand produces a soft, flocculent curd that offers little or no resistance to the action of the gastric juices.

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If for any reason your baby is not thriving on its present food try Eagle Brand Condensed Milk

It is clean, fresh and uniform. Wherever you may be, at home, traveling or visiting, the Eagle Brand baby is sure of a never-failing supply of wholesome food.

Grocers and Druggists everywhere sell Eagle Brand.

Write to us today for our baby booklet. It contains much important information on the care of babies.
We also have a book of recipes which tells you of the many delightful ways you can use Eagle Brand in the kitchen.

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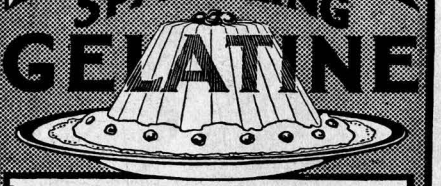
KNOX SPARKLING GELATINE



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You are insured a clear, transparent jelly made from the best material when you use Knox Sparkling Gelatine.

I know both yourself and family will be pleased if you try the recipe for Maple Rice Pudding which is printed below.

Mrs. Charles B. Knox.
President.

Maple Rice Pudding

Soak ½ envelope of KNOX SPARKLING GELATINE in 1 cup of milk ten minutes and dissolve in 2 cups of hot boiled rice cooked dry. Add 1 cup of granulated sugar or brown sugar, maple sugar or maple syrup and ½ teaspoonful of salt, 1 cup chopped nut meats, if desired, 1 teaspoonful vanilla, and when cool fold in 1 cup cream, beaten until stiff. Turn into mold which has been dipped in cold water. When firm, remove from mold and serve.

Recipe Book Free

Our book "Dainty Desserts for Dainty People" will be sent for your grocer's name. If you wish a pint sample enclose 4 cents in stamps.

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here is an antiseptic germicide liniment—one that is healing, cooling and soothing. Absorbine, Jr., is more than a germicide, more than a liniment—it is both. It means prompt relief from aches and pains; keeps little cuts and bruises from becoming more serious.

Absorbine, Jr.
THE ANTISEPTIC LINIMENT
TRADE MARK REG. U.S. PAT. OFF.

It is especially good for children's hurts because it is so harmless and safe to use—made of pure herbs and positively non-poisonous.

Use Absorbine, Jr., wherever a high-grade liniment or germicide is indicated. To reduce inflammatory conditions—sprains, wrenches, swollen veins or glands.

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Water Color & Pastel Painting
Text book with full size working studies, $1. Water Color and China Magazine $1 yearly. China Kilns $20. THE ARTIST, Chicago.

Baby's First Gifts

ILLUSTRATIONS ON PAGE 5

No. 17-5-11, CHILD'S BATH TUB, AND No. 17-5-18½, GIFT CARD. Designs stamped on paper for tracing, 10 cents each. Blue impression paper, 10 x 12 inches, 10 cents a sheet.

No. 17-5-12. BONNET-BOX COVER. Design stamped on white lawn, 30 cents. Cotton for working, 3 cents extra; silk for working, 10 cents extra. Valenciennes beading, 20 cents extra. Perforated stamping pattern, 10 cents. Transfer pattern not supplied.

No. 17-5-13. IRONING-BOARD COVER. *Size,* 8 x 24 *inches.* Design stamped on linen-finish cotton, 20 cents; on cotton lawn, 25 cents. Cotton for working, 14 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 10 cents.

No. 17-5-14. CASE FOR NIGHTDRESS. Design stamped on Persian lawn, 30 cents. Cotton for working, 12 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-15. COVER FOR HOT-WATER BOTTLE. Design stamped on all-wool flannel, 30 cents. Cotton for working, 4 cents extra; silk for working, 5 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-16. PILLOW. *Size,* 11 x 17 *inches.* Design stamped on Persian lawn (material given for back), 40 cents. Cotton for working, 12 cents extra. Valenciennes lace for edge, 35 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern, 15 cents.

No. 17-5-17. TOWEL. *Size,* 15 x 24 *inches.* Design stamped on bird's-eye linen, a fine soft quality, 55 cents. Cotton for working, 6 cents extra. Perforated stamping pattern, 20 cents. Transfer pattern, 10 cents.

No. 17-5-18. SACHET. Design stamped on Persian lawn, 25 cents. Cotton for working, 6 cents extra. Valenciennes lace for edge, 25 cents extra. Perforated stamping pattern, 20 cents. Transfer pattern, 10 cents.

Painting, Cross Stitch and Crochet for Baby

ILLUSTRATIONS ON PAGES 8 AND 9

No. 17-5-29. NAME PLATE AND MUG. *Letters, size ¾ inch.* Complete alphabet stamped on paper for tracing, 15 cents. A name, consisting of not more than twenty-three letters, will be arranged on paper ready for tracing on a plate, size 7½, 8, or 8½ inches, for 75 cents. Blue impression paper, 10 x 12 inches, 10 cents a sheet. Motif for mug is on page 8.

Nos. 17-5-30 AND 17-5-31 STRAPS. White Hardanger cloth, not stamped, and pink or blue cotton for working, 12 cents either number. Steel crochet-hook No. 7, 10 cents. We do not supply the other materials required to complete the straps; these may be purchased locally.

Materials for Crochet

MATERIALS. White mercerized crochet cotton (hard twist), No. 60, 23 cents a ball; two balls for 45 cents. No. 70, 28 cents a ball; two balls for 55 cents. Mercerized crochet cotton (loose twist), white, pink, and blue, 15 cents a ball. Crochet silk, 50 cents a spool. Twist embroidery silk, 5 cents a skein. Steel crochet-hooks, Nos. 8, 10, 11, and 14, 10 cents each.

Summer Bonnets

ILLUSTRATIONS ON PAGE 3

No. 17-5-1. BONNET. *Size,* 17 *inches around inner edge of brim.* Design stamped on Persian lawn, 35 cents. Cotton for working, white or a desired color, 9 cents extra; silk for working, 30 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern, 15 cents.

No. 17-5-2. BONNET. *Size,* 17 *inches around inner edge of brim.* Design stamped on Persian lawn, 35 cents. Cotton for working, white or a desired color, 9 cents extra; silk for working, 35 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern, 15 cents extra.

No. 17-5-3. BONNET BOX. Design stamped on tan soisette, 35 cents. Cotton for working, 15 cents extra; silk for working, 40 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents. *A diagram showing how to place the colors will be sent with each pattern.*

Work commenced on any one piece, 75 cents additional.

Howard Dustless-Duster Mops Dust and Polish WITHOUT OIL!

OIL dust-mops darken and grime fine floors. **Oil** dust-mops leave a sticky, greasy, slippery surface that **collects** dust and germs. **Oil** dust-mops rub dust into the floor surface, making necessary frequent and costly refinishing.

Howard Dustless-Duster Mops are chemically Treated by the wonderful Howard "No Oil to Soil" process

Howard Mops are always used **dry**; they dust and polish instantly, **without oil.** And leave the finish looking fresh and new. Howard Mops need no treatment but washing, when filled with dust. After that, they are **as good as new.**

The Howard Dustless-Duster Mop is only one of twenty styles of Mops and Dusters treated by this **wonderful process.** There's a Howard Dustless-Duster for every household requirement.

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TRADE DUSTLESS-DUSTER MARK REG. U.S. PAT. OFF.

Protection—Always insist on the red diamond trade mark and the name HOWARD.

FREE *Small sample dust cloth, catalogue, and booklet which tells how to keep floors looking fresh and new—if you send us your dealer's address.*

HOWARD DUSTLESS-DUSTER CO.
261 P Franklin Street, Boston, Mass.

30 DAYS FREE TRIAL

and *freight prepaid* on a new 1917 **"RANGER"** bicycle. **Write at once** for our *big catalog* and *special offers.* Take your choice from 44 styles, colors and sizes in the famous **"RANGER"** line.

Marvelous improvements. Extraordinary values in our 1917 price offers. *You cannot afford to buy* without getting our *latest propositions* and **Factory-to-Rider** prices.

Boys, be a **"Rider Agent"** and make big money taking orders for bicycles and supplies. Get our *liberal terms* on a sample to introduce the new **"RANGER".**

TIRES, equipment, sundries and everything in the bicycle line at *half usual prices. Write Today.*

MEAD CYCLE COMPANY Dept. B-8 Chicago

20 Cross Stitch DESIGNS in Actual Colors GIVEN

To prove the superiority of Collingbourne's Embroidery Floss, we will send 20 beautiful designs for Cross Stitch Embroidery all reproduced in actual colors, free and postpaid, to any lady sending only 10c in silver or stamps for 4 full size skeins of 6 strand Floss. Colors: Pink, Green, Delph Blue and Brown. Money back if not pleased.

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Sew Your Seams with Collingbourne's Byssine.

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For a penny post card you can get from Montgomery Ward & Co. a book which tells how to buy paint at remarkably low prices. This book is worth many dollars to any one who uses paint in small or large quantities. Write today and don't forget to mention Dept. B42

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MATTRESSES last longer, are sweeter and cleaner, equipped with

Quilted Mattress Pads

Made of two pieces of heavy bleached white muslin—both sides quilted—with dainty snow white wadding of the best grade between. They can be washed easily without losing their light, fluffy texture or their attractive whiteness. Mothers readily appreciate their usefulness—they keep babies' cribs absolutely dry and sanitary. They are made in all sizes to fit any bed or crib.

Look for trade-mark in red letters
Excelsior Mattress Protector

EXCELSIOR QUILTING COMPANY,
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Can be had without use of a knife by wearing our *Seamless Ventilated Bunion Protector.* Made of one piece of soft, pliable leather, reinforced by felt, perforated for ventilation. When ordering, state first whether man or woman's size is wanted, and then right or left foot, as desired. Satisfaction guaranteed. Price 35c postpaid. Full directions given in *Free Booklet* featuring our Perfection Arch Cushions and Bunion Protectors. Write for it today.

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Ladies, $50 a Month

introducing our guaranteed hosiery in your spare time. Mrs. Schurman averages $15 a week with only two hours work a day. Mrs. Perry made $27 a week in afternoons. Handsome sample outfit furnished free.

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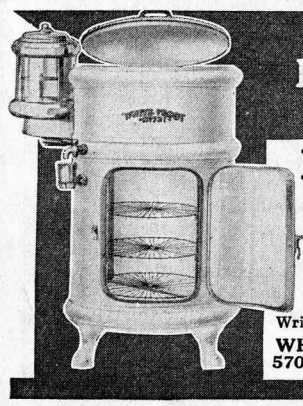
Home Weaving Looms Only $8.50

Big money in weaving rugs, carpets, etc., from rags and waste material. Be sure to send for free loom book. It tells all about weaving and our wonderful $8.50 and other looms.

Union Loom Works, 258 Factory St., Boonville, N. Y.



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Write today for catatog. H. L. SMITH, Pres.

WHITE FROST REFRIGERATOR CO.
570 N. Mechanic St., Jackson, Michigan

White Frost SANITARY Refrigerator

Buy the advertised brands of household necessities. They are usually the best.

The Children's May Party

By Jesse Morgan Stoughton

GEORGIANN turns contemplative eyes to the opened windows; then to the little yellow calendar occupying a conspicuous position on the wall before she makes the statement, "Mother, next Tuesday is May Day."

"Yes, it is, Mother," Brother affirms, as I turn questioning eyes to the calendar; and the littlest one leaves her chair to jump up and down and squeal with delight: "May Day! Oh, Goodie! Goodie! Goodie! Oh, tell us the story again about your first May Party, Mother! Do. *Please,* won't you?"

Three pairs of eager eyes question and plead, as they settle themselves comfortably on the couch; so, I tell again the story of a sunshiny little valley in Pennsylvania, and of a little green village of peace cupped by smiling hills where old-time gardens bloom and old-fashioned flowers scent the air.

Where the grass grows green and friendly, and the shrub and snowball and lilac bushes stand sentinel, and the honeysuckle climbs in loving tendrils on the walls of that peaceful little village so well named "Harmony"; and of my first May Party in the days of long ago.

It lingers a blessed memory and the children find happiness in its recital, and long sighs of content mark the closing of the tale.

"Mother, why can't *we* have a May Party?" the littlest one asks, with parted lips and eyes agleam.

"W-e-l-l, why *can't* we?" I reply; then I am seized upon and almost devoured by three whooping little Indians.

"How many can we have?" asked Georgiann.

"How much will it cost?" queries Brother, the thrifty one.

"Oh, I'll have the bestest, bestest time!" sings the littlest one, as she dances around the table.

"How many, Mother?" Georgiann repeats.

"Twenty?" I ask and she nods her head with pleasure.

"What will we have to eat — and how much will the party cost?" The thrifty one waits with pencil and paper.

"Sandwiches — several kinds; ice cream and cake; candy and lemonade — just plain food, Son; and it will cost — let's see — about six dollars; five for the menu and a dollar for crêpe paper, and red, white and blue muslin streamers for the May Pole.

"What will the other things cost, Mother?"

"Oh, you close one!" I smile. "Well, two dollars for a gallon and a half of ice cream. A dollar for cakes, and a dollar for sandwiches.

"Two dozen of lemons will cost forty cents and leave sixty cents for sugar for the lemonade and to make the candy — in all for the supplies, five dollars; and it means lots of work, and also fun in getting ready."

Preparing for the Party

We clear away the breakfast dishes and with much general discussion agree upon the list of little guests to be invited.

Then Georgiann and Brother take paints and brushes and water pans and paint cloths to Mother's own round writing-table, and there they fashion place-cards, each a tinted flower, and quaint little invitations of white cardboard, decorated with May baskets and butterflies and scattered flowers and letter with their grouped names and the hours, two to six.

Then, after luncheon, for it is a Saturday — Brother hooks up Toby — faithful shaggy old Shetland pony and the children's playfellow and friend — and they all climb into the pony cart to carry around the invitations — a grave affair.

Brother drives, and Georgiann sits with him; and on the back seat — it is a back-to-back affair — Mother's Sweetest sits in dignity, upholding Mother's fanciest basket on the seat by her side, for it contains the precious invitations to the party.

Gravely, they make the rounds, Georgiann and Mother's Sweetest alighting, and as they ring each door bell, the littlest one proffers the basket from which Georgiann takes an invitation and hands it to maid or mother or whosoever attends the door.

Then home they come and there is more fun and a little work in making May baskets to be filled with candies for favors.

First the materials are assembled. Scissors, thimbles, needles, thread, paste, and lots of old pasteboard boxes, and bolts of varicolored crêpe paper, for May flowers are all colors.

Then we cut the cardboard into the separate pieces needed, and joining the pieces by sewing loosely over and over, we form them into spreading baskets, finally sewing on the bottom pieces and we have quaintly shaped little baskets. Brother cannot handle needle and thread, so to him is given the task of winding the long straight pieces, to be bent and used as handles, with twisted strips of crêpe paper.

The handles are then sewed into place, and the inside and outside of the baskets covered with gayly colored crêpe paper, pasted into place, and the edges extending an inch beyond the baskets are pulled into a double frill around the entire basket.

"Don't they look just dear!" says the littlest one, who finds happiness in everything. Then we put them away to await the important day.

Sabbath is a day of rest, but Monday is a very busy day.

Mother puts the house in party order; and after school is out Brother hooks up Toby and they are all ready to go to the woods for flowers and greenery with which to decorate.

Chuckie sees the procession and pedals hard to join the crowd; and by and by they all return happily laden with spoils from wood and meadow.

Chuckie saw a snake, and Brother tore his coat, Dorothy got into a muck hole and got her feet wet — but they are all intensely happy, so what matter!

The cart by now is unloaded and Toby in the stable. The little friends have smelled the smoke of suppertime and turned their footsteps homeward, and the water is running into the bath, for woodsy excursions are sometimes grimy ones.

May Day Morning

The littlest one — Mother's Sweetest — awakens us singing, "Oh, Happy Day! Oh, Party Day, May Day I love you so!" for it is the morning of THE day.

She would never call and waken us — oh, my no — but somehow when she wants us up, she sings so loud and clear and yet so sweet, we breathe a silent prayer, "God bless her."

After breakfast, we make the home ready. There are low squat bowls and quaint pictures and odd vases full of the May flowers in every room, green branches and flowering ones adorn the pictures and bank the piano and arch the doorways, and on the rear lawn stands the May Pole, firm and straight, being the tent pole of Brother's tent.

A large arm-chair is enthroned on a wooden platform (also a part of Brother's tent outfit) against a huge yellow flowering bush as a background — the chair wound with ropes of green and flowering branches and the platform covered thickly with new cut grass from the lawn's early morning mowing. Along the southern side stands a row of old apple trees in blossom, and under two of the largest trees the table is made ready with Mother's very, very best dinner-cloth — Oh, so thick and white and shiny, and every wrinkle is lovingly patted smooth.

Down the centre of the table, from end to end, goes a strip of heaviest paper, twelve inches wide.

"What now, Mother?" asked Son.

"Oh, just wait!" says Georgiann. "Mother always does *different* things. Let's just wait and see!" So they all stand and watch Mother cover the foot-wide strip of paper with the moist green moss, and near each end insert a shallow round glass dish and bank the moss and tiny fern around the edges, and set up tiny green trees in pots and make little hills of rocks and pebbles and moss and a pathway of little stones, and fill the glass dishes with water and place thereon tiny ducks and geese of celluloid and a pair of swans that swim with the passing breeze.

With "Ohs" and "Ahs" they greet the finishing touches, and Georgiann makes hasty trip and returns with her

[CONCLUDED ON PAGE 41]

Bird's-eye Maple and Discoloration

BE careful when you clean and polish bird's-eye maple furniture. Discoloration of any kind robs it of its beauty.

Be safe—use O-Cedar Polish and use it this way: wet a piece of cheese cloth with water, wring it almost dry and add O-Cedar Polish. Go over the surface to be cleaned and then polish with a dry cloth. Slight rubbing brings about the desired lustre — a high, dry, hard, lasting finish that will not get gummy or sticky. Use

O-Cedar Polish

on all woods—on any painted, varnished, enameled, fumed or finished surface. Use as directed.

All dealers sell O-Cedar Polish in convenient sizes (25c to $3.00).

The results are guaranteed, and your dealer will refund your money without a question if you are not delighted with the O-Cedar Result.

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Prepare baby's food according to the

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Send today for our instructive book,

"The Care and Feeding of Infants"

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Mellin's Food Company, Boston, Mass.

When Baby's Teething—

—when he's fretful and restless, nothing will soothe and quiet him like a

BABY EDUCATOR Food Teething Ring

Honey-sweetened cereals, **baked hard.** Contains real nourishment.

Baby just loves it. See how he drops his playthings for it. Baby knows!

At grocers and druggists; or two tins, postpaid, 50 cents.

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Large List. Dialogs, Entertainments, Recitations, Drills. **PLAYS** Catalogue Free. T. S. DENISON & CO., Dept. 38, Chicago, Ill.

Mother Problems

NOTE.—*Dr. Kent will be glad to answer any queries which* PRISCILLA *mothers may wish to make as to the health and well-being of their children, provided a stamped and addressed envelope is enclosed for reply. Address,* MAUDE KENT, *care Modern Priscilla, 85 Broad Street, Boston.*

Baby Clothes

IN selecting materials for the baby's layette it is well to know about the quality of the different fabrics used in making baby garments.

Knitted binders are more elastic than flannel. The binder is worn only two or three weeks, as a protection until the navel heals. It should not be too tight. If a baby is delicate, during cold weather he may wear a binder with shoulder straps for the first year. All pinning bands or clothes that restrict motion are most harmful.

Cotton bird's-eye or light-weight outing flannel make excellent diapers. They will be more absorbent and warmer than linen. Stockinet is best but more expensive. Rubber or water-proof diapers should never be used. Stork diapers are very useful when baby goes on a journey.

There is a difference of opinion among authorities on baby care as to the fabric of ready-made, knitted shirts. Some prefer all cotton, others part wool. All wool is never good for the baby's sensitive skin, and it shrinks badly. One-quarter wool and three-quarters cotton or silk is my choice for the average baby. In warm weather, or in very warm houses, all cotton is better. Of course, no house should be too warm, but as many are, clothing must be suitable. It is better to wear a cotton garment next the skin with a light wool over it in very cold climates.

Layette Laundering

FOR washing the baby's clothes use a white soap, and thoroughly rinse. Diapers need special care. They should be thoroughly washed, boiled, and rinsed.

Ordinary laundry soaps, soda, or bluing should not be used. Dry in the sun and air if possible. Under no circumstances should a diaper be used on a baby unless it is absolutely clean.

Starch should never be used for baby's clothes.

Boiling, sunshine, and hot irons are all sterilizers.

The softness of woolen may be preserved if a cheese-cloth is placed over it when using a moderately hot iron.

An irritated skin or eczematous eruption may be prevented if the laundering of a baby's clothes is carefully done.

Baby's Outings

EVEN if the days are rainy days, that should make no difference in his outings. To be sure they are rather moist, but the baby's carriage may be placed in a sheltered spot where the rain doesn't fall upon it.

The delicate child requires fresh air even more than the well baby. Appetite and strength are both improved by good, pure air. Sleep also comes from the airing. Many a sick child who cannot nap in the house immediately falls into restful sleep as soon as he is put in his carriage or a hammock, or on a couch on the piazza.

Sometimes a mother thinks she cannot take her baby outdoors because every time she does so he "catches cold." Keeping him in and coddling him is the very reason why he is sensitive and unless he is taken out regularly and for long periods — until he is accustomed to the fresh air treatment — he will always remain delicate.

The length of time for the outing depends upon the age of the child. At six weeks, an hour a day is sufficient: at six months, three or four hours is a necessity; and after that age, the more the better.

Even if the baby is overtaken by a shower when riding in his carriage, and happens to get wet, it will not hurt him. He is used to a bath shower without his clothes. The baby garments will be the only things disturbed — unless the mother or nurse is the worrying kind!

Colds are not caused by too much air or moderate exposure to wet weather. If vital resistance is low because of thin blood and digestive disturbances then exposure to dampness may excite a "cold." Ordinary colds are due to contagion. People with colds and coughs infect children by kissing them, sneezing, and coughing near them. A child's health will always be better, the less he sees of people except those who take care of him, until after he is a year old.

The Sick Baby

ONE room should be given up exclusively to the sick child and his nurse; perhaps the nursery will do, but at all events it must be the quietest, sunniest, and most airy room in the house. The bed must be placed so the sun is not in the patient's eyes. No visitors should be admitted. Conversation in the room or any racket always disturbs a sick baby.

When a baby fusses and cries let him lie in his bed and do not take him up or otherwise try to soothe him. The cries are his only way of complaining. He tells you how uncomfortable he is, when he cries; moving him and talking to him only makes him feel worse. Quietness in the room is good medicine for a sick baby.

Some Things Mothers Ask

NEVER give a baby any sort of sleeping potion. If he is not well consult your physician, but if he seems well except for a disinclination to sleep, try this way: Just after feeding, put him in a darkened, quiet room with fresh air supply, and leave him. He will fuss at first, perhaps make a great cry, but if you let him cry it out he will in a very few days understand that when he is put to bed he is to stay by himself and sleep, and he will. This plan has worked in hundreds of cases, if the mother does not go to the baby after he has cried for fifteen or twenty minutes and pet him.

Any baby knows that all he needs to do is to keep crying until Mother comes.

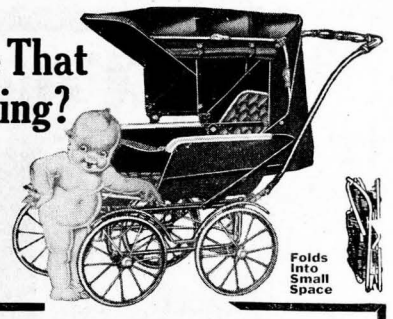
Never use a "pacifier" or sugar-bag or anything of the sort. Sleeplessness is apt to be a matter of habit, and patience and firmness must be practised in overcoming it.

It is decidedly unhygienic for a child to sleep with an adult, especially an aged person. A child should if possible have a room by itself. The windows should be wide open so the child is practically out-of-doors getting the lungs full of, and the body invigorated by, oxygen.

The child should be dressed and undressed in a warm room and have warm bed covers. Be sure the feet are warm.

Maude Kent M. D.

See That Spring?



To keep Baby's delicate spine from injury, here is just the thing—a spring adjustable to Baby's growing weight. It is an exclusive feature of the

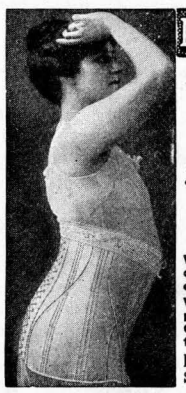
Sidway TRADE MARK

Collapsible Baby Carriage

This carriage, more roomy than a reed carriage, makes a crib easily moved about the home. Folds into small space. Simple; easily opened and closed. Handy as a go-cart. Handsome, strong, durable; sanitary, washable throughout. Ample weather protection in Dupont Fabrikoid waterproof hood. Styles and prices to suit all. **Free—Baby Book, Chart for Judging Baby's Health, and nearest dealer's name.**

SIDWAY MERCANTILE CO.
3527 14th St., Elkhart, Ind.
Canadian Branch: Toronto, Ontario

Every Expectant Mother Should Wear Lane Bryant's



MATERNITY

Corset—gives wonderful support to back and abdomen—perfect freedom through diaphragm—balance to the figure and a straight, long-waisted effect that makes the change imperceptible—it assures the health of infant. Should be adopted early. Ample outlets. Price..... **$3.85**

Order today, giving present waist measure. We prepay all charges. Satisfaction guaranteed or money refunded.

We're the largest dealers in the world of apparel for Maternity, and know every requirement of the figure.

Write Dept. M3, New York, for complete Book of Fashions for Maternity, Coats, Suits, Dresses, Skirts and a full assortment of Baby needs.

LANE BRYANT, 21 West 38th Street, N.Y.
Stores also at Detroit and Chicago

ESKAY'S Albumenized FOOD

If your baby is not the picture of health and strength, try Eskay's.

We will mail you large trial package free on request.

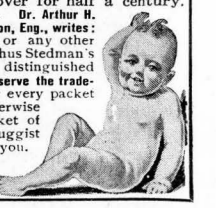
Smith, Kline & French Co.
456 Arch Street
Philadelphia, Pa.

DR. STEDMAN'S TEETHING POWDERS

Used by mothers the world over for half a century. Free from all harmful ingredients. **Dr. Arthur H. Hassell, of the Analytic Institution, London, Eng., writes:** "Absolutely free from morphia or any other alkaloid or constituent of opium. Thus Stedman's Teething Powders are favorably distinguished from all similar preparations." **Observe the trade-mark, a gum-lancet,** is on every packet and powder—none otherwise genuine. 25c a packet of nine powders. Your druggist has them, or can get them for you.

TRADE GUM LANCET MARK

PREPARED ONLY BY
JAMES H. STEDMAN
Hoxton, London, Eng.



BERTHE MAY'S CORSET FOR

MATERNITY

Comfort, abdominal support. Protection mother and child. Dress as usual. Normal appearance. **Write for Booklet No. 37,** free in plain, sealed envelope. Mail orders full satisfaction. **Fine** for **stout women** and **invalids.** Berthe May, 10 East 46th St., New York

Send for our Catalog of **Baby's First Needs** containing prices and descriptions of hand-made garments and articles for the layette.

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NURSERY BLANKETS of paraffine parchment. Protects baby's mattress. Absolutely impervious. Wears like rubber. 2 for 25c. LOOMIS & CO., 15 State Street, Boston, Mass.

Our Rule: Accept no advertising we cannot guarantee.

Don't Poison Your Baby

The press has reported 106 fly poisoning cases in the last three years—a fraction of the real number. Fly poisons kill more children than all other poisons combined.

The saucer of poisoned paper set on the window sill, a can from which the poisoned wick protrudes, is putting *arsenic* within your child's reach.

Avoid a possible tragedy by catching flies with safe, efficient, non-poisonous

TANGLEFOOT

Tanglefoot does its work so well that it not only catches the fly, but covers its germ-laden body with a disinfecting varnish. It protects you both from flies and fly poisons.

Government Says: "Don't Use"

Following is the U. S. Government warning taken from Supplement No. 29 to the Public Health Report: "Of other fly poisons mentioned, mention should be made, merely for a purpose of condemnation, of those composed of arsenic. Fatal cases of poisoning of children through the use of such compounds are far too frequent, and owing to the resemblance of arsenical poisoning to summer diarrhea and cholera infantum, it is believed that the cases reported do not, by any means, comprise the total. Arsenical fly-destroying devices must be rated as extremely dangerous, and should never be used, even if other measures are not at hand."

The O. & W. Thum Company
Grand Rapids, Mich.

Another Form of Arsenic

The Children's May Party

[CONCLUDED FROM PAGE 39]

half-dozen of wee little doggies of porcelain to frolic on the greenery. The place-cards and napkins are placed and the preparations are finished and Mother wends her way kitchenward to make good things.

First the lemonade — a dozen, nine of the lemons are rolled and the juice extracted and made into syrup with two pounds of granulated sugar and a quart of water — it goes into a pitcher and into the ice-box ready for pouring into the ice-cold water of the punch-bowl at serving time; the other three lemons are washed to be sliced into the punch-bowl.

Next come the sandwiches. Four long, square-shaped loaves of bread are sliced thin and buttered with a half pound of creamery butter.

A small piece of lean boiled beef goes through the food chopper with a half cup of celery; is seasoned and mixed with the liquor in which the beef was cooked, (boiled down into a jelly) and spread between the buttered slices of two loaves.

Lettuce with cream dressing goes between the slices of a third loaf and a smaller piece of boiled ham goes through the food-chopper with a little powdered sage. This is moistened with ham gravy and a few drops of lemon juice and spread between the slices of the fourth loaf.

The squares are then cut into triangles with a sharp knife and wrapped in moist cloths to keep fresh for the afternoon.

Then comes the work of cake-making as the ice-cream has been ordered.

First are made two white cakes — made by mixing a cup of granulated sugar with a heaping cup of flour that has been sifted three times with two heaping teaspoonfuls of baking powder and a pinch of salt — then by adding a cup of boiling milk, stirring well, and folding in the stiffly beaten whites of two eggs and baking in two medium-sized ungreased layer-cake pans. It is cooled in the pans, then removed and iced with uncooked icing, made of powdered sugar, mixed to a spreading paste with sweet milk, added a few drops at a time, and flavored with a teaspoonful of lemon juice. The two layers are put together with the icing, and the top and sides iced and both cakes are set away two hours for the icing to harden.

The dark cakes are made of one cup of molasses, one cup of sugar, one cup of raisins, a teaspoonful of allspice, one of cinnamon, a saltspoonful of cloves boiled together hard for fifteen minutes; then a heaping tablespoonful of butter added and removed from the stove and set aside until cold. Then sufficient sifted flour, with two heaping teaspoonfuls of baking-powder, is stirred in until a soft dough is formed, and lastly an unbeaten egg is stirred into the mixture.

It is then turned into a greased loaf-cake pan and baked in a medium oven about forty minutes or until done. Two of these are made and when cold are iced with a chocolate icing made of a pound of powdered sugar, mixed with a tea-cup of powdered cocoa, and then mixed to a spreading paste with sweet milk. The tops and sides are iced and they are placed with the two white cakes while the icing hardens.

The children come in to help make the candy.

They each place a pound of powdered sugar in a mixing-bowl, Georgiann adds a teaspoonful of essence of peppermint and Chester one of essence of wintergreen, and then they add sweet milk, a little at a time, stirring all the while, until the mixture becomes a stiff ball. Then with spotless hands, they mold it into wafers and lay on sheets of waxed paper.

Mother makes chocolate fudge of granulated sugar and cocoa, and maple fudge of dark brown sugar.

The work is all done and luncheon is served and then the children all dress for the party.

We fill the baskets with the candy for favors. Brother samples it frequently and apparently finds it good, for he repeats the process often—and here comes the first little guest.

Georgiann and Lois receive them at the doorway and soon they are all assembled and in council in the living-room declaration is made that they must choose a queen.

Pencils and slips of paper are passed and the ballots dropped into a May basket, carried on the littlest one's arm, and we find that Ethel is chosen for the queen.

She selects the littlest one as her maid of honor, and procession is made to the throne on the lawn, where with flowers, she is crowned "Queen o' the May" and accepts the honor with a charming grace. The flowers press down on her dusky curls — her dark eyes gleam against the yellow of her gown, as with queenly mien she reigns and rules for a day.

Gayly they dance the Maypole dance and wind the streamers in and out and then they dance the Virginia Reel and the English Harvester and the Sailor's Hornpipe, and other folk dances, taught by the physical director in the public schools, and they swing on the swings and play croquet and drive Toby around the square, and then in the fragrant flower-scented air they gather round the table and exclaim with admiration at the unusual decoration. They find their places and eat heartily of the sandwiches and cake and ice cream and drink the lemonade and set aside the favors to carry home — then back to their play again and they spend a gloriously happy afternoon and are loath to leave, although the down-dropping sun says it is well after six o'clock.

Children's Embroidered Dresses

[ILLUSTRATIONS ON PAGE 7]

No. 17-5-24. DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on white mercerized poplin, either size, 60 cents. Cotton for working, 35 cents extra. Perforated stamping patterns, either size, 40 cents.

No. 17-5-25. DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on white mercerized cotton voile, either size, 60 cents. Cotton for working, 12 cents extra; silk for working, 40 cents extra. Valenciennes lace for trimming, 55 cents extra. Perforated stamping patterns, either size, 35 cents.

No. 17-5-26. DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on white piqué, either size, 65 cents. Cotton for working, 18 cents extra. Perforated stamping patterns, either size, 35 cents.

No. 17-5-27. SLIP. *Sizes,* 2, 3, *and* 4 *years.* Design stamped on white nainsook, any one size, 65 cents. Cotton for working, 6 cents extra. Valenciennes lace for trimming, 25 cents extra. Perforated stamping patterns, any one size, 35 cents.

No. 17-5-28. DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on Persian lawn, either size, 65 cents. Cotton for working, 21 cents extra. Valenciennes lace for insets, 12 cents extra. Perforated stamping patterns, either size, 40 cents.

Transfer patterns of these designs are not supplied.

Work commenced on any one piece, 75 cents additional.

UNDER PRESENT CONDITIONS ALL PRICES SUBJECT TO CHANGE WITHOUT NOTICE

"Standard" Pembroke Built-In Baths

are proper baths. The "Pembroke" is 5½ inches lower than ordinary tubs, yet equally roomy. No crevices or spaces to collect dirt. Enameled all over—graceful—massive.

Talk to your plumber about "Standard" fixtures for Bath, Kitchen and Laundry. Write for booklet—"'Standard' Plumbing Fixtures for the Home".

Standard Sanitary Mfg. Co.
DEPT. 71 PITTSBURGH

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CLEVELAND	4409 EUCLID
CINCINNATI	633 WALNUT
TOLEDO	311-321 ERIE
COLUMBUS	243-255 S. THIRD
YOUNGSTOWN	219 CHAPEL PLACE
WHEELING	3120-30 JACOBS
ERIE	128 W. TWELFTH
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LOUISVILLE	319 W. MAIN
NASHVILLE	315 S. TENTH
NEW ORLEANS	846 BARONNE
HOUSTON	PRESTON & SMITH
DALLAS	1200-1206 JACKSON
SAN ANTONIO	212 LOSOYA
FORT WORTH	828-830 MONROE
KANSAS CITY, MO.	RIDGE ARCADE
TORONTO, CAN.	59 E. RICHMOND
HAMILTON, CAN.	20 W. JACKSON
SAN FRANCISCO	149-55 BLUXOME
DETROIT OFFICE	HAMMOND BLDG.

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used X-Bazin 75 years ago. The beauties of Paris and elsewhere today are still using this safe, sure, pleasant application to remove embarrassing hair. Dermatologists and physicians endorse its scientific formula. **50c** and **$1** at druggists or by mail. Refuse dangerous substitutes that may disfigure the skin.

X-BAZIN DEPILATORY POWDER
HALL & RUCKEL, 227 Washington St., New York

WHEN BABY'S CHEEKS FLUSH
it may or may not be necessary to call the Doctor. Don't guess about anything so vitally important. Use a

Tycos Fever Thermometer

It will save you hours of needless worry. Look for the name *Tycos* when buying. It's never found on an inferior instrument. Ask your dealer.
Taylor Instrument Companies Rochester, N. Y.
There's a *Tycos* or *Taylor* Thermometer for Every Purpose

Angel Food Cake Eight inches square Five inches high

I teach you to make them. Also other cakes. They bring $2 per loaf—profit $1.50. My methods are original and different. Never fail. A recipe and particulars for stamp.
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Cover the entire body or any part. The safe and quick way to reduce by perspiration. Endorsed by leading physicians

FROWN ERADICATOR	$2.00
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Also Union Suits, Stockings, Jackets, etc., for the purpose of reducing the flesh anywhere desired. Invaluable to those suffering from rheumatism.

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Made from Dr. Walter's famous reducing rubber with coutil back.

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The more you read advertising the more interesting it becomes.

Both actresses and society women find nothing so perfect for hair cleansing as

CANTHROX
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The natural beauty and fluffiness of the hair is brought out to its best advantage when you use Canthrox, the daintily perfumed scalp stimulating hair cleanser which has been the favorite for years because it immediately removes from the hair all dirt and excess oil, and in addition to its cleaning properties is known to have a beneficial effect upon both hair and scalp. If troubled with dandruff, the first shampoo removes most of it and after each succeeding shampoo you find the flakes smaller and fewer until they disappear.

15 Exhilarating Shampoos for 50c at Your Druggist's

This is about three cents a shampoo. No good hair wash costs less; none is more easily used. Just dissolve a teaspoonful of Canthrox in a cup of hot water and your shampoo is ready.

Free Trial Offer To prove that Canthrox is the most pleasant, the most simple, in all ways the most effective hair wash, we will gladly send one perfect shampoo free to any address.

H. S. PETERSON & CO., 212 W. Kinzie St., Dept. 26, Chicago, Illinois

Instant Bunion Relief
Prove It At My Expense

Don't send me one cent—just let me prove it to you as I have done for 57,532 others in the last six months. I claim to have the most successful remedy for bunions ever made and I want you to let me send you a treatment Free, entirely at my expense. I don't care how many so-called cures, or shields or pads you ever tried without success—I don't care how disgusted you are with them all—you have not tried my remedy and I have such absolute confidence in it that I am going to send you a treatment absolutely FREE. It is a wonderful yet simple home remedy which relieves you almost instantly of the pain; it removes the cause of the bunion and thus the ugly deformity disappears—all this while you are wearing tighter shoes than ever. Just send your name and address and treatment will be sent you promptly in plain sealed envelope.

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Breathe-O-Tol for colds & catarrh

Continuous inhalation of healing vapor—while you sleep, work or exercise. Kills germs, frees you from catarrh, etc. Remarkable, patented inhaler, fits into nose—can't be shaken out, aids nose breathing. Instant relief, permanent benefit from medicated vapor—formula contains no poisons or narcotics; approved and used by physicians.

$1 brings German silver Breathe-O-Tol inhaler, and fifty medicated Breathe-O-Tol cartridges. Money refunded after 10 days' trial, if desired. **Breathe-O-Tol Co. 1309 Arch St. Phila.**

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by applying **"Lash-Brow-ine"** nightly. It nourishes the eyebrows and lashes, making them long, thick and luxuriant, adding wonderfully to your beauty, charm and attractiveness. **"Lash-Brow-ine"** is a guaranteed pure and harmless preparation, used successfully by thousands. Send 25c (coin) and we will mail you **"Lash-Brow-ine"** and our beauty booklet prepaid in plain sealed cover.

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The Eager Internal Bath Appliance

Is the one **altogether safe** (*a syringe operated by weight of body*). You want the best, we have it. We challenge comparison. Its use cleans the body of auto-poisons and purifies the blood stream. Outfits complete. Our combination will fit your own water bottle.

Send two cent stamp for illustrated booklet.

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Splendid summer seller. **Low Priced.** Stops the bang and saves the door. Easy sales. Big profits. Big demand. A sale in every home. Dozen can be carried in pocket. Demonstration sample free to workers.

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PERSPIRE TO EXCESS NO MORE!

NONSPI (An Antiseptic Liquid). Use about twice a week. Diverts perspiration from the armpits. Also destroys the odor. No ruined dresses—no armpit odor—what a relief! 50c (several months supply) of toilet and drug dealers or by mail. Or send us 4c for testing sample and what medical authorities say about armpit perspiration.

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Save 50% of your *Ice Bill* by covering ice with our Parafine Parchment. We will send you one for 15c, or two for 25c. Lasts all summer and saves the average family $5.00.

LOOMIS & CO., 15 State Street, Boston, Mass.

Embroideries for the Nursery

ILLUSTRATIONS ON PAGE 11

No. 17-5-40. TOWEL. *Size,* 16 x 24 *inches.* Design stamped on a hemstitched linen huckaback towel, 60 cents. Cotton for working, 9 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents. *A diagram showing how to place the colors will be sent with each pattern.*

No. 17-5-41. LAUNDRY BAG. *Size,* 18 x 27 *inches.* Design stamped on white linen-finish cotton, 45 cents. Cotton for working, 6 cents extra; silk for working, 15 cents extra. White cord, 12 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-42. BEDSPREAD. *Size for Single Bed.* Designs for thirty-two squares stamped on bleached cotton sheeting and blue chambray (not stamped) for alternate squares and binding, $1.75. Blue chambray for lining, $1.20 extra. Cotton for working, 60 cents extra; silk for working, $1.85 extra. Perforated stamping pattern (8 different designs), 65 cents. Transfer pattern not supplied.

No. 17-5-43. PILLOW SCARF. *Size,* 18 x 50 *inches.* Design stamped on bleached cotton sheeting, 40 cents. Cotton for working, 9 cents extra; silk for working, 20 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents. Blue chambray, for ends of scarf, 10 cents extra.

No. 17-5-44. CHAIR BACK. *Size,* 9½ x 12 *inches.* Design stamped on tan Art ticking (material given for back), 25 cents. Cotton for working, 9 cents extra; silk for working, 15 cents extra. Perforated stamping pattern, 15 cents. Transfer pattern, 10 cents.

No. 17-5-45. DRESSER SCARF. *Size,* 18 x 45 *inches.* Design stamped on cream linen, 85 cents. Cotton for working, 15 cents extra; silk for working, 40 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-46. CHAIR BACK. *Size,* 9½ x 12 *inches.* Design stamped on tan Art ticking (material given for back), 25 cents. Cotton for working, 9 cents extra; silk for working, 30 cents extra. Perforated stamping pattern, 15 cents. Transfer pattern, 10 cents.

No. 17-5-47. PLAY-TABLE COVER. *Size,* 18 x 45 *inches.* Design stamped on cream linen, 85 cents. Cotton for working, 12 cents extra; silk for working, 30 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern, 15 cents.

No. 17-5-48. WALL POCKET FOR TOYS. *Size,* 18 x 22 *inches.* Design and verse stamped on tan Art ticking, 50 cents. Cotton for working, 9 cents extra; silk for working, 25 cents extra. Perforated stamping pattern, 45 cents. Transfer pattern not supplied. Stamping paste, for use with perforated stamping patterns, 10 and 25 cents a box.

Embroidered Blouse and Dress Accessories

ILLUSTRATIONS ON PAGE 6

No. 17-5-19. COLLAR AND CUFFS. *Size of collar,* 25 *inches.* Design for set stamped on white linen, 50 cents. Cotton for working, blue or a preferred color, 18 cents extra. Perforated stamping pattern, 40 cents. Transfer pattern, 15 cents.

No. 17-5-20. WAIST. Design stamped on white cotton lawn, $1.00; on white mercerized cotton voile, very fine quality, $1.85. Silk for working, 25 cents extra; cotton for working, 12 cents extra. Perforated stamping pattern, 30 cents. Transfer pattern not supplied. Paper cutting pattern, No. 7860, sizes 32 to 44, 15 cents each.

No. 17-5-21. BAG. Design for medallions stamped on écru linen and green linen to complete bag, 35 cents. Silk for working, 25 cents extra. Perforated stamping pattern, 25 cents. Transfer pattern, 15 cents.

No. 17-5-22. WAIST. Design stamped on white mercerized cotton voile, very fine quality, $1.85; on white cotton lawn, $1.00. Cotton for working, 14 cents extra. Perforated stamping pattern, 50 cents. Transfer pattern not supplied. Paper cutting pattern, No. 8024, sizes 36 to 44, may be used as a guide for cutting waist. Price, 15 cents.

No. 17-5-23. OVERBLOUSE. *Medium size.* Design stamped on medium-weight white linen, $1.50. Cotton for working, 42 cents extra. Perforated stamping pattern, 65 cents. Transfer pattern not supplied. Stamping paste, for use with perforated stamping patterns, 10 and 25 cents a box.

Work commenced on any one piece, 75 *cents additional.*

Don't Eat Bran

Not clear bran.

It's a forced food which people quickly quit.

You need bran daily, for its laxative effect. Make it likable, so folks will eat it daily.

In Pettijohn's, the flakes of bran come hidden in rich wheat flakes. The food is delightful.

This dish is ever-welcome. It brings results. And people do not quit it.

Try it one week and you never again will go without your bran food.

Pettijohn's

Rolled Wheat—25% Bran

A breakfast dainty whose flavory flakes hide 25 per cent unground bran.

Pettijohn's Flour—75 per cent fine patent flour with 25 per cent bran flakes. Use like Graham flour in any recipe.

Both sold in packages only.

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DUST WITH 3-IN-ONE OIL

Try this on your buffet, dining table, parlor table, chair, piano—any varnished surface:

Moisten a soft woolen cloth or cheese cloth with a few drops of 3-in-One. Then wipe furniture just as if you were dusting.

You'll be astonished and delighted at the result! Every bit of dust and soil, greasy finger marks, etc., will vanish. A little more oil and a little rubbing, and mars, scars and stains will disappear. All the original beauty and lustre of the finish will be restored.

3-in-One contains no grease or acid to soil or injure. Has no disagreeable varnish odor.

Household size, 8-oz. bottle, 50 cts; 3-oz., 25 cts; trial size, 10 cts. All stores.

FREE.—Write for generous free sample and valuable booklet—both free.

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ANNA AYERS, Dept. 264 *AGENTS WANTED*
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Unsightly Hair Removed

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MAHLER "Hair Dissolver"

The safe, harmless remedy sold for twenty-five years. Price $1 a bottle. Send post office or express money order. Satisfaction guaranteed or money refunded. Descriptive circular Free on Request.

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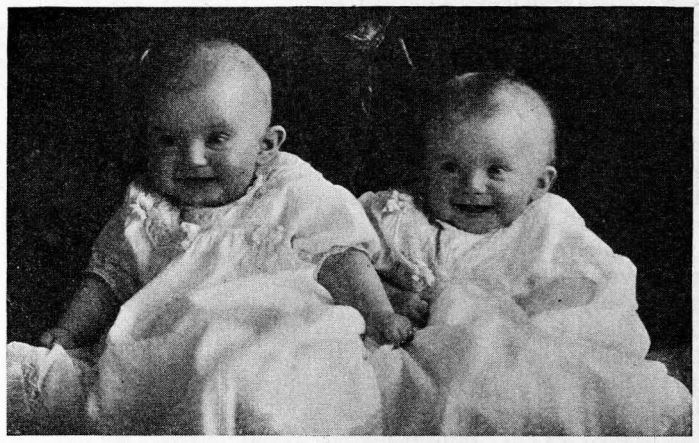
STRONGER THAN NAILS 10¢



Abusing the Baby with Kindness

By Mrs. Elizabeth Atwood

DO you abuse your baby with kindness?

Every mother and father will exclaim, "The idea! Of course we do not abuse our baby in any manner — not even with kindness!"

And then probably two-thirds of the mothers will pick up baby, hug him, poke him playfully in his soft little ribs, toss him up in the air a bit, tip him back and kiss him violently and repeatedly in his pink wrinkled neck and say, "I guess we know ums is no playfing, don't we? Cutchie, cutchie, coo!"

Half the mothers I have talked with about this become slightly indignant and exclaim, "Oh, that doesn't hurt baby. He loves it."

But it *does* hurt baby, and he doesn't love it at all! It harms him very much.

Let me explain in more detail just what I mean by making a plaything of baby. Fond mothers and fathers, bigger brothers and sisters, adoring uncles and aunts, and dear grandmas, all want to pet baby. Of course they love him and find it difficult to keep their hands off of him. And so they jolt him up and down on their knees, or they sit him astride their foot and make him "Ride a hobby horse to Banbury Cross," they "chuck"—which is the best description of jabbing with the fingers that I know—poor baby in the neck, in the ribs, in his little "tummy," under the chin and almost all over his tiny, soft, and delicate anatomy.

Father or Uncle William will grab baby and toss him up at arm's length, saying: "Up an' UP an' *UP* he goes!" Then they will hold him, squirming there, for a moment and twist and shake him gently, and then let him down, slowly at first but with increasing speed, saying: "Down an' DOWN an' *DOWN* he comes!"

What of it? Well, suppose your bones were mostly gristle and very soft, and your brain was undeveloped and your eyesight not perfect and your nerves very tender, and some person about six times taller than you should come along and grab you and toss you? Would it do you any particular good? Wouldn't it make you nervous, make you dizzy and frightened?

Still another decidedly bad way of making a plaything of baby is to come along quietly and shout, "Boo!" That's not playing with him, that is frightening him, just as much as though some giant jumped out at you from behind a fence.

People take bright toys, bits of colored paper, bright ribbons, rattles, and such things and shake them violently, close to baby's eyes. Poor baby's vision is weak, his optic nerves are decidedly high strung. It is worse for him than for an adult. Think how painful it is to have some one stick a letter close up to your eyes and say, "Read that." You strain before you think. Baby tries to see these things waved in front of his eyes, and strains his optic nerves and his muscles trying to do so.

Some people tickle baby's feet, or tickle him under the arms because they think it is cute to see him writhe and laugh. He laughs because he cannot help it, but he doesn't enjoy it at all. Strong adults have gone into convulsions when tickled on the feet.

And in hot weather when poor baby has a diffcult time of it keeping cool, when he has prickly heat rash, and is fretful and nervous, he has enough trouble lying quite still on a quilt trying to keep cool without being mauled about and tossed and tickled.

The results are bad. Too much of this sort of thing makes the child extremely nervous. The nervousness impairs the digestion. And when baby, whose sole duty is to sleep and eat so that he can grow, becomes nervous and "fidgity" and overheated and loses his appetite, it is a very serious matter.

Adults may compare their nerves to a weather-vane. It takes quite a breeze to affect them. But baby's nerves are like the needle of a compass, the slightest touch, the slightest jar, will set the needle a-quivering. Too much of a jar will send the needle spinning this way and that. So it is with baby's nerves. They are so very delicate. Many a child who suffers with St. Vitus Dance has had it brought on by loving but unthinking parents and relatives who made a plaything of him when he was little.

Baby's bones are soft, almost as soft as rubber. Violent exercise is dangerous. Every baby needs exercise, but good old Mother Nature, who knows better than to make a plaything of babies, attends to the exercise part. Watch baby stretch, watch him reach out for this and that, watch him take a toy and beat the air with it. Put him on a quilt on the floor and see him put his toes in his mouth, roll over, kick his heels and make those deliciously funny "Ah-goo" noises. All this is his exercise. Nature makes him do it. It strengthens his arms and legs, and when he "talks," as we call the "Goo-goo" noises, he is exercising his throat and vocal cords.

You never have to teach baby to creep. Nature does that. And you do not really teach baby to walk. You help him by urging him, giving him courage, but he has to stand alone, to take his first step, and he will. Consider the animals. They never make playthings of their young. Animal mothers allow their offspring to sleep and eat and play with each other as they desire.

You can love your baby just as well without making a plaything of him, without injuring his health. Hold baby, of course. He likes it. Even bottle-fed babies should be held when possible when being fed, they seem to enjoy it more. Carry baby about a little, speak to him once in a while, he gets lonesome for Mother's voice. Put him on the floor on a soft quilt and sit down beside him. You can pat his little hand, give him light toys (never heavy ones), pat his little foot when he sticks it up in the air, pick him up and kiss him now and then — yes, kiss him — no real mother can help kissing baby. Germs? What are they to mother love? Besides, you can kiss him on the cheek, in his fat warm neck, on his dimpled knees.

Of course you love baby and are proud of him, and all your uncles and aunts and cousins feel the same way, but do not let them make a plaything of him. It isn't fair to baby, it means harm for him, frequently grave harm.

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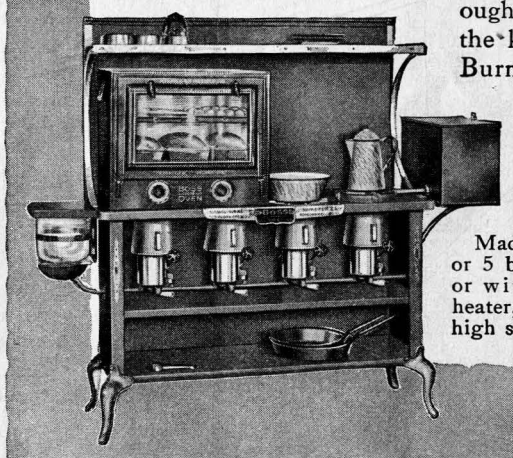

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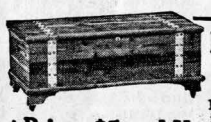

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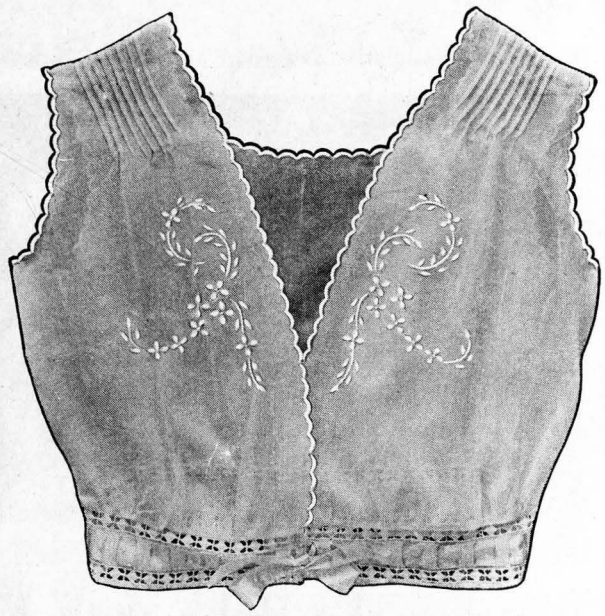

No. 16-5-44. UNDERBODICE. *Sizes,* 38 *and* 40. Design stamped on a made-up garment of fine cotton voile, **Special Price, 95 cents.** White cotton for working, 18 cents extra.

No. 1073. CHILD'S BATISTE DRESS. *Size,* 2 *years.* Design stamped on a made-up dress of fine white batiste, **Special Price, $1.05.** White cotton for working, 9 cents extra.

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No. 125. Kimono Nightgown (not illustrated). **Sizes, 14, 15, 16, and 17.** Design stamped on a made-up gown of fine nainsook with eight small tucks over shoulders, **Special Price.** $1.25. White cotton for working, 21 cents extra.

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Orders will be filled in rotation — first come first served. Send along your order and be sure to state size desired. Your money will be promptly refunded if your order cannot be filled.

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No. 16-2-37. EMPIRE NIGHTGOWN. *Sizes,* 13, 14, 15, *and* 17. Design stamped on a made-up gown of fine white nainsook, **Special Price, $1.45.** White cotton for working, 24 cents extra.

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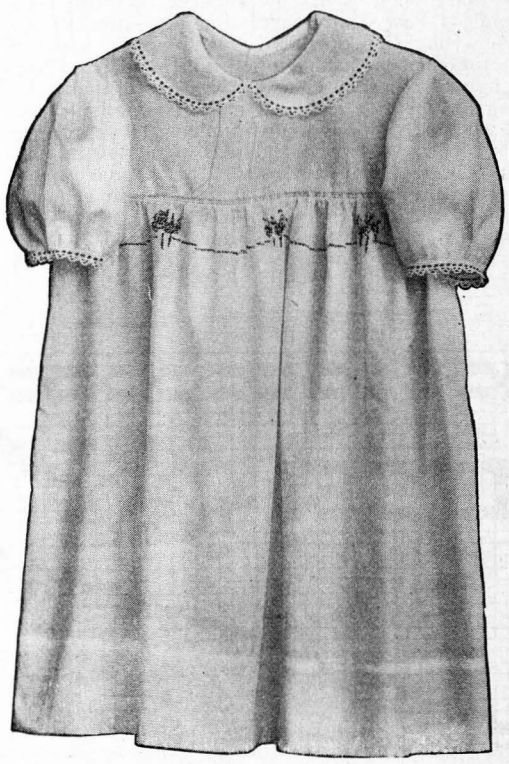
See our Special Offer on preceding page

No. 16-10-30. BOUDOIR CAP. *One size only.* Design stamped on a made-up cap of fine cotton voile, **Special Price, 25 cents.** Colored cotton for working, 12 cents extra; silk for working, 25 cents extra.

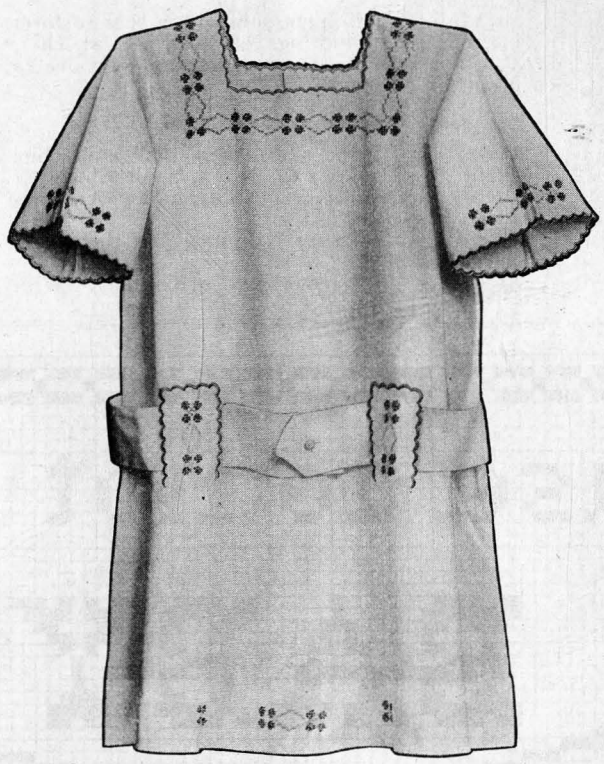
No. 16-10-31. BOUDOIR JACKET. *Sizes,* 36 *and* 40. Design stamped on a made-up jacket of white cotton voile, **Special Price, 70 cents.** Colored cotton for working, 15 cents extra; silk for working, 50 cents extra.

No. 302. DRAWERS. *Sizes,* 21, 23, 25, *and* 27. Design stamped on a made-up garment of fine nainsook, **Special Price, $1.00.** White cotton for working, 24 cents extra.

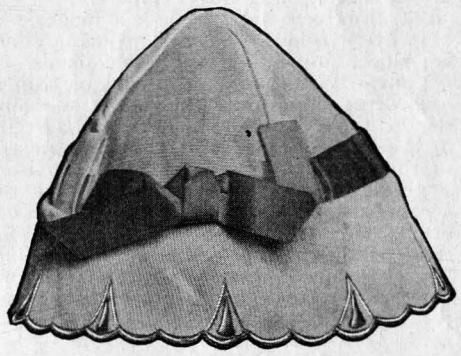
No. 16-5-7. VOILE DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on a made-up dress, **Special Price, $1.05.** White cotton for working, 18 cents extra.



No. 16-1-24. CHILD'S DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on a made-up dress of fine white batiste, **Special Price, $1.00.** Colored cotton for working, 9 cents extra.



No. 16-1-23. CHILD'S COTTON CHEVIOT DRESS. *Sizes,* 2 *and* 4 *years.* Design stamped on a made-up dress, **Special Price, 80 cents.** Blue cotton for working, 9 cents extra.



No. 15-7-74. BOY'S PIQUÉ CAP. *Two sizes,* 2 to 3 years and 3 to 4 years. Design stamped on a made-up cap, **Special Price, 35 cents.** Blue cotton for working, 6 cents extra; silk for working, 20 cents extra.

No. 603. LONG SKIRT. *Sizes,* 34, 36, *and* 38. Design stamped on a made-up skirt of fine nainsook, **Special Price, $1.75.** White cotton for working, 35 cents extra.

No. 618. LONG SKIRT. *Sizes,* 34, 36, 38, 40, *and* 42 length. Design stamped on a made-up skirt of fine white nainsook, **Special Price, $2.10.** White cotton for working, 24 cents extra.

Directions for Crochet and Knitted Articles in Baby's Layette

Illustrated on Pages 24 and 25

Baby's Newport Jacket No. 17-5-72

MATERIAL. — Three skeins white three-fold Saxony; 2 skeins pink or blue three-fold Saxony; 6 steel knitting-needles No. 8; 1 steel crochet-hook No. 2.

Work should measure 7 stitches to the inch.

DIRECTIONS. SIDE SEAM ON FRONT.—With white, cast on 26 sts (about 3½ inches), k 2 ridges. *5th row*—Increase 1 st, k to end of needle, k 1 row. Repeat these 2 rows alternately until there are 30 sts on needle, k 1 row, there will be 6 ridges from start. Cast on 46 sts for over shoulder, do not break off wool, leave sts on needle.

With an extra ball of wool for side seam on back, cast on 26 sts, k 1 ridge. *3d row*—k to end of needle, increase 1 st, k 1 row. Repeat these 2 rows alternately until there are 30 sts on needle, break off wool.

Start where wool was left on needle and with the needle where the sts are on, k these 30 sts, having 106 sts on needle. Knit 16 ridges, then k 40 sts on a spare needle for back, bind off 26 sts on a spare needle for yoke, and on the remaining 40 sts k 21 ridges for front, bind off.

Start at yoke on the 40 sts for back, k 30 ridges, do not break off wool. With an extra ball of wool, cast on 40 sts for front, k 21 ridges, cast on 26 sts for shoulder, break off wool. Start where wool was left on needle, k 16 ridges on the 106 sts, k 30 sts on a needle, bind off 46 sts for armhole, and on the 30 sts for front side seam, k 4 ridges, decreasing 1 st every other row until 26 sts are on needle, k 2 ridges, bind off. Then on the 30 sts for back side seam, k 4 ridges, decreasing 1 st every other row until 30 sts are on needle, k 1 ridge, bind off. Sew up side seams.

YOKE.—With spare steel needle, pick up 1 st from each of 21 ridges on each front, 1 st from each of the 26 sts across each shoulder, and 1 st from each of the 30 ridges across back, having 21 sts on each of the 2 front needles and 26 sts on each of the 2 needles across shoulder and 30 sts on needle across back, tie a thread in the 21st st on each front needle and 1st and last st on needle of back yoke, these will be the four corner sts. With blue or pink yarn, k 1 row. *2d row*—k 19 sts, k the next 3 sts together for corner, k 24, k the next 3 sts together for corner, k 26, k 3 sts together for corner, k 24, k 3 sts together, k 19. *3d row* — k. Repeat these 2 rows alternately, having 1 st less on each front and 2 sts less between the decreasing points on shoulder and back, until there are 6 ridges, having 84 sts on needles, k 1 ridge. *Next row* — For ribbon spaces, k 2, * wool over twice, k 2 sts together, repeat from * to end of row. Knit 5 more rows, bind off.

BOTTOM.—With steel needle, pick up 1 st from each of the 158 ridges across bottom of jacket and work in color. *1st row* — * k 2, p 2, repeat from *, ending row, k 2. *2d row*—* p 2, k 2, repeat from *, ending row, p 2. Repeat these 2 rows once more, having 4 rows. *5th row*—* k 2, over, p 2 sts together, repeat from * ending row, k 2. *6th row*—Same as 2d row. Repeat 1st and 2d rows alternately until there are 16 more rows, bind off.

SLEEVE. — With white, cast on 38 sts, k in ridges, increase 1 st on one end of needle every other row until 12 sts are added, having 50 sts on needle, k 18 ridges on the 50 sts, k in ridges, decrease 1 st on same end of needle every other row until there are 38 sts on needle, bind off, sew up sleeve.

CUFF.—With steel needle, pick up 14 sts on each of 2 needles, and 16 sts on a 3d needle, with blue or pink yarn, k in rounds in rib of k 2, p 2 for 14 rounds, bind off. Sew sleeve in armhole of jacket.

EDGE.—With steel crochet-hook and blue or pink yarn, ch 1, 1 double (d) in st at bottom of front, * skip 3 sts, 4 treble (t) in next st, skip 3 sts, 1 d in next st, repeat from * up front, around neck, and down other front, ch 1, break off wool, fasten.

CORD. — Using two threads, make 2 chains of ch sts the length required for around neck and around waist, draw chain through spaces, finish with a rosette.

ROSETTE. — Chain 4 sts, join with a sl st to form a ring, ch 3, 12 t in ring, join with a sl st, ch 1, break off wool. Make 4 rosettes, and sew one to each end of chains.

Baby's Cap, Size 13-14, No. 17-5-77

MATERIALS. — One skein, each, pink and white Shetland floss; 1½ yards, No. 5, satin ribbon; 1 pair ivory knitting-needles No. 9; 1 bone crochet-hook No. 3.

The front of this cap is knitted and the crown crocheted.

DIRECTIONS. FRONT OF CAP. (Knitted). With pink, cast on 54 sts (about 13 inches). Knit (k) 22 ridges (about 5½ inches), bind off.

CROWN. (Crocheted.) — With 2 threads of pink, ch 8, join by inserting hook in first st made, over, draw through st and loop on hook, ch 4, 18 treble (t) in ring, counting ch 4 as 1 t, join by inserting in top of ch 4, over, draw through st and loop on hook. *2d row*—ch 4, 1 t in st, 2 t in each of 17 sts, having 36 t in round, join with a sl st.

TO JOIN CROWN TO FRONT OF CAP.—Chain 1, with 2 threads of floss, * insert hook in corresponding sts on front of cap and crown, over, draw through the sts, over, draw through 2 loops, skip 1 st on front of cap and repeat from * until joined, sew together, 7 ridges of front of cap, underneath crown. Repeat directions for crown and front of cap with white floss.

Slip white cap inside of pink cap and join with 2 threads of pink floss, as follows: Chain 1, 1 d in each st taken through both sections around front and across neck of cap. *2d round*—1 d in st, * ch 4, 1 sl st in 1st st of ch 4, 1 d in next st, repeat from * around. Draw ribbon through neck to tie.

Baby's Bootees No. 17-5-76

MATERIALS. — One skein each, white and pink or blue Saxony wool and a No. 00 bone crochet-hook.

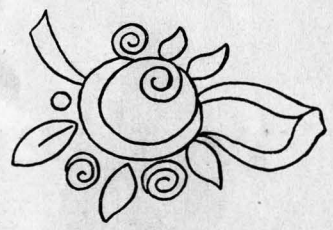
With white wool, ch 31, join. *1st row*—ch 3 for a d t, 1 d t in each st of 31 ch. *2d row*—1 t in the back loop of each st of last row. Ten more rows like 2d row. *13th row* — Like 1st. *14th and 15th rows*—Like 2d. Fasten off, leaving an end two inches long. Join colored wool to this end and crochet 3 rows of d all around, taking up both front and back loops of each st; 3 rows of t, narrowing each side of the toe every time around; 1 row of d, narrowing at centre of toe. Turn wrong side out, fold sole together, and crochet together by taking up inside loop from each st on both sides and fasten with d to the end.

Turn right side out and make 8 small scallops, with colored wool, at top of bootee. Hook through work, draw wool through, miss 1 st, 5 t in next, miss 1 st, fasten in next with d; continue around.

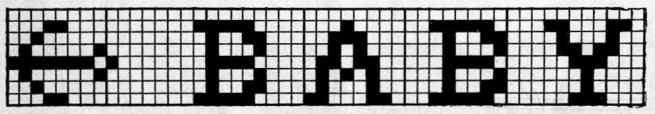
CORD AND TASSELS. — Make ch length required, thread it through row 13 at the ankle, then make tassels by winding wool 8 times around a three-inch card. Slip wool off, fold and fasten to cord by crocheting over middle of fold.

No. 17-5-32. PATTERN FOR BLANKET PROTECTOR IN FILET CROCHET, SEE PAGE 9

FOR EXPLANATION OF CROCHET STITCHES, SEE PAGE 26

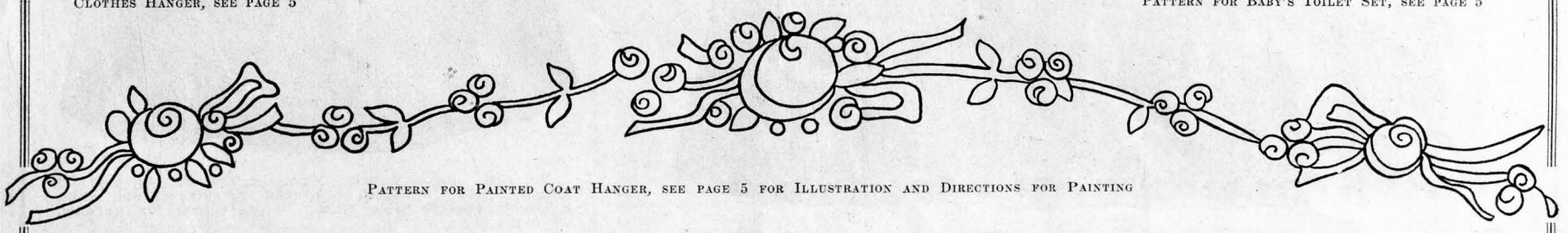


PATTERN FOR SACHETS ON BABY'S CLOTHES HANGER, SEE PAGE 5



CROSS-STITCH PATTERN FOR NOS. 17-5-30 AND 17-5-31 SEE PAGE 8

PATTERN FOR BABY'S TOILET SET, SEE PAGE 5



PATTERN FOR PAINTED COAT HANGER, SEE PAGE 5 FOR ILLUSTRATION AND DIRECTIONS FOR PAINTING

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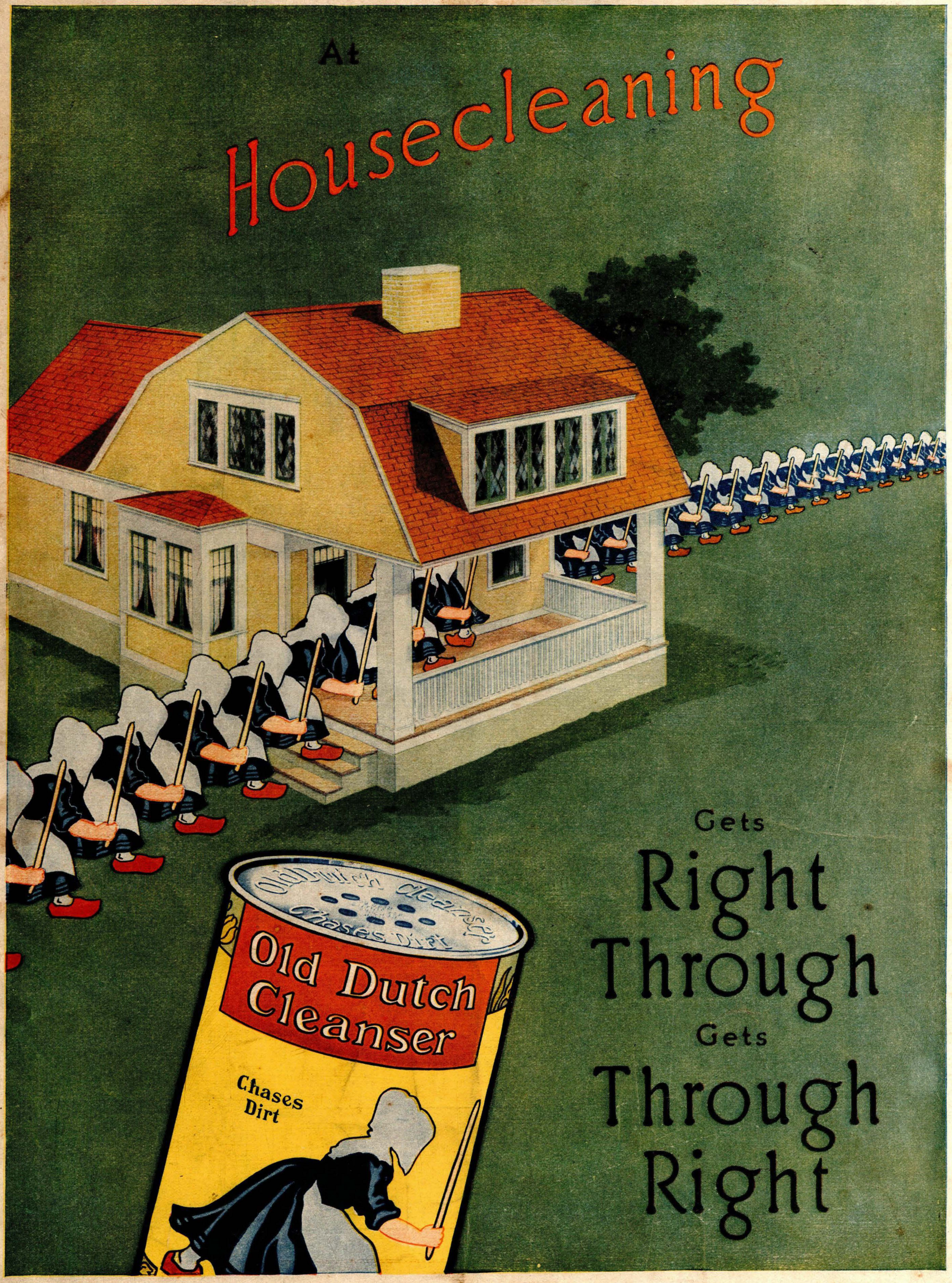

Gets
Right
Through
Gets
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